2023 Training Programme



HEALTH, SAFETY & ENVIRONMENT • CONSULTANCY MEDIC FIRST AID • LEADERSHIP • PLANT & LOGISTICS

About Us

INTERNATIONAL HSE COUNCIL IS AN ORGANIZATION PROVIDING INDEPENDENT AND PROFESSIONAL HEALTH & SAFETY TRAINING, CONSULTANCY AND ADVISORY SERVICES.

manufacturing, heavy industrial, aviation, banking & finance and hospitality sectors.

Learning with a Difference

In Dubai International HSE Council has modern and spacious training rooms all equipped with state of the art equipment. In other countries we make use of carefully selected local facilities which meet our high standards.

International HSE Council offers internationally recognized accredited courses such as NEBOSH International Diploma, NEBOSH International General Certificate, NEBOSH International Fire Safety Certificate, NEBOSH International Technical Certificate in Oil and Gas Operational Safety, NEBOSH Process Safety Management, NEBOSH Health & Safety at Work qualifications, IEMA Approved Introduction to Environmental Awareness, IOSH Managing Safely, IOSH Working Safely, IOSH Fire Warden, MEDIC First Aid Train the Trainer, MEDIC First Aid Basic and MEDIC First Aid Advanced. MEDIC First Aid Advanced.

Choices

choices to our customers. Each will have their own needs based on time, work demands, geographical location and budgets. You now have options to

- Self Study
- A blend of self-study & classroom learning
- e-Learning

In-House Training Courses

Reduce costs and stretch your budget by having the training conducted within your premises. International HSE Council team of experts can design and tailor programs to suit your working environment and activities.

Consultancy & Advisory

HSE Council offers a range of services to help improve the health and safety performance and efficiency of your organization. Our consultancy services include: safety strategy development, planning and review; safety



Contents

ABOUT US	2
NEBOSH INTERNATIONAL DIPLOMA	4
NEBOSH INTERNATIONAL GENERAL CERTIFICATE	6
NEBOSH FIRE SAFETY CERTIFICATE	8
NEBOSH INTERNATIONAL OIL AND GAS CERTIFICATE	9
NEBOSH HSE CERTIFICATE IN PROCESS SAFETY MANAGEMENT	10
NEBOSH INTRODUCTION TO INCIDENT INVESTIGATION	11
NEBOSH HEALTH AND SAFETY AT WORK AWARD	12
NEBOSH HSE AWARD IN MANAGING RISKS AND RISKS ASSESSMENT AT WORK	13
NEBOSH CERTIFICATE IN MANUAL HANDLING RISK ASSESSMENT	14
NEBOSH WORKING WITH WELLBEING	15
NEBOSH IIRSM CERTIFICATE IN MANAGING RISK	16
SELF STUDY ACCREDITED PROGRAMMES	1 <i>7</i>
PROFESSIONAL DIPLOMA	18
ONLINE SAFETY CRITICAL COURSES	19
ONLINE OPITO APPROVED COURSES	20
IOSH MANAGING SAFELY	21
IOSH WORKING SAFELY AND IOSH FIRE WARDEN	22
IOSH ENVIRONMENT FOR BUSINESS	23
IEMA INTRODUCTION TO ENVIRONMENTAL AWARENESS	24
MEDIC FIRST AID BASIC	25
MEDIC FIRST AID TRAIN THE TRAINER	26
ACCREDITED GENERAL TRAIN THE TRAINER	27
CERTIFIED ISO QMS	28
ACCREDITED PRACTICAL PROGRAMME	29
ACCREDITED GENERAL HEALTH & SAFETY	30
ACCREDITED GENERAL COURSES	31
COUNCIL PARTNERS	32











Accredited Programmes



NEBOSH Diplomas are globally recognised qualifications aimed at professional health and safety advisors and environmental practitioners.

NEBOSH

International Diploma

There is no prerequisite for this training however it is highly recommended to have a broad knowledge in the workplace health and safety. An International or a National General Certificate is suggested.

Who should attend this course?

This qualification is a perfect choice for anyone who aspires to make health and safety their career. Building upon the foundation of knowledge provided by the NEBOSH General Certificate, it is particularly relevant for:

- Health and safety professionals or those with aspirations to be one
- People with health and safety responsibilities who want to gain an in-depth understanding.

Certification & Assessment

The assessments focus on the application of knowledge to

help you prepare for health and safety tasks you may face in the workplace:

Is this qualification recognised?

On successful completion of the qualification, the Diploma holder may apply for the International Institute of Risk and Safety Management (www.iirsm.org) as meeting their requirements for full membership (MIRSM). United Kingdom professional health and safety bodies have a growing international reputation with a number of international branches being formed.

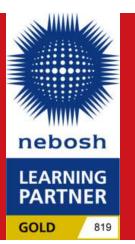
Holders of this qualification may use the designatory letters IDipNEBOSH after their name.

Unit	Assessment Format
ID1 – Know – workplace health and safety principles	Assignment – workplace-based tasks together with simulations, reflective activities and a research topic.
ID2 – Do – controlling workplace health issues	Scenario-based case study
ID3 – Do – controlling workplace safety issues	Scenario-based case study

	Diploma Weekend (Sunday) Full Day (21 days)	
ID1	ID2	ID3
22, 29 January, 05, 12, 19, 26 February, 05 March 2023	12, 19, 26 March, 02, 09, 16, 23 April 2023	30 April, 07, 14, 21, 28 May, 04, 11 June 2023
Diploma Weekend (Sunday) Full day 21 days		
ID1	ID2	ID3
23, 30 July, 06, 13, 20, 27 August, 03 September 2023	10, 17, 24 September, 01, 08, 15, 22 October 2023	29 October, 05, 12, 19, 26 November, 03 December 2023
UAE and BRUNEI		
	Diploma Weekdays (Block) Half day (21 days)	
23, 24, 25, 26, 27, 30, 31 January 2023	13, 14, 15, 16, 17, 20, 21 March 2023	15, 16, 17, 18, 19, 22, 23 May 2023
	Diploma Weekdays – Block - half day - 21 days	
21, 22, 23, 24, 25, 28, 29 August 2023	18,19, 20, 21, 22, 25, 26 September 2023	13, 14, 15, 16, 17, 20, 21 November 2023
	Diploma Weekdays (Block) Full day (30 days)	
06, 07, 08, 09, 10, 13, 14, 15, 16, 17 February 2023	10, 11, 12, 13, 14, 17, 18, 19, 20, 21 April 2023	05, 06, 07, 08, 09, 12, 13, 14, 15, 16 June 2023
	Diploma Weekdays (Block) Full day (30 days)	
07, 08, 09, 10, 11, 14, 15, 16, 17, 18 August 2023	02, 03, 04, 05, 06, 09, 10, 11, 12, 13 October 2023	04, 05, 06, 07, 08, 11, 12, 13, 14, 15 December 2023
	Diploma Weekdays (Evening) 21 days (3 days/week)	
23, 25, 27, 30 January, 01, 03, 06 February 2023	13, 15, 17, 20, 22, 24, 27 March 2023	15, 17, 19, 22, 24, 26, 29 May 2023
	Diploma Weekdays (Evening) 21 days (3 days/week)	
24, 26, 28, 31 July, 02, 04, 06 August 2023	11, 13, 15, 18, 20, 22, 24 September 2023	13, 15, 17, 20, 22, 24, 27 November 2023
MALAYSIA - KUALA LUMPUR - BLOCK		
ID1	ID2	ID3
19 - 23 September 2022 / 07 - 11 November 2022	02 - 06 January 2023 / 27 February - 03 March 2023	24 - 28 April 2023 / 19 - 23 June 2023
02 - 06 January 2023 / 27 February - 03 March 2023	24 - 28 April 2023 / 19 - 23 June 2023	14 - 18 August 2023 / 02 - 06 October 2023
MALAYSIA - KUALA LUMPUR - WEEKEND		
ID1	ID2	ID3
04, 05, 11, 12, 18 March 2023 / 13, 14, 20, 21, 27 May 2023	08, 15, 16, 22, 23 July 2023 / 23, 24, 30 September, 01, 07 October 2023	02, 03, 09, 10, 11, 17 December 2023 / 17, 18, 24, 25 February, 03 March 202
08, 15, 16, 22, 23 July 2023 / 23, 24, 30 September, 01, 07 October 2023	02, 03, 09, 10, 11, 17 December 2023 / 17, 18, 24, 25 February, 03 March 2024	28, 29 April, 05, 06, 12 May / 07, 08, 14, 15, 22 July 2024
EXAM AND SUBMISSION DATES		
ID1, ID2, ID3	UNIT A,B,C	UNIT DNI SUBMISSION
ID1 - 28 April 2023 / 25 October 2023	Unit A - 14 February 2023 / 11 July 2023	22 February 2023
ID2 - 08 June 2023 / 13 December 2023	Unit B - 15 February 2023 / 12 July 2023	24 May 2023
ID3 - 08 February 2023 / 16 August 2023	Unit C - 16 February 2023 / 13 July 2023	23 August 2023
		29 November 2023



Accredited Programmes



NEBOSH

International General Certificate

The NEBOSH International General Certificate in Occupational Safety and Health is a globally recognised health and safety qualification.

Who should attend this course?

Managers, supervisors and employees based outside the UK who require a broad knowledge and understanding of health and safety principles and practices.

The qualification focuses on international standards and management systems, enabling candidates to effectively discharge workplace health and safety responsibilities in any employment sector, in all parts of the world.

The NEBOSH International General Certificate is also suitable for those embarking on a career in health and safety, providing a sound basis for progression on to the NEBOSH International Diploma.

Certification

On successful completion of the course you will receive a NEBOSH accredited certificate.

Is this qualification recognised?

The International General Certificate qualification meets the academic requirements for Associate membership (AIIRSM) of the International Institute of Risk and Safety Management (IIRSM).

Course Duration

9 days plus 1 day for Open Book Exam (OBE) and approximately 3 hours to complete the practical assessment.

Assessment

The IGC has two-unit assessments:

- one question paper
- · one practical risk assessment

UAE - DUBAI (BLOCK)		
Week 1 (IG1)	Week 2 (IG2)	
02 - 06 January 2023	09 - 12 January 2023	
06 - 10 February 2023	13 - 16 February 2023	
06 - 10 March 2023	13 - 16 March 2023	
03 - 07 Apri l 2023	10 - 13 April 2023	
01 - 05 May 2023	08 - 11 May 2023	
05 - 09 June 2023	12 - 15 June 2023	
03 -07 July 2023	10 - 13 July 2023	
07 - 11 August 2023	14 - 17 August 2023	
04 - 08 September 2023	11 - 14 September 2023	
02 - 06 October 2023	09 - 12 October 2023	
06 - 10 November 2023	13 - 16 November 2023	
04 - 08 December 2023	11 - 14 December 2023	

UAE - DUBAI (WEEKEND)		
Week 1 (IG1)	Week 2 (IG2)	
08, 15, 22, 29 January, 05 February 2023	12, 19, 26 February, 05 March 2023	
12, 19, 26 February, 05, 12 March 2023	19, 26 March, 02, 09 Apri l 2023	
19, 26 March, 02, 09, 16 April 2023	23, 30 April, 07, 14 May 2023	
23, 30 April, 07, 14, 21 May 2023	28 May, 04, 11, 18 June 2023	
28 May, 04, 11, 18, 25 June 2023	02, 09, 16, 23 July 2023	
02, 09, 16, 23, 30 July 2023	06, 13, 20, 27 August 2023	
06, 13, 20, 27 August, 03 September 2023	10, 17, 24 September, 01 October 2023	
10, 17, 24 September, 01, 08 October 2023	15, 22, 29 October, 05 November 2023	
15, 22, 29 October, 05, 12 November 2023	19, 26 November, 03, 10 December 2023	
19, 26 November, 03, 10, 17 December 2023	24, 31 December 2023, 07, 14 January 2024	
24, 31 December 2023, 07, 14, 21 January 2024	28 January, 04, 11, 18 February 2024	

EXAM SCHEDULES		
0	BE	Old Sylabus (GC2 & GC3)
18 January 2023	05 July 2023	30 January 2023
08 February 2023	09 August 2023	27 February 2023
08 March 2023	06 September 2023	27 March 2023
05 April 2023	04 October 2023	24 April 2023
03 May 2023	08 November 2023	29 May 2023
07 June 2023	06 December 2023	26 June 2023
		19 July 2023

BRUNEI DARUSSALAM		
Week 1 (IG1)	Week 2 (IG2)	
02 - 06 January 2023	09 - 12 January 2023	
06 - 10 February 2023	13 - 16 February 2023	
06 - 10 March 2023	13 - 16 March 2023	
03 - 07 Apri l 2023	10 - 13 April 2023	
01 - 05 May 2023	08 - 11 May 2023	
05 - 09 June 2023	12 - 15 June 2023	
03 -07 July 2023	10 - 13 July 2023	
07 - 11 August 2023	14 - 17 August 2023	
04 - 08 September 2023	11 - 14 September 2023	
02 - 06 October 2023	09 - 12 October 2023	
06 - 10 November 2023	13 - 16 November 2023	
04 - 08 December 2023	11 - 14 December 2023	

JORDAN - AMMAN		
Week 1 (IG1)	Week 2 (IG2)	
05 - 09 February 2023	10 - 14 February 2023	
08 - 12 Apri l 2023	13 - 18 Apri l 2023	
04 - 08 June 2023	09 - 13 June 2023	
05 - 09 August 2023	11 - 15 August 2023	
07 - 11 October 2023	12 - 16 October 2023	
02 - 06 December 2023	07 - 11 December 2023	

MALAYSIA - KUALA LUMPUR (BLOCK)	
Week 1 (IG1)	Week 2 (IG2)
10 - 13 January 2023	16 - 20 January 2023
07 - 10 March 2023	13 - 17 March 2023
16 - 19 May 2023	22 - 26 May 2023
04 - 07 July 2023	10 - 14 July 2023
15 - 18 August 2023	21 - 25 August 2023
03 - 06 October 2023	09 - 13 October 2023

MALAYSIA - KUALA LUMPUR (WEEKEND)	
Week 1 (IG1)	Week 2 (IG2)
07, 08, 14, 15 January 2023	21, 28, 29 January, 11, 12 February 2023
19, 25, 26 February, 04 March 2023	05, 11, 12, 18, 19 March 2023
06, 07, 13, 14 May 2023	20, 21, 27, 28 May, 03 June 2023
17, 18, 24, 25 June 2023	08, 09, 15, 16, 22 July 2023
05, 06, 12, 13 August 2023	19, 20, 26, 27 August, 02 September 2023
23, 24, 30 September, 01 October 2023	07, 08, 14, 15, 21 October 2023



Accredited Programmes



Course Contents

- Managing fire safety
- Principles of fire and explosion
- Fuel, oxygen and ignition sources and control measures
- Fire protection of buildings
- Safety of people in the event of fire

FSC2: Fire safety risk assessment

Course Duration and Assessment

The training is spread over 4 days plus 1 day for the (open book) written examination.

The FSC has two-unit assessments:

- one question paper (open book exam)
 - one fire risk assessment

Elements 1 to 5 (FSC1) are assessed by a written exam lasting approx. 5 hours. Elements 5 (FSC2) is assessed by a practical assignment that should take around 3 hours to complete.

UAE DUBAI (BLOCK)		
FSC1	OBE	
23 - 26 January 2023	08 February 2023	
20 - 23 February 2023	05 Apri l 2023	
20 - 23 March 2023	07 June 2023	
24 - 27 Apri l 2023	09 August 2023	
22 - 25 May 2023	04 October 2023	
26 - 29 June 2023	06 December 2023	
24 - 27 July 2023		
28 - 31 August 2023		
25 - 28 September 2023		
23 - 26 October 2023		
27 - 30 November 2023		
25 - 28 December 2023		



NEBOSH

Fire Safety Certificate

The content is designed to equip those studying it to undertake fire risk assessments in most, low risk workplaces. The syllabus is mapped to International standards and good practice from organizations such as the International Labour Organization (ILO), National Fire Protection Association (NFPA), International Code Council (ICC) and the Confederation of Fire Protection Association Europe (CFPA-Europe).

Upon successful completion of the certificate, delegates can apply for a membership with International Institute of Risk and Safety Management (IIRSM) as its qualification meets the academic requirements for Associate membership (AIIRSM) of the IIRSM.

Who should register for this course?

This qualification is designed for anyone who has fire safety responsibilities in a small to medium sized organisation. It provides the knowledge and understanding, when combined with relevant experience, to carry out an effective fire risk assessment, as well as embed good practice in the workplace.

Accredited Programmes



NEBOSH

International Technical Certificate in Oil and Gas Operational Safety

About the course

This qualification is specifically designed for people with safety responsibility in the oil and gas industry. The qualification focuses on international standards and management systems, enabling students to effectively discharge workplace safety responsibilities both onshore and offshore. The Certificate also highlights the importance of process safety management in the oil and gas industry.

There are no specific entry requirements for this qualification, however it is highly recommended that students have an existing underpinning knowledge of safety issues or have completed a NEBOSH Certificate level qualification previously.

Course Contents

Element 1: Health, Safety And Environmental Management In Context

- Learning from Incidents
- · Hazards inherent in oil and gas
- Risk management techniques used in the oil and gas industries
- · Safety cases and safety reports

Element 2: Hydrocarbon Process Safety 1

- Contractor management
- Process safety management (PSM)
- Role and purpose of a permit-to-work system
- Key principles of shift handover

25 February, 04, 11, 18, 25 March 2023

22, 29 April, 06, 13, 20 May 2023

24 June, 01, 08, 15, 22 July 2023 26 August, 02, 09, 16, 23 September 2023

28 October, 04, 11, 18, 25 November 2023 02, 09, 16, 23, 30 December 2023

Plant operations and maintenance

Element 3: Hydrocarbon Process Safety 2

Failure modes

UAE - DUBAI - BLOCK		
10GC1	Exams	
23 - 27 January 2023	30 January 2023	
27 - 31 March 202	03 April 2023	
22 - 26 May 2023	29 May 2023	
24 - 28 July 2023	31 July 2023	
25 - 29 September 2023	02 October 2023	
20 - 24 November 2023	27 November 2023	
UAE - DUBAI (WEEKEND - SATURDAY)		
IOGC1	Exams	

03 April 2023 29 May 2023

31 July 2023

02 October 2023 27 November 2023

01 January 2024

- Safety critical equipment controls
- Safe storage of hydrocarbons
- Furnace and boiler operations

Element 4: Fire Protection And Emergency Response

- Fire and explosion risk in the oil and gas industries
- · Emergency response

Element 5: Logistics And Transport Operations

- Marine transport
- · Land transport

Examinations

The examination is a 2-hour written paper which consists of one 'long-answer' question and ten 'shortanswer' questions. All questions are compulsory.

Course Duration

5 Days plus one day for exam

JORDAN - AMMAN	
IOGC1	Exams
08 - 12 Apri l 2023	15 April 2023
05 - 09 August 2023	12 August 2023

BRUNEI - DARUSSALAM	
IOGC1	Exams
06 - 10 February 2023	13 February 2023
08 - 12 May 2023	15 May 2023
09 - 13 October 2023	16 October 2023

Accredited Programmes



NEBOSH

HSE Certificate in Process Safety Management

About the Course

The qualification is specifically designed for people with safety responsibility in process industries such as oil and gas, chemicals, plastics and pharmaceuticals. This qualification is designed to equip delegates with a broad understanding of the accepted principles and recognised industrial practices for the management of process risk. This will ensure that they can recognise and contribute to the control of process safety hazards.

Who should attend this course?

Ideal for managers, safety representatives and health and safety advisor working within the process industries.

There are no specific entry requirements for this qualification, however it is highly recommended that students have an existing underpinning knowledge of safety issues or have completed a NEBOSCH Certification previously.

Course Contents

Element 1: Process Safety Leadership Element 2: Management of Process Risk Element 3: Process Safety Hazard Control

Element 4: Fire Protection And Emergency Response

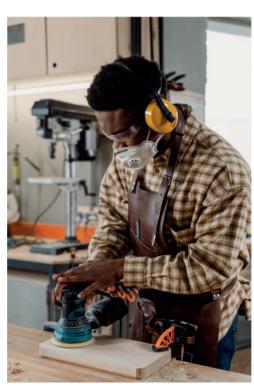
Examinations

The examination is a 90 minute multi-choice examination which consists of 40 questions. There is no practical element to this qualification.

Course Duration

4 days plus one day for examination.

UAE DUBAI (WEEKEND)	
PSM1 - WEEKEND	Online MCQ
28 January, 04, 11, 18 February 2023	25 January 2023
04, 11, 18, 25 March 2023	22 February 2023
01, 08, 15, 22 April 2023	29 March 2023
03, 10, 17, 24 June 2023	26 April 2023
01, 08, 15, 22 July 2023	24 May 2023
02, 09, 16, 23 September 2023	28 June 2023
21, 28 October, 04, 11 November 2023	26 July 2023
18, 25 November, 02, 09 December 2023	23 August 2023
09, 16, 23, 30 December 2023	27 September 2023
	25 October 2023
	22 November 2023
	13 December 2023
	PSM1 - WEEKEND 28 January, 04, 11, 18 February 2023 04, 11, 18, 25 March 2023 01, 08, 15, 22 April 2023 03, 10, 17, 24 June 2023 01, 08, 15, 22 July 2023 02, 09, 16, 23 September 2023 21, 28 October, 04, 11 November 2023 18, 25 November, 02, 09 December 2023



Accredited Programmes



NEBOSH

HSE Introduction to Incident Investigation

About the Course

The qualification is jointly developed by NEBOSH and Great Britain's Health and Safety Regulator, the Health and Safety Executive (HSE). In this one-day course, delegates will learn how to carry out systematic and thorough investigation of non-complex incidents so that similar incidents will not recur.

There are no specific entry requirements for this qualification, however it is recommended that students have an existing underpinning knowledge of safety issues.

Who should attend?

This qualification is for anyone who wants to carry out incident investigations effectively.

Employers, supervisors, HSE champions, union and safety representatives will benefit. Attending the course will enable you to:

- Independently investigate simple incidents
- · Gather evidence including conducting witness interviews
- Produce an action plan to prevent a recurrence of an incident
- Contribute to team investigations for large scale incidents
- Positively impact the safety culture in your organisation

Course Contents

- · Moral, legal and financial arguments for investigations
- · Human and organisational factors that can contribute to an incident
- The process for investigating incidents
- Positive interview strategies and the barriers to successful interviews
- Advanced incident investigation techniques

Course Duration and Assessment

The course duration is one day. It includes a practical assessment at the end of the course.

DUBAI - BLOCK
09 February 2023
13 February 2023
13 March 2023
10 April 2023
08 May 2023
12 June 2023
10 July 2023
14 August 2023
11 September 2023
09 October 2023
13 November 2023
11 December 2023

21 January 2023 25 February 2023 25 March 2023 22 April 2023 27 May 2023 24 June 2023
25 March 2023 22 April 2023 27 May 2023 24 June 2023
22 April 2023 27 May 2023 24 June 2023
27 May 2023 24 June 2023
24 June 2023
•
00 1 0000
29 July 2023
26 August 2023
23 September 2023
28 October 2023
25 November 2023
23 December 2023



Accredited Programmes



NEBOSH

Heath and Safety at Work Award

A perfect introduction to health and safety.

The qualification is designed for individuals working to international standards. It provides participants with a broad overview on health & safety in the work environment. This qualification is an ideal first step towards the NEBOSH's International General Certificate.

Who should attend this course?

All individuals who wish to have a basic knowledge in health & safety.

DUBAI
08, 09, 10 March 2023
03, 04, 05 May 2023
05, 06, 07 July 2023
06, 07, 08 September 2023
08, 09, 10 November 2023

ABU DHABI
08, 09, 10 March 2023
03, 04, 05 May 2023
05, 06, 07 July 2023
06, 07, 08 September 2023
08, 09, 10 November 2023

JORDAN
22 – 25 January 2023
04 – 07 March 2023
21 – 24 May 2023
02 – 05 July 2023
16 – 19 September 2023
05 – 08 November 2023

Course Content

The content is delivered in an understandable and accessible way and will help you to:

- Gain an awareness of common workplace hazards so you can help to implement or maintain your organisation's health and safety management system
- Gain practical skills that can help keep yourself and others safe
- Apply the principles of risk assessment
- Have a positive impact on health and safety in your workplace.

Course Duration and Assessment

The training is spread over 3 days. After completing the course, you will be asked to complete a workplace health and safety review which:

- Considers how health and safety is managed, and how it could be done better
- Identifies health and safety issues, how they are controlled and if the risk can be reduced
- Select the most important issue for improvement
- This assessment is designed to test your ability to put into practice what you have learnt and, as it is carried out in the workplace, can add instant value to your organisation.

Once you have achieved a pass, a qualification parchment will be issued

Accredited Program



NEBOSH

HSE Award in Managing Risks and Risk Assessment at Work

About the course

The NEBOSH HSE Award in Managing Risks and Risk Assessment at Work is an introductory level qualification, developed in conjunction with the health and safety regulator for Great Britain, the Health and Safety Executive (HSE). It is structured around HSE's approach to controlling the risks caused by workplace hazards.

Who should register for this course?

Anyone involved in managing workplace health and safety risks including those who undertake risk assessments. The content will be particularly useful to employers, managers, supervisors, HSE champions and union and health and safety representatives.

Course Contents

At the end of the course, you will learn how to:

- Identify hazards and be aware of some of the resources that can help
- Assess risks in low to medium risk premises using simple HSE tools
- Evaluate risks in a proportionate and sensible manner
- Identify suitable control measures

This qualification will help you:

- Develop straightforward practical skills to manage workplace risks something all employers need
- Build confidence in your risk assessment capabilities
- Contribute to the creation of a safer and healthier workplace as soon as you return to work

DODA! WEEKDA!
25 January 2023
22 February 2023
29 March 2023
26 April 2023
24 May 2023
28 June 2023
26 July 2023
29 August 2023
27 September 2023
25 October 2023
28 November 2023
27 December 2023

Course Duration and Assessment

This is a one-day course. A practical assessment is completed at the end of the course. You will be asked to watch a video of a real workplace and complete a risk assessment to identify how you would manage and prioritise the risks present.



Accredited Program



NEBOSH

Certificate in Manual Handling Risk Assessment

About the course

Manual handling is one of the main causes of musculoskeletal disorders. This qualification aims to help you address this, by providing the knowledge and tools required to identify manual handing risks and more importantly, prioritise controls to protect workers.

Who should register for this course?

Anyone involved in assessing the impact of manual handling activities in the workplace including: NEBOSH Risk

- Health and safety professionals
- Workplace champions
- Employee representatives
- Occupational health practitioners.

23 January 2023
20 February 2023
27 March 2023
24 Apri l 2023
22 May 2023
26 June 2023
24 July 2023
27 August 2023
25 September 2023
23 October 2023
26 November 2023
25 December 2023

Course Contents

The content is delivered in an understandable and accessible way and will help you to:

- Principles of manual handling
- Managing manual handling risk: Identification of manual handling risk
- Managing manual handling risk: Control of risk

Distance Learning Duration and Exam Arrangements:

Students should aim to complete their studies within six months of enrolling for the course. After completing the course, a practical assessment is completed.

After watching a video of a workplace scenario, you will be asked to complete a manual handling risk assessment using HSE tools and templates you will have learnt about through your studies.

Once you have achieved a pass, a qualification parchment will be issued.

Course Duration and Assessment

The training will be delivered in 1 day. A practical assessment is completed at the end of the course. After watching a video of a workplace scenario, you will be asked to complete a manual handling risk assessment using HSE tools and templates you will have learnt about through your studies.

Once you have achieved a pass, a qualification parchment will be issued.

Accredited Program



NEBOSH

Working with Wellbeing

About the course

Working with Wellbeing is an introductory level qualification that looks at workplace wellbeing at both an individual and organisational level. This qualification is designed for those who wish to gain a greater understanding of workplace wellbeing and the factors which affect it. The qualification will also equip learners with the knowledge and understanding required to positively influence and evaluate levels of wellbeing in the workplace.

Who should register for this course?

If you are looking to have a positive influence on wellbeing in your workplace, this qualification is a great choice for you. It is particularly relevant to HR specialists, Health and Safety professionals and those with people management responsibilities.

Course Content

- Foundations of wellbeing
- The branches of wellbeing; benefits and what this means in practice
- Interventions in the workplace

Course Duration and Assessment

- This is a one-day traning.
- Unit WEL1 is assessed by a practial assignment that should take around 1 hour to complete.

DUBAI WEEKDAY
26 January 2023
23 February 2023
30 March 2023
27 April 2023
25 May 2023
29 June 2023
27 July 2023
30 August 2023
28 September 2023
26 October 2023
29 November 2023
28 December 2023



Accredited Program



NEBOSH

IIRSM Certificate in Managing Risk

E - Learning

About the course

Effective risk management helps ensure better decisions are made that will protect people, organisations, and reputations.

On completion of this course, you will gain knowledge about:

- The principles of risk and risk management
- The risk management process and framework based on ISO 31000
- The relationship between psychology and decision-making
- The environment in which an organisation operates, identifying potential risks and opportunities
- The relationship between risk management, business continuity, crisis management and organisational resilience

Who should register for this course?

Anyone who wants to be able to identify, evaluate, and manage organisational risks and understand their impacts. It is particularly relevant for risk professionals looking to gain a broader view of risk beyond a specialism such as health and safety, quality, or business continuity.

Course Contents

Element 1 - Principles of risk and risk management:

- Understand the principles of risk and risk management
- Source and challenge the validity of risk information
- Understand the impact of psychology on decision making

Element 2 - The risk management process

Apply the risk management process to manage risk effectively

Element 3 - The risk management framework

Understand how to integrate the risk management framework into your organization

Workbook

The NEBOSH IIRSM Certificate in Managing Risk eLearning course provides everything you need to complete your studies and prepare for your assessment. The course fee is NOT inclusive of a workbook however learners can separately purchase the hard copy workbook directly from NEBOSH and/or the ebook via Learning Partner. This is optional rather than essential purchase.

Assessment

To achieve the qualification, you must complete and pass the Unit MAR1 assessment.

- The assessment is an onscreen multiple-choice examination for one-hour.
- After you have completed the e-Learning course, you may take the assessment at any time.
- You will receive your results immediately.
- You have two attempts at the assessment.

If you achieved a Pass, you are considered to have completed the qualification and an e-certificate will be issued instantly.

NEBOSH SELF STUDY

Accredited Programmes



NEBOSH International Diploma for Occupational Health and Safety Professionals

NEBOSH International General Certificate

NEBOSH Fire Safety Certificate

NEBOSH International Technical Certificate in Oil and Gas

NEBOSH HSE Certificate in Process Safety Management

NEBOSH Health and Safety at Work Award

NEBOSH HSE Award in Managing Risks and Risk Assessment at Work

NEBOSH Certifcate in Manual Handling Risk Assessment

Distance learning is an affordable and flexible learning option. Best of all, this option is available to you anywhere in the World.

Upon enrolling, you will receive a comprehensive study package.

- Course books specially designed for the international market
- · Mock exam papers
- Unlimited advice and support via email or phone
- Feedback and guidance on your mock exams and project paper
- · NEBOSH International General Certificate students are welcome to attend two days of revision classes in Dubai only
- NEBOSH International Diploma students are welcome to attend two days of training in any of the classes per Unit (ID1, ID2, ID3)



Accredited Professional Diploma Occupational Health & Safety (Arabic and English)





The UK accredited Professional Diploma in Occupational Health and Safety is designed for individuals aspiring to have a career in health and safety. The program is specially designed to provide individuals with the expertise required to follow a career as a Health and Safety practitioner.

The Professional Diploma is unique in that unlike other HSE programs it has a specific unit on security management. The other unique feature is that it has both international regulations, and UAE Federal HSE regulations enabling HSE practitioners to be well equipped to deal with the challenges of working and enforcing the HSE regulations in a diverse workplace.

Course Structure

There are two modes of study.

- 1) Distance Learning This is a self-study option which gives students the flexibility to study at their own pace.
- 2) Blended learning This is a combination of 14 classroom sessions and self-study.

The Professional Diploma consists of 4 Units

UNIT	TITLE
PD1	Health & Safety Management
PD2	Common Hazards and Fire Safety
PD3	Practical Assignment

Course Assessment

PDs 1 & 2: Each Unit examination consists of 50 multiple choice questions. PD 3: Students are required to submit a written assignment set by the tutor.

вьоск	WEEKEND - SUNDAY	WEEKEND - SUNDAY (EVENING)	EXAM and SUBMISSION DATES
13, 14, 15, 16, 17, 18 March 2023	19, 26 March, 02, 09, 16 April 2023	19, 26 March, 02, 09, 16 April 2023	PD1 - 13 March 2023 / 11 September 2023
17, 18, 19, 20, 21 April 2023	23, 30 April, 07, 14, 21 May 2023	23, 30 April, 07, 14, 21 May 2023	
01, 02, 03, 04 May 2023	28 May, 04, 11, 18 June 2023	28 May, 04, 11, 18 June 2023	
08, 09, 10, 11, 12 May 2023	07, 14, 21, 28 May, 04 June 2023	07, 14, 21, 28 May, 04 June 2023	PD2 - 01 May 2023 / 30 October 2023
12, 13, 14, 15, 16 June 2023	11, 18, 25 June, 02, 09 July 2023	11, 18, 25 June, 02, 09 July 2023	
03, 04, 05, 06 July 2023	16, 23, 30 July, 06 August 2023	16, 23, 30 July, 06 August 2023	
24, 25, 26, 27, 28 July 2023	06, 13, 20, 27 August, 03 September 2023	06, 13, 20, 27 August, 03 September 2023	PD3 - 25 February, 25 April, 25 June
14, 15, 16, 17, 18 August 2023	10, 17, 24 September, 01, 08 October 2023	10, 17, 24 September, 01, 08 October 2023	
04, 05, 06, 07 September 2023	15, 22, 29 October, 05 November 2023	15, 22, 29 October, 05 November 2023	
11, 12, 13, 14, 15 September 2023	17, 24 September, 01, 08, 15 October 2023	17, 24 September, 01, 08, 15 October 2023	25 August,25 October, 25 December 2023
16, 17, 18, 19, 20 October 2023	22, 29 October, 05, 12, 19 November 2023	22, 29 October, 05, 12, 19 November 2023	
06, 07, 08, 09 November 2023	26 November, 03, 10, 17 December 2023	26 November, 03, 10, 17 December 2023	
13, 14, 15, 16, 17 November 2023	05, 12, 19, 26 November, 03 December 2023	05, 12, 19, 26 November, 03 December 2023	
18, 19, 20, 21, 22 December 2023	10, 17, 24, 31 December 2023, 07 January 2024	10, 17, 24, 31 December 2023, 07 January 2024	
14, 15, 16, 17 January 2024	14, 21, 28 January, 04 February 2024	14, 21, 28 January, 04 February 2024	

ONLINE SAFETY

Critical Courses

Over 2,500 online courses to choose from. Visit www.hsecouncil.org for details.

RANGE

Drilling

Electrical

Environmental

Mechanical

Operations

Personal Effectiveness Skills

Process Operations

Safety

Sub Categories:

Accounting

Air Conditioning and Refrigeration Systems

Asset Integrity Behavioural

Business Development

Business Skills

Chemical and Laboratory

Chemical Equipment

Chemical Processing

Chemistry Theory

Communication

Decommissioning

Downstream Processing

Drilling Operations

Electrical Equipment and Components

Electrical Maintenance

Electrical Safety

Electrical Systems

Electrical Theory

Electrical Wiring

Emergency Response

Emissions

Energy Conservation

Environmental Theory

Exploration

General

Hazardous Substances

Human Resources

Hydraulic and Fluids

Instrumentation and Control

Introductory

IT

Leadership

Maintenance

Management

Mandatory

Maritime

Mechanical Equipment

Mechanical Maintenance

Mechanical Systems

Mechanical Theory and Instrumentation

Office Skills

Oil and Gas Familiarisation

Oil and Gas Processing

Operational Energy Conservation

Operational Safety

Operations Theory and Awareness

Operator Responsibilities

Personal Safety

Planning

Plant and Equipment

Pollution Prevention

Power Distribution

Power Generation

Production

Project Management

Quality

Refining and Transportation

Renewables

Safe Systems of Work

Safety Management

Social

Systems

Travel and Security

Upstream Processing

Utilities

Waste

Waste Management

Water / Wastewater Treatment

Welding

ONLINE OPITO

Approved Courses

International Minimum Industry Safety Training IMIST

IMIST is the International version of the Minimum Industry Safety Training, also an OPITO-approved course, developed for the global standard for Health and Safety. The course covers all job roles for personnel working in the Oil and Gas Industry across the world.

The course is available in 13 languages; US & UK English, Arabic, Hindi, Bahasa Malaysian, French, Vietnamese, Thai, Indonesian, Russian, Kazakh, Farsi and Danish.

The nine modules covered in IMIST are:

- Introduction to the Hazardous Environment
- Working Safely
- Understanding the Risk Assessment Process
- Tasks that Require a Permit to Work
- Personal Responsibility in Maintaining Asset Integrity
- Using Manual Handling Techniques Every Day
- Controlling the Use of Hazardous Substances
- Knowledge and Processes of Working at Height
- Being Aware of Mechanical Lifting Activities

The IMIST standard ensures that workers have the necessary safety awareness and training to reduce risk and ultimately reduce the number of incidents. This interactive e-learning training programme works by assessing the safety knowledge of an oil and gas worker during a random sequence of assessment auestions.

Authorised Gas Testing

This OPITO-approved course will provide you with the knowledge and understanding to enable you to work safely when performing tests for oxygen, flammable and toxic gases.

It includes testing in confined spaces, relevant legislative control, atmosphere measuring and monitoring equipment, gas testing in confined spaces and interpreting and documenting results.

The tasks authorised gas testers are required to undertake may vary depending on the workplace operation at the time. The tasks also vary in complexity and responsibility. Therefore, the AGT role has been split into three levels.

Level 1 is required for those involved with performing a test for oxygen. flammable and toxic gases up to and including working in confined spaces.

AGT Level 2 is required for those involved with testing for flammable gas in preparation for hot work.

AGT Level 3 is required for those who provide safety watch duties by the ongoing monitoring of a hot work site.





IOSH

Institute of Occupational Safety & Health

IOSH

Managing Safely (English & Arabic)

This IOSH Managing Safely course is designed for non-health and safety personnel who have to manage risk and resources. It is also suitable for those with responsibility for health & safety. It is designed to provide an overview on health & safety based on risk-based approach to prevent accidents in the workPlace.

Who should attend this course?

Managers, supervisors and any individual with responsibilities in health & safety in any sector and any organisation. It is designed to get managers up to speed on the practical actions they need to take to handle health and safety in their teams.

What the course covers

- Introducing Managing safely
- Assessing risks
- Controlling risks
- Understanding your responsibilities
- Identifying hazards
- · Investigating accidents and incidents
- Measuring performance

ARII DHARI BLOCK

Assessment

The assessment consists of

- · Multiple choice exam
- · Project assignment

Certification

On successful completion of the IOSH Managing Safely course candidates will be awarded the accredited IOSH Managing Safely certificate.

Course Duration

3 days / 4 days

DUBAI - BLOCK
09, 10, 11 January 2023
13, 14, 15 February 2023
13, 14, 15 March 2023
10, 11, 12 April 2023
08, 09, 10 May 2023
12, 13, 14 June 2023
10, 11, 12 July 2023
14, 15, 16 August 2023
11, 12, 13 September 2023
09, 10, 11 October 2023
13, 14, 15 November 2023
11 12 13 December 2023

Approved

training

provider

1882

ABU DHABI - BLOCK
09, 10, 11 January 2023
13, 14, 15 February 2023
13, 14, 15 March 2023
10, 11, 12 April 2023
08, 09, 10 May 2023
12, 13, 14 June 2023
10, 11, 12 July 2023
14, 15, 16 August 2023
11, 12, 13 September 2023
09, 10, 11 October 2023
13, 14, 15 November 2023
11, 12, 13 December 2023

ABU DHABI - WEEKEND
14, 21, 28 January 2023
11, 18, 25 February 2023
11, 18, 25 March 2023
15, 22, 29 April 2023
13, 20, 27 May 2023
10, 17, 24 June 2023
15, 22, 29 July 2023
12, 19, 26 August 2023
16, 23, 30 September 2023
14, 21, 28 October 2023
11, 18, 25 November 2023
16, 23, 30 December 2023

DUBAI - EVENING - 05:00 - 10.00
09, 10, 11, 12, 13 January 2023
13, 14, 15, 16, 17 February 2023
13, 14, 15, 16, 17 March 2023
10, 11, 12, 13, 14 April 2023
08, 09, 10, 11, 12 May 2023
12, 13, 14, 15, 16 June 2023
10, 11, 12, 13, 14 July 2023
14, 15, 16, 17, 18 August 2023
11, 12, 13, 14, 15 September 2023
09, 10, 11, 12, 13 October 2023
13, 14, 15, 16, 17 November 2023
11, 12, 13, 14, 15 December 2023

JORDAN
22 - 25 January 2023
04 - 07 March 2023
13 - 16 May 2023
22 - 25 July 2023
09 - 12 September 2023
25 - 28 November 2023

IOSH

Institute of Occupational Safety & Health

IOSH

Working Safely (English & Arabic)

IOSH Working Safely course is designed specifically to train employees from a wide range of backgrounds of the basic principles of health and safety in the workplace. The course covers the fundamentals of working safely especially the importance of individual responsibilities when it comes to workplace accidents. This 1 day program is accredited by the Institute of Occupational Safety and Health (IOSH).

Who should attend this course?

The course is ideal for people at any level, in any sector, needing grounding in the essentials of health and safety. Everyone at work should have an understanding of why they must "work safely" which the course exactly offers.

What the course covers

- Introducing working safely
- Defining hazard and risk
- Identifying common hazards
- Improving safety performance

Assessment

Multiple choice examination Hazard spotting assessment

IOSH Fire Warden (English & Arabic)

About the course

This training is an IOSH approved course which provides participants with an appreciation of the significance of fire safety and their responsibilities so that they can act in a competent manner in the event of fire to minimize risk and injuries and to aid in the prevention of the spread of fire.

Who should register for this course?

Fire wardens and those individuals who are responsible for fire safety.

Course Duration and Assessment

One day course. An IOSH Fire Warden Certificate will be awarded upon successful completion of the course.



Approved training provider 1882

DUBAI - BLOCK
20 January 2023
24 February 2023
24 March 2023
28 April 2023
19 May 2023
23 June 2023
28 July 2023
25 August 2023
22 September 2023
20 October 2023
24 November 2023
22 December 2023

DUBAI - WEEKEND
21 January 2023
18 February 2023
25 March 2023
06 May 2023
03 June 2023
15 July 2023
19 August 2023
17 September 2023
07 October 2023
18 November 2023
16 December 2023

DUBAI - BLOCK
20 January 2023
24 February 2023
24 March 2023
28 April 2023
19 May 2023
23 June 2023
28 July 2023
25 August 2023
22 September 2023
20 October 2023
24 November 2023
22 December 2023

DUBAI - WEEKEND
21 January 2023
18 February 2023
25 March 2023
06 May 2023
03 June 2023
15 July 2023
19 August 2023
17 September 2023
07 October 2023
18 November 2023
16 December 2023

IOSH

Institute of Occupational Safety & Health

IOSH

Environment for Business

About the course

Environment for Business is as completely different approach to environmental training for managers and supervisors. You'll find a practical programme, full of step-by-step guidance, and a sharp business focus. But you'll also find that the content engages and inspires your staff-critical & to getting the message embedded across the whole organisation.

Who should register for this course?

Environment for Business is designed for managers and supervisors in any sector, and any organisation worldwide, who require an awareness of environmental impact and sustainabitity

The course covers:

- What is meant by the term 'environment"
- How the environment can impact upon organisations
- How organisations can impact the environment
- Ways in which organisations can minimise environmental risks, and maximise sustainabte opportunities.

Course Duration and Assessment

The course duraction is 1 day which includes a closed book written multi-format examination. Successful candidates will be awarded an IOSH certificate in Environmental for Business.



Approved training provider 1882

24 January 2023 21 February 2023 28 March 2023 25 April 2023 27 June 2023 27 June 2023 28 August 2023 28 August 2023 26 September 2023 24 October 2023 27 November 2023 26 December 2023

IEMA

The Institute of Environmental Management Assessment

IEMA Introduction to Environmental Awarness

About the course

This one day course provides an introduction to understanding how the earth works, how humans are part of it, what it means to your organisation and identifying actions to take. Sustainable business practices not only save costs but also build brand and other "non-financial" value, improves access to capital, fosters innovation and strengthens competitive advantage. The business and your staff benefit from sound environmental knowledge.

Who should register for this course?

This course is suitable for anybody with and interest and responsibility for environmental issues. From operator through to senior manager level.

This course is designed "to turn the lights on" regarding the risks and opportunities in an organisation's environmental performance.

- Overview of Earth's natural cydes
- The business case
- Business impacts and actions
- Protecting our environmen
- Sustainable development
- Environmental legislation
- Measuring performance

Course Duration and Assessment

The course duration is one day. Successful candidates will be awarded an IEMA certificate.



DUBAI - WEEKDAY
07 January 2023
11 February 2023
11 March 2023
15 April 2023
06 May 2023
10 June 2023
08 July 2023
12 August 2023
16 September 2023
07 October 2023
11 November 2023
02 December 2023

Medic First Aid

Courses

Medic First Aid (English & Arabic)

This training provides participants with knowledge and basic skills on how to properly respond immediately to workplace injuries or medical emergencies.

Who should attend this course?

This training is recommended for all individuals.

Hands-On Skill Practice

Students will practice essential skills in small group practices and can also apply those skills in optional scenario-based practices.

Course Contents

- · First Aid Provider
- Recognizing an Emergency
- Personal Safety
- Deciding to Help
- Infectious Bloodborne Diseases
- Standard Precautions
- Personal Protective Equipment
- Legal Considerations
- Implied Consent
- Abandonment
- Good Samaritan Laws
- Emergency Medical Services
- Emergency Actions Plans
- Poison Help Line
- Emergency Moves
- Oxygen and the Human Body
- Sudden Cardiac Arrest
- Cardiopulmonary Resuscitation (CPR)
- Early Defibrillation
- Chain of Survival
- Secondary Cardiac Arrest
- Opioid Overdose
- **Chest Compressions**
- Rescue Breaths
- AED Operation
- AED Troubleshooting & Considerations
- Primary Assessment Unresponsive Person
- · Recovery Position
- Caring for Cardiac Arrest
- Multiple Provider Approach to CPR
- Choking

- Assessment
- Primary Assessment -Responsive Person
- Sudden Injury
- Control of Bleeding
- Tourniquets
- · Hemostatic Dressings
- Shock
- Internal Bleeding
- Head, Neck, or Back Injury
- Spinal Injury
- · Brain Injury
- Concussion
- Swollen, Painful, or Deformed Limb
- Nosebleed
- Injured Tooth
- · Altered Mental Status
- Fainting
- Stroke
- Hypoglycemia
- Seizure
- Breathing Difficulty, Shortness of Breath
- Asthma and Inhalers
- Severe Allergic Reaction
- · Pain, Pressure, or Discomfort in Chest
- Poisoning
- Heat Exhaustion
- Heat Stroke
- Hypothermia
- · Frostbite

Certification

A MEDIC FIRST AID wall certificate is awarded upon successful completion of the course.

Recognized Period

Up to 2 years

Course Duration

One Day

DUBAI - WEEKDAY: Basic First Aid
16 January 2023
20 February 2023
20 March 2023
24 April 2023
15 May 2023
19 June 2023
24 July 2023
21 August 2023
18 September 2023
16 October 2023
20 November 2023
18 December 2023

DUBAI - WEEKEND
Dubai - Weekend
04 February 2023
01 Apri l 2023
05 August 2023
07 0-1-1 2022

JORDAN -WEEKDAYS **Basic First Aid**

02 - 03	January	2023

13 - 14 February 2023 27 - 28 March 2023

24 - 25 April 2023

22 - 23 May 2023

26 - 27 June 2023

03 - 04 July 2023

07 - 08 August 2023

25 - 26 September 2023

23 - 24 October 2023

20 - 21 November 2023

25 - 26 December 2023

Medic First Aid

Courses

Medic First Aid (English & Arabic)

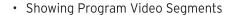
Train the Trainer Course

The MEDIC FIRST AID Train the Trainer course prepares candidates to become MEDIC First Aid Instructors.

The training process includes practicing the step by step requirements for delivery of a one day basic MEDIC First Aid Course. This is particularly useful for individuals who wish to become MEDIC First Aid Instructors or those wishing to do a refresher training.

Course Contents

- · The MEDIC FIRST AID Difference
- MEDIC FIRST AID Training Philosophies
- Medical Source Authorities
- MEDIC FIRST AID's Integrated Learning Model
- · Adult Learning Principles
- MEDIC FIRST AID Training Programs
- · Role of the Instructor
- MEDIC FIRST AID Training Materials
- · Introduction to the Instructor Guide
- Using Instructional Pages



- Referring to Student Guide Pages
- Performing Real-Time Demonstrations
- Facilitating a Small-Group Practice
- · Observing Reasonable Performance
- Accommodating Slow Learners or Difficult Students
- · Facilitating Talk-Through Scenarios
- Facilitating Performance Evaluations
- Facilitating Written Knowledge Reviews

Certification

On successful completion of the course participants will receive an accredited MEDIC First Aid International Certificate.

Recognition Period

1 year

Course Duration

3 Days



MFA - TRAIN THE TRAINER
17 - 19 January 2023
21 -23 February 2023
21 - 23 March 2023
25 - 27 April 2023
16 - 18 May 2023
20 - 22 June 2023
25 - 27 July 2023
22 - 24 August 2023
19 - 21 September 2023
17 - 19 October 2023
21 - 23 November 2023
19 - 21 December 2023

Accredited General Train The Trainer

General Train the Trainer

The Train the Trainer programme is designed to a very practical level, aimed at developing awareness and understanding of and reflection on issues relating to techniques & styles in training/ presentation at different levels of interaction.

The delivery technique can range from training to informal "talks" at staff meetings, to presenting lengthy, complex, critical information to an audience in an auditorium. This program is aimed at encouraging individuals to take a constructively critical approach to developing their personal teaching and presentation skills.

The three-day intensive course is very much hands-on and delivered on a practical level, requiring attendees to evaluate their own skills & resources and to identify strategies for continuous self- assessment and development.

Course Objectives:

By the end of the course, participants will be able to: · Understand the structure of preparation - audience, venue, pre & post presentation

- Identify and adapt to audience styles and attitudes
- Make appropriate use of training facilities and resources
- Identify strategies to maximise reception and understanding of target knowledge, skills, Attitudes and behaviours
- Ensure that the learning intervention addresses specific individual and/or group needs
- Provide appropriate, effective and constructive feed back
- · Use techniques to maintain control of and motivate groups and individuals
- · Deal with audience reactions
- · Have basic understanding of body language
- Effectively supervise, delegate, manage time, coach rather than tell, neutralize conflict and promote team spirit.

Course Duration

The duration is 3 days



DUBAI - WEEKDAYS 23 - 25 January 2023 20 - 22 February 2023 27 - 29 March 2023 17 - 19 April 2023 22 - 24 May 2023 26 - 28 June 2023 17 - 19 July 2023 28 - 30 August 2023 25 - 27 September 2023 23 - 25 October 2023 27 - 29 November 2023 25 - 27 December 2023

DNV GL ISO AND RISK MANAGEMENT

DNV GL is an independent foundation with the purpose of safeguarding life, property, and the environment. Headquartered in Oslo, Norway, DNV GL has worked internationally since 1867 and has established approximately 300 offices in 100 countries. As a knowledge-based company, its prime assets are the creativity, knowledge, and expertise of our 9,000 employees from more than 85 different nations. International HSE Council in association with DNV GL is pleased to offer the following internationally recognized accredited programs.



ISO 9001:2015-Quality Management System

Quality management system (ISO 9001:2015) provide a framework for focus on customer and product requirements, process performance and effectiveness with emphasis on continual improvement and objective measurement.

Integrated Management System

Effective Integrated Management Systems (IMSs) take into consideration all activities that have an effect on the business and are implemented at all levels within an organization regardless of its size or function. A management system, be it quality, health & safety, environmental should operate seamlessly across all components as part of the day-to-day business functioning.

Occupational Health And Safety Management Systems Auditor/lead Auditor Course Based On ISO 45001:2018 (CQI IRCA Certified Course ID: 1877)

This course is designed to develop a clear understanding of safety management in the modern era and provide those involved in audit conduct and management with the skills to fulfil their role.

ISO 45001 OHSMS Lead Auditor Course (CQI IRCA)

This course is designed to provide participants with the knowledge and skills required to perform first, second and third-party audits of management systems against the requirements of the ISO 45001:2018, in accordance with the guidance given in the ISO 19011 for first and second party audits as well as the requirements of the ISO 17021 for third party audits.

Who should attend?

This course is recommended for anyone who is planning to perform internal audits/preparing to become an external auditor of OHSMS management system as per ISO 45001 standard.

ISO 45001 Auditors Migration Course (CQI IRCA)

This migration training course pack provides you the knowledge of the changes on the new standard ISO 45001 as compared to OHSAS 18001 and the skills required to audit against the new standard. It is recommended for professionals working in organizations certified to OHSAS 18001 standard that has been revised.

ISO 9001:2015 QMS Lead Auditor Course (CQI IRCA)

This course is designed to provide participants with the knowledge and skills required to perform first, second and third-party audits of management systems against the requirements of the ISO 9001:2015, in accordance with the guidance given in the ISO19011 for first and second party audits as well as the requirements of the ISO17021 for third-party audits

Who should attend?

Anyone intending to perform audits of a quality management system. Note that, while this course is applicable to first, second, and third-party audits, this course is taught from the third party (Certification Body) perspective. An attendee can both start their journey down the third-party auditor route, and/or have an understanding of what third party auditors look for.

Integrated Management System Internal Auditor Course (ISO 9001:2015, ISO 14001:2015 & ISO 45001:2018)

To enable participants to gain a practical knowledge of how to seek compliance & audit integrated Quality, Environment & Occupational Health and Safety Management systems to comply with the requirements as per ISO 9001:2015, ISO 14001:2015 & ISO 45001:2018 and to effectively participate in the implementation of requirements.

Accredited Practical Courses

Emergency Preparedness

In all cases where there is potential serious harm to people at work and affected by work, emergency preparedness by way of proper planning and testing will reduce the consequences of on-site emergencies and help to mitigate the effects. On this two day training, workers will learn how to be prepared and correctly respond during an emergency.

Confined Space Entry And Rescue

This two day course is physical and will be probably more physical than the delegate encounters in their normal daily workplace. Participants will be taught on the use of the tripod/quad pod plus either winch or retractable retrievable fall arrest block as a means of access to confined spaces, plus rescue and emergency evacuation from either a horizontal or vertical confined space. This program is only recommended for participants who are physically fit and healthy.

Fire fighting

This one day program is a combination of theory and practical training on fire prevention and fire fighting techniques. The course will take the participants through a range of fire related topics; principles of fire triangle, location of fire fighting equipment and

escape routes, fire chemistry and ignition sources, fire hazards, flammable materials and fire spread, need for vigilance and readiness for emergency response, fire/smoke detection and alarm systems, portable fire fighting equipment, PPE & RPE. The afternoon practical session includes using hand-held firefighting equipment on real fires. Every participant takes part in using the extinguishers.

Fire Warden

This course is designed to help participants understand:

- Evacuation and assembly principles and procedures
- Fire, bomb threat, and other emergencies and their
- Eeffects on the workplace
- Fire equipment and correct method of fighting a fire
- Efficient evacuation of the workplace with consideration of special people who may require additional assistance

FIRE WARDEN	MANUAL HANDLING	PERMIT-TO-WORK/ CONFINED SPACE
Dubai	Dubai	Dubai
20 January 2023	23 January 2023	16 January 2023
24 February 2023	21 February 2023	21 February 2023
24 March 2023	27 March 2023	13 March 2023
28 April 2023	24 April 2023	10 April 2023
19 May 2023	22 May 2023	08 May 2023
23 June 2023	24 July 2023	05 June 2023
28 July 2023	23 October 2023	10 July 2023
25 August 2023	27 November 2023	21 August 2023
22 September 2023	25 December 2023	11 September 2023
20 October 2023		09 October 2023
24 November 2023		04 December 2023
22 December 2023		

H2S SAFETY AWARENESS
Dubai
09 January 2023
13 February 2023
20 March 2023
17 Apri l 2023
15 May 2023
17 July 2023
14 August 2023
16 August 2023

ERGONOMIC/ WORKSTATION ASSESSMENT	WORKING HEIGHT
Dubai	Dubai
14 January 2023	06 February 2023
11 February 2023	08 May 2023
11 March 2023	06 August 2023
06 May 2023	06 November 2023
15 July 2023	
09 September 2023	
11 November 2023	

RISK ASSESSMENT	ACCIDENT NVESTIGATION
Dubai	Dubai
02 January 2023	13 February 2023
06 March 2023	17 April 2023
08 May 2023	19 June 2023
10 July 2023	28 August 2023
11 September 2023	16 October 2023
06 November 2023	18 December 2023

Accredited General Courses

General HSE courses

- · Health and Safety Awareness One day and Two days
- Health and Safety Awareness for Senior Executives
- Supervising Safely
- Fire Warden/ Fire Safety Awareness
- Fire Fighting
- · Advanced Fire Fighting
- · Fire Risk Assessment
- Risk Assessment
- · Advanced Risk Assessment
- Working at Heights
- Confined Spaces Entry Safety Awareness One day
- · Confined Space Entry and Rescue
- Breathing Apparatus
- Gas Tester Training
- Emergency Preparedness
- Emergency Preparedness & Response
- Spill Prevention
- Hazardous Materials (HAZMAT)
- Control of Substances Hazardous to Health (CoSHH)
- · Chemical Handling Awareness
- Waste Management Techniques
- Electrical Safety
- Ergonomics Awareness
- Manual Handling
- · Office Safety
- Workplace Safety
- Health & Safety Awareness
- · Advanced Health & Safety
- Health & Safety Risk Assessment
- · Accident-Incident Investigation
- Fork Lift Operator Safety
- Bobcat/ Skid Steer Operation Training
- · Overhead Gantry Crane Operator Safety

HSE Short Courses

- Noise Hazards and Hearing Loss
- · Hand Arm, Upper and Whole Body Vibration
- Equipment and Power Tools Inspection
- · Scaffold Safety Awareness Training
- · Slinger & Banksman
- · Safe Lifting & Slinging
- Permit to Work (Hot & Cold Work, Confined Space and Working at Height)
- Working at Heights
- · Safe Work Permit
- · Heat Stress and Fatigue
- Eye and Face Safety
- Construction Safety
- Root Cause Analysis
- H2S Safety Awareness
- Safety Excavation
- Defensive Driving/ Driver Safety
- Slips, Trips and Falls
- Personal Protective Equipment (PPE)
- · Stress Management
- Crowd Management Training
- Straddle Carrier Safety Operation
- Jib Crane Safety Operation
- Static Electricity
- Behaviour Based Safety
- Developing Safety Culture
- · Evaluating Safety Culture
- · Advanced Safety Management
- Warehouse Safety Awareness
- · Warehouse Safety Operations
- Job Safety Analysis
- IEMA Approved Introduction to Environmental Awareness
- Ergonomic/Workstation Assessment
- Accident/Incident Investigation
- · Manual Handling

Accredited General Courses

Plant and Logistics Training

- · Fork Lift Safety
- Crane Operation Safety
- · Rigging, Slinging & Lifting
- · Slinger and Banksman Training
- · Safety Harness Training
- · Overhead Gantry Crane Safety

Soft Skills Courses

- Body Language Basics
- Call Centre Training
- Change Management
- · Customer Service
- Employee Motivation
- Time Management
- Goal Setting and Getting Things Done
- Marketing Basics
- Measuring Results from Training
- · Organizational Skills

- Overcoming Sales Objectives
- · Performance Management
- · Presentation Skills
- Public Speaking
- · Risk Assessment and Management
- Train the Trainer

Soft Skill Workshops

- · Conflict Resolution Workshop
- Time Management Workshop
- · Teamwork and Team building Workshop
- Creative Problem Solving Workshop
- Communication Strategies Workshop
- Coaching and Mentoring Workshop

In-House Training Courses

 In-house training can be delivered anywhere, anyplace and anytime.



Council Partners

In collaboration with strategic partners, the International HSE Council provides world class service and internationally sought after qualifications.

NEBOSH

NEBOSH (The National Examination Board in Occupational Safety and Health) is an independent awarding body formed in 1979.



NEBOSH qualifications are recognised by professional membership bodies including the Institution of Occupational Safety and Health (IOSH) & the International Institute of Risk and Safety Management (IIRSM).

NEBOSH qualifications are globally recognised and taken by people working in all types of industries

www.nebosh.org.uk

IOSH

IOSH is Europe's leading body for health and safety professionals. The Institution was founded in 1945 and is an independent, not-for-profit organisation that sets professional standards, supports and develops members and provides authoritative advice and guidance on health and safety issues.

www.iosh.co.uk

IEMA

The Institute of Environmental
Management and Assessment
(IEMA) is a not-for-profit membership
organisation established to
promote best practice standards in environmental
management, auditing and assessment. IEMA
is a leading international membership-based
organisation dedicated to the promotion of sustainable
development, and to the professional development of
individuals involved in the environmental profession.

www.iema.net

MEDIC FIRST AID International





www.hsi.com

CONSIST

Since its inception in 1996 CONSIST has trained over 34,000 candidates from local and international companies in a wide range of disciplines ie; health and safety, offshore survival, aviation safety & survival and marine safety.



Over the years more than 100 companies from various industries have trained with CONSIST.

CONSIST has established four entities within the group namely CONSIST Training Centre, CONSIST Centre, CONSIST Aviation and CONSIST College, each offering world-class training programmes

www.consist.com.my

Innovation HSEC Training and Consultan

Innovation HSEC Training and Consultancy is part of International HSE Council (IHSEC group of companies. In association with IHSEC, Innovation HSEC offers a wide range of internationally recognized accredited courses by NEBOSH, IOSH, IEMA, and MEDIC First Aid as well as bespoke courses.

www.hsecouncil.org

Council Partners



SHE-CON Environment & **Occupational Safety Consulting**

SHECON offers internationally recognized accredited courses related to Environment and



Occupational Health & Safety, and also provides various skills training such as, lifting operation, fork lift truck operation, Hot Work, Manual Handling, Fall Protection, Scaffolding, Confined Space, in addition to various types of machinery controls and guarding.

www.she-con.com

The IIRSM

The International Institute of Risk and Safety Management (IIRSM) is a professional body for health and safety practitioners. It was created to advance professional standards in accident prevention and occupational health throughout the world.

www.iirsm.co.uk

DNV GL Middle East



DNV (Det Norske Veritas) is an independent foundation with the purpose of safeguarding life, property, and the environment. Headquartered in Oslo, Norway, DNV has worked internationally since 1867 and has established approximately 300 offices in 100 countries. As a knowledge-based company, its prime assets are the creativity, knowledge, and expertise of our 9,000 employees from more than 85 different nations.

IPES

Innovative Petrochemical Engineering Services (IPES) is a Pvt.Ltd Co. formed by experienced and seasoned professionals from the industry and is registered in Cochin, Kerala, India. IPES's goal is to realise business opportunities in the Oil & Gas, Petrochemical, Power and Aviation Industries by offering Innovative Solutions in engineering, inspection, repair, maintenance, training and trading services.

Safenviro

Safenviro, a premier organisation, provides face-to-face bespoke and accredited health, safety and environmental training to all industry sectors in South East Asia, Australia and New Zealand.

Joffren Omar Company Sdn Bhd

Incorporated in 1982, Joffren Omar Company Sdn Bhd JO is one of the leading services contractors in Brunei Darussalam.



training centre delivers competency-based courses

in health, safety & environment, and skills training in

welding, scaffolding, working-at-heights & rescue, and defensive driving.

We are very proud to have trained the NEBOSH International Diploma 2014 'Candidate of the Year'.

A combination of the candidate's hard work and dedication and international HSE Council's quality training and course material achieved this wonderful result.

www.hsecouncil.org

FOLLOW US ON facebook Linked in



International HSE Council

Ibn Battuta Gate Offices, 10th Floor, Office 1012, P.O. Box 336861, Dubai, UAE Contact: +971 4 4309214, Email: info@hsecouncil.org

Innovation HSEC Training and Consultancy

Contact: +971 4 4309214, Email: info@hsecouncil.org

Al-Zumurruda Occupational Safety and General Services

Building 52 at 24th Street, Office 4C, District 222, Salheeya Neighborhood, Baghdad, Iraq

INTERNATIONAL PARTNERS

China

Beijing Institute of HSE Technology, (BIHSET) Address: A901, Botai International Commercial Plaza, Guangshun North Street, Chaoyang District, Beijing

Innovative Petrochemical Engineering Services (P) Ltd., Thachil's Royal Plaza, Ground Floor, XXIV / 31.A-5, M.C. Road, Angamaly, Ernakulam

Jordan

SHE-CON Environment & Occupational Safety Consulting, 130 Wasfi Al Tal (Gardens) Street, Office 302, P.O. Box 815359 Amman, 11181, Jordan Tel: +962 6 560 28 20, Fax: +962 6 560 28 29, Email: info@she-con.com, website: www.she-con.com

Malaysia

CONSIST HSE International Programme Office, Level 6, MZH Centre, Lot 330, Batu 8, Jalan Ulu Kelang (MRR 2), 68000, Ampang, Selangor, Malaysia

SAFENVIRO, Lot 330, Jalan Ulu Kelang, 68000, Ampang Selangor, Malaysia Tel: 603 4108 9355, email: info@safenviron.com

Brunei

JOFFREN OMAR Company Sdn Bhd, Lot 47-48, Sg Bera Light Industrial Area, Seira KB 1933 P.O. Box 285, Seira KB1190, Negara Brunei Darussalam, Tel: +6733222 183