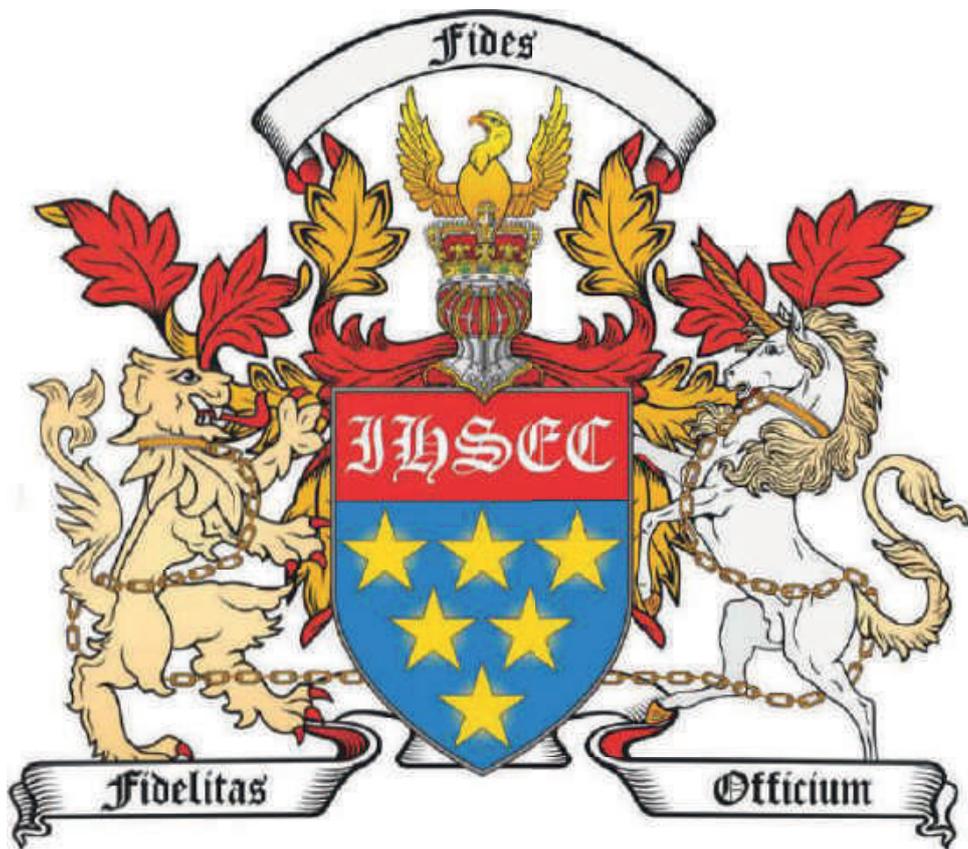


# 2024 Training Programme



## ***INTERNATIONAL HSE COUNCIL***

**HEALTH, SAFETY & ENVIRONMENT • CONSULTANCY  
MEDIC FIRST AID • LEADERSHIP • PLANT & LOGISTICS**

DISTANCE LEARNING, CLASSROOM LEARNING, E-LEARNING

# About Us

**INTERNATIONAL HSE COUNCIL IS AN ORGANIZATION PROVIDING INDEPENDENT AND PROFESSIONAL HEALTH & SAFETY TRAINING, CONSULTANCY AND ADVISORY SERVICES.**

International HSE Council together with its team of international health & safety professionals offers an impressive 300 plus years of cumulative expertise, knowledge and experience in health, safety and environment within the construction, oil & gas, manufacturing, heavy industrial, aviation, banking & finance and hospitality sectors.

## Learning with a Difference

In Dubai International HSE Council has modern and spacious training rooms all equipped with state of the art equipment. In other countries we make use of carefully selected local facilities which meet our high standards.

International HSE Council offers internationally recognized accredited courses such as NEBOSH International General Certificate, NEBOSH Health & Safety at Work qualification, NEBOSH International Diploma, IEMA Approved Associate Certificate in Environmental Management, IEMA Approved Introduction to Environmental Awareness, IOSH Managing Safely, MEDIC First Aid Train the Trainer, MEDIC First Aid Basic and MEDIC First Aid Advanced.

## Choices

The International HSE Council believes in offering choices to our customers. Each will have their own needs based on time, work demands, geographical location and budgets. You now have options to choose a program that best suits you.

- Classroom learning

- Self Study
- A blend of self study & classroom learning

## In-House Training Courses

Reduce costs and stretch your budget by having the training conducted within your premises. International HSE Council team of experts can design and tailor programs to suit your working environment and activities.

## Consultancy & Advisory

With a team of specialist consultants, the International HSE Council offers

- Consultancy on designing and development of Quality and Management Systems. ISO9001, Environment, ISO14001, Safety OHSAS18001
- Risk Assessments
- Safety Audits
- Safety Plans
- Fire Risk Assessments
- Training Needs Analysis
- Drafting of Health & Safety documentation
- Drafting of Health & Safety policy manuals
- Drafting of Safe Operating Procedures manuals
- Worksite Inspections



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# NEBOSH

## Accredited Programmes



**NEBOSH Diplomas are globally recognised qualifications aimed at professional health and safety advisors and environmental practitioners.**

## NEBOSH

### International Diploma

There is no prerequisite for this training, however it is highly recommended to have a broad knowledge in the workplace health and safety. An International or a National General Certificate is suggested.

#### Who should attend this course?

This qualification is a perfect choice for anyone who aspires to make health and safety their career. Building upon the foundation of knowledge provided by the NEBOSH General Certificate, it is particularly relevant for:

- Health and safety professionals or those with aspirations to be one.
- People with health and safety responsibilities who want to gain an in-depth understanding.

#### Certification & Assessment

The assessments focus on the application of knowledge

to help you prepare for health and safety tasks you may face in the workplace:

#### Is this qualification recognised?

On successful completion of the qualification, the Diploma holder may apply for the International Institute of Risk and Safety Management ([www.iirsm.org](http://www.iirsm.org)) as meeting their requirements for full membership (MIIRSM). United Kingdom professional health and safety bodies have a growing international reputation with a number of international branches being formed.

Holders of this qualification may use the designatory letters IDipNEBOSH after their name.

Unit	Assessment Format
DI1 – Know – workplace health and safety principles	Assignment – workplace-based tasks together with simulations, reflective activities and a research topic.
DI2 – Do – controlling workplace health issues	Scenario-based case study
DI3 – Do – controlling workplace safety issues	Scenario-based case study

UAE and BRUNEI		
Diploma Weekend (Sunday) Full Day (21 days)		
DI1	DI2	DI3
21, 28 January, 04, 11, 18, 25 February, 03 March 2024	Unit DI2 – 10, 17, 24, 31 March, 07, 14, 21 April 2024	Unit DI3 – 28 April, 05, 12, 19, 26 May, 02, 09 June 2024
Diploma Weekend (Sunday) Full day (21 days)		
DI1	DI2	DI3
Unit DI1 - 21, 28 July, 04, 11, 18, 25 August, 01 September 2024	Unit DI2-08, 15, 22, 29 September, 06, 13, 20 October 2024	Unit DI3 - 27 October, 03, 10, 17, 24 Nov., 01, 08 Dec. 2024
UAE and BRUNEI		
Diploma Weekdays (Block) Half day (21 days)		
Unit DI1 - 22, 23, 24, 25, 26, 29, 30 January 2024	Unit DI2 - 11, 12, 13, 14, 15, 18, 19 March 2024	Unit DI3 - 13, 14, 15, 16, 17, 20, 21 May 2024
Diploma Weekdays – Block - half day (21 days)		
Unit DI1 - 19, 20, 21, 22, 23, 26, 27 August 2024	Unit DI2 - 16, 17, 18, 19, 20, 23, 24 September 2024	Unit DI3 - 11, 12, 13, 14, 15, 18, 19 November 2024
Diploma Weekdays (Block) Full day (30 days)		
Unit DI1 - 05, 06, 07, 08, 09, 12, 13, 14, 15, 16 February 2024	Unit DI2 - 08, 09, 10, 11, 12, 15, 16, 17, 18, 19 April 2024	Unit DI3 - 03, 04, 05, 06, 07, 10, 11, 12, 13, 14 June 2024
Diploma Weekdays (Block) Full day (30 days)		
Unit DI1 - 05, 06, 07, 08, 09, 12, 13, 14, 15, 16 August 2024	Unit DI2 - 07, 08, 09, 10, 11, 14, 15, 16, 17, 18 October 2024	Unit DI3 - 02, 03, 04, 05, 06, 09, 10, 11, 12, 13 December 2024
Diploma Weekdays (Evening) 21 days (3 days/week)		
Unit DI1 - 05, 06, 07, 08, 09, 12, 13, 14, 15, 16 February 2024	Unit DI2 - 11, 13, 15, 18, 20, 22, 25 March 2024	Unit DI3 - 13, 15, 17, 20, 22, 24, 26, 27 May 2024
Diploma Weekdays (Evening) 21 days (3 days/week)		
Unit DI1 - 22, 24, 26, 29, 31 July, 02, 05 August 2024	Unit DI2 - 09, 11, 13, 16, 18, 20, 23, 25 September 2024	Unit DI3 - 11, 13, 15, 18, 20, 22, 25 November 2024
MALAYSIA - KUALA LUMPUR - BLOCK		
DI1	DI2	DI3
Unit DI1 - 18 - 22 September 2023 / 06 - 10 November 2023	Unit DI2 - 01 - 05 January 2024 / 26 February - 02 March 2024	Unit DI3 - 22 - 26 April 2024 / 17 - 21 June 2024
Unit DI1 - 01 - 05 January 2024 / 26 February - 02 March 2024	Unit DI2 - 22 - 26 April 2024 / 17 - 21 June 2024	Unit DI3 - 12 - 16 August 2024 / 07 - 11 October 2024
MALAYSIA - KUALA LUMPUR - WEEKEND		
DI1	DI2	DI3
Unit DI1 - 02, 03, 09, 10, 16 March 2024 / 11, 12, 18, 19, 25 May 2024	Unit DI2 - 06, 13, 14, 20, 21 July 2024 / 21, 22, 28, 29 Sep., 05 Oct. 2024	Unit DI3 - 07, 08, 14, 15, 21 Dec. 2024 / 15, 16, 22, 23 Feb., 01 March 2025
Unit DI1 - 06, 13, 14, 20, 21 July 2024 / 21, 21, 28, 29 Sep., 06 Oct. 2024	Unit DI2 - 07, 08, 14, 15, 21 Dec. 2024 / 15, 16, 22, 23 Feb., 01 March 2025	Unit DI3 - 26, 27 April, 03, 04, 10 May / 05, 06, 12, 13, 19 July 2025
EXAM AND SUBMISSION DATES		
DI1, DI2, DI3	UNIT A,B,C	UNIT DNI SUBMISSION
DI1 - 12 April 2024 / 09 October 2024	Unit A - 09 January / 16 July 2024	28 February 2024
DI2 - 30 May 2024 / 27 November 2024	Unit B - 10 January / 17 July 2024	22 May 2024
DI3 - 24 January 2024 / 31 July 2024	Unit C - 11 January / 18 July 2024	28 August 2024
		27 November 2024



# NEBOSH

## Accredited Programmes



## NEBOSH

### International General Certificate

The NEBOSH International General Certificate in Occupational Safety and Health is a globally recognised health and safety qualification.

#### Who should attend this course?

Managers, supervisors and employees based outside the UK who require a broad knowledge and understanding of health and safety principles and practices.

The qualification focuses on international standards and management systems, enabling candidates to effectively discharge workplace health and safety responsibilities in any employment sector, in all parts of the world.

The NEBOSH International General Certificate is also suitable for those embarking on a career in health and safety, providing a sound basis for progression on to the NEBOSH International Diploma.

#### Certification

On successful completion of the course you will receive a NEBOSH accredited certificate.

#### Is this qualification recognised?

The International General Certificate qualification meets the academic requirements for Associate membership (AIIRSM) of the International Institute of Risk and Safety Management (IIRSM).

#### Course Duration

9 days plus 1 day for Open Book Exam (OBE) and approximately 3 hours to complete the practical assessment.

#### Assessment

The IGC has two unit assessments:

- one question paper
- one practical risk assessment

#### UAE - DUBAI (BLOCK)

Week 1 (IG1)	Week 2 (IG2)
08 - 12 January 2024	15 - 18 January 2024
05 - 09 February 2024	12 - 15 February 2024
04 - 08 March 2024	11 - 14 March 2024
15 - 19 April 2024	22 - 25 April 2024
06 - 10 May 2024	13 - 16 May 2024
03 - 07 June 2024	10 - 13 June 2024
01 - 05 July 2024	08 - 11 July 2024
05 - 09 August 2024	12 - 15 August 2024
02 - 06 September 2024	09 - 12 September 2024
07 - 11 October 2024	14 - 17 October 2024
04 - 08 November 2024	11 - 14 November 2024
09 - 13 December 2024	16 - 19 December 2024

#### UAE - DUBAI (WEEKEND)

Week 1 (IG1)	Week 2 (IG2)
07, 14, 21, 28 January, 04 February 2024	11, 18, 25 February, 03 March 2024
11, 18, 25 February, 03, 10 March 2024	17, 24, 31 March, 07 April 2024
17, 24, 31 March, 07, 14 April 2024	21, 28 April, 05, 12 May 2024
21, 28 April, 05, 12, 19 May 2024	26 May, 02, 09, 16 June 2024
26 May, 02, 09, 16, 23 June 2024	30 June, 07, 14, 21 July 2024
30 June, 07, 14, 21, 28 July 2024	04, 11, 18, 25 August 2024
04, 11, 18, 25 August, 01 September 2024	08, 15, 22, 29 September 2024
08, 15, 22, 29 September, 06 October 2024	13, 20, 27 October, 03 November 2024
13, 20, 27 October, 03, 10 November 2024	17, 24 November, 01, 08 December 2024
17, 24 November, 01, 08, 15 December 2024	22, 29 December, 05, 12 January 2025
22, 29 December, 05, 12, 19 January 2025	26 January, 02, 09, 16 February 2025

EXAM SCHEDULES	
OBE	
17 January 2024	03 July 2024
07 February 2024	07 August 2024
06 March 2024	04 September 2024
03 April 2024	02 October 2024
08 May 2024	06 November 2024
05 June 2024	04 December 2024

BRUNEI DARUSSALAM	
Week 1 (IG1)	Week 2 (IG2)
08 - 12 January 2024	15 - 18 January 2024
05 - 09 February 2024	12 - 15 February 2024
04 - 08 March 2024	11 - 14 March 2024
15 - 19 April 2024	22 - 25 April 2024
06 - 10 May 2024	13 - 16 May 2024
03 - 07 June 2024	10 - 13 June 2024
01 - 05 July 2024	08 - 11 July 2024
05 - 09 August 2024	12 - 15 August 2024
02 - 06 September 2024	09 - 12 September 2024
07 - 11 October 2024	14 - 17 October 2024
04 - 08 November 2024	11 - 14 November 2024
09 - 13 December 2024	16 - 19 December 2024

JORDAN - AMMAN	
Week 1 (IG1)	Week 2 (IG2)
04 - 08 February 2024	26 February - 01 March 2024
08 - 12 April 2024	26 April - 03 May 2024
04 - 08 June 2024	27 - 31 May 2024
05 - 09 August 2024	15 - 19 July 2024
07 - 11 October 2024	12 - 16 August 2024
02 - 06 December 2024	09 - 13 September 2024

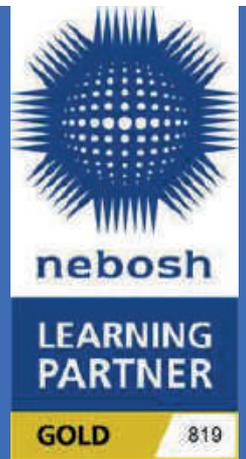
MALAYSIA - KUALA LUMPUR (BLOCK)	
Week 1 (IG1)	Week 2 (IG2)
20 - 23 February 2024	09 - 13 February 2024
22 - 25 April 2024	13 - 18 April 2024
21 - 24 May 2024	09 - 13 June 2024
09 - 12 July 2024	11 - 15 August 2024
06 - 09 August 2024	12 - 16 October 2024
03 - 06 September 2024	07 - 11 December 2024

MALAYSIA - KUALA LUMPUR (WEEKEND)	
Week 1 (IG1)	Week 2 (IG2)
17, 18, 24, 25 February 2024	02, 03, 09, 10, 16 March 2024
20, 21, 27, 28 April 2024	04, 05, 11, 12, 18 May 2024
25, 26 May, 08, 09 June 2024	22, 23, 29, 30 June, 06 July 2024
13, 14, 20, 21 July 2024	27, 28 July, 03, 04, 10 August 2024
07, 08, 21, 22 September 2024	28, 29 September, 05, 06, 12 October 2024



# NEBOSH

## Accredited Programmes



## NEBOSH

### Fire Safety Certificate

The content is designed to equip those studying it to undertake fire risk assessments in most, low risk workplaces. The syllabus is mapped to International standards and good practice from organizations such as the International Labour Organization (ILO), National Fire Protection Association (NFPA), International Code Council (ICC) and the Confederation of Fire Protection Association Europe (CFPA-Europe).

Upon successful completion of the certificate, delegates can apply for a membership with International Institute of Risk and Safety Management (IIRSM) as its qualification meets the academic requirements for Associate membership (AIIRSM) of the IIRSM.

### Who should register for this course?

This qualification is designed for anyone who has fire safety responsibilities in a small to medium-sized organisation. It provides the knowledge and understanding, when combined with relevant experience, to carry out an effective fire risk assessment, as well as embed good practice in the workplace.

### Course Contents

#### FSC1

- Managing fire safety
- Principles of fire and explosion
- Fuel, oxygen and ignition sources and control measures
- Fire protection of buildings

Safety of people in the event of fire FSC2: Fire safety risk assessment

#### Course Duration and Assessment

The training is spread over 4 days plus 1 day for the (open book) written examination.

The FSC has two unit assessments:  
one question paper (open book exam)  
one fire risk assessment

Elements 1 to 5 (FSC1) are assessed by a written exam lasting approximately 5 hours. Elements 5 (FSC2) is assessed by a practical assignment that should take around 3 hours to complete.

UAE DUBAI (BLOCK)	
FSC1	OBE
22, 23, 24, 25 January 2024	07 February 2024
19, 20, 21, 22 February 2024	08 May 2024
18, 19, 20, 21 March 2024	07 August 2024
22, 23, 24, 25 April 2024	06 November 2024
20, 21, 22, 23 May 2024	
24, 25, 26, 27 June 2024	
22, 23, 24, 25 July 2024	
26, 27, 28, 29 August 2024	
23, 24, 25, 26 September 2024	
21, 22, 23, 24 October 2024	
25, 26, 27, 28 November 2024	
23, 24, 25, 26 December 2024	



# NEBOSH

## Accredited Programmes



## NEBOSH

### International Technical Certificate in Oil and Gas Operational Safety

#### About the course

This qualification is specifically designed for people with safety responsibility in the oil and gas industry. The qualification focuses on international standards and management systems, enabling students to effectively discharge workplace safety responsibilities both onshore and offshore. The Certificate also highlights the importance of process safety management in the oil and gas industry.

There are no specific entry requirements for this qualification, however it is highly recommended that students have an existing underpinning knowledge of safety issues or have completed a NEBOSH Certificate level qualification previously.

#### Course Contents

##### Element 1: Health, Safety And Environmental Management In Context

- Learning from Incidents
- Hazards inherent in oil and gas
- Risk management techniques used in the oil and gas industries
- Safety cases and safety reports

##### Element 2: Hydrocarbon Process Safety 1

- Contractor management
- Process safety management (PSM)
- Role and purpose of a permit-to-work system
- Key principles of shift handover
- Plant operations and maintenance

##### Element 3: Hydrocarbon Process Safety 2

- Failure modes

- Safety critical equipment controls
- Safe storage of hydrocarbons
- Furnace and boiler operations

##### Element 4: Fire Protection And Emergency Response

- Fire and explosion risk in the oil and gas industries
- Emergency response

##### Element 5: Logistics And Transport Operations

- Marine transport
- Land transport

#### Examinations

The examination is a 2-hour written paper which consists of one 'long-answer' question and ten 'shortanswer' questions. All questions are compulsory.

#### Course Duration

5 days plus one day for exam

UAE - DUBAI - BLOCK	
IOGC1	Exams
22, 23, 24, 25, 26 January 2024	29 January 2024
25, 26, 27, 28, 29 March 2024	01 April 2024
20, 21, 22, 23, 24 May 2024	27 May 2024
22, 23, 24, 25, 26 July 2024	29 July 2024
23, 24, 25, 26, 27 September 2024	30 September 2024
18, 19, 20, 21, 22 November 2024	25 November 2024

UAE - DUBAI (WEEKEND - SATURDAY)	
IOGC1	Exams
02, 09, 16, 23, 30 March 2024	01 April 2024
27 April, 04, 11, 18, 25 May 2024	27 May 2024
29 June, 06, 13, 20, 27 July 2024	29 July 2024
31 August, 07, 14, 21, 28 September 2024	30 September 2024
26 October, 02, 09, 16, 23 November 2024	25 November 2024
30 November, 07, 14, 21, 28 December 2024	30 December 2024

JORDAN - AMMAN	
IOGC1	Exams
08 - 12 April 2024	15 April 2024
05 - 09 August 2024	12 August 2024

BRUNEI - DARUSSALAM	
IOGC1	Exams
25, 26, 27, 28, 29 March 2024	01 April 2024
20, 21, 22, 23, 24 May 2024	27 May 2024
18, 19, 20, 21, 22 November 2024	25 November 2024

# NEBOSH

## Accredited Programmes



## NEBOSH

### HSE Certificate in Process Safety Management

#### About the Course

The qualification is specifically designed for people with safety responsibility in process industries such as oil and gas, chemicals, plastics and pharmaceuticals. This qualification is designed to equip delegates with a broad understanding of the accepted principles and recognised industrial practices for the management of process risk. This will ensure that they can recognise and contribute to the control of process safety hazards.

#### Who should attend this course?

Ideal for managers, safety representatives and health and safety advisor working within the process industries.

There are no specific entry requirements for this qualification, however it is highly recommended that students have an existing underpinning knowledge of safety issues or have completed a NEBOSH Certification previously.

#### Course Contents

- Element 1 : Process Safety Leadership
- Element 2 : Management of Process Risk
- Element 3 : Process Safety Hazard Control
- Element 4 : Fire Protection And Emergency Response

#### Examinations

The examination is a 90 minute multi-choice examination which consists of 40 questions. There is no practical element to this qualification.

#### Course Duration

4 days plus one day for examination.

UAE DUBAI (BLOCK)	UAE DUBAI (WEEKEND)	
PSM1 - WEEKDAYS	PSM1 - WEEKEND	Online MCQ
15, 16, 17, 18 January 2024	27 January, 03, 10, 17 February 2024	24 January 2024
12, 13, 14, 15 February 2024	02, 09, 16, 23 March 2024	21 February 2024
18, 19, 20, 21 March 2024	27 April, 04, 11, 18 May 2024	27 March 2024
15, 16, 17, 18 April 2024	25 May, 01, 08, 15 June 2024	24 April 2024
13, 14, 15, 16 May 2024	29 June, 06, 13, 20 July 2024	22 May 2024
17, 18, 19, 20 June 2024	27 July, 03, 10, 17 August 2024	26 June 2024
15, 16, 17, 18 July 2024	31 August, 07, 14, 21 September 2024	24 July 2024
12, 13, 14, 15 August 2024	28 September, 05, 12, 19 October 2024	21 August 2024
16, 17, 18, 19 September 2024	26 October, 02, 09, 16 November 2024	25 September 2024
14, 15, 16, 17 October 2024	16, 23, 30 November, 07 December 2024	23 October 2024
11, 12, 13, 14 November 2024		20 November 2024
02, 03, 04, 05 December 2024		11 December 2024



# NEBOSH

## Accredited Programmes



## NEBOSH

### HSE Introduction to Incident Investigation

#### About the Course

The qualification is jointly developed by NEBOSH and Great Britain's Health and Safety Regulator, the Health and Safety Executive (HSE). In this one-day course, delegates will learn how to carry out systematic and thorough investigation of non-complex incidents so that similar incidents will not recur.

There are no specific entry requirements for this qualification, however it is recommended that students have an existing underpinning knowledge of safety issues.

#### Who should attend?

This qualification is for anyone who wants to carry out incident investigations effectively.

Employers, supervisors, HSE champions, union and safety representatives will benefit. Attending the course will enable you to:

- Independently investigate simple incidents
- Gather evidence including conducting witness interviews
- Produce an action plan to prevent a recurrence of an incident
- Contribute to team investigations for large scale incidents
- Positively impact the safety culture in your organisation

#### Course Contents

- Moral, legal and financial arguments for investigations
- Human and organisational factors that can contribute to an incident
- The process for investigating incidents
- Positive interview strategies and the barriers to successful interviews
- Advanced incident investigation techniques

#### Course Duration and Assessment

The course duration is one day. It includes a practical assessment at the end of the course.

DUBAI - BLOCK	DUBAI - WEEKEND
08 January 2024	20 January 2024
12 February 2024	24 February 2024
11 March 2024	23 March 2024
08 April 2024	20 April 2024
06 May 2024	25 May 2024
10 June 2024	22 June 2024
08 July 2024	27 July 2024
12 August 2024	24 August 2024
09 September 2024	21 September 2024
07 October 2024	26 October 2024
11 November 2024	23 November 2024
09 December 2024	21 December 2024



# NEBOSH

## Accredited Programmes



## NEBOSH

### Health and Safety at Work Award

A perfect introduction to health and safety. The qualification is designed for individuals working to international standards. It provides participants with a broad overview on health & safety in the work environment. This qualification is an ideal first step towards the NEBOSH's International General Certificate.

#### Who should attend this course?

All individuals who wish to have a basic knowledge in health & safety.

DUBAI
06, 07, 08 March 2024
01, 02, 03 May 2024
03, 04, 05 July 2024
04, 05, 06 September 2024
06, 07, 08 November 2024

ABU DHABI
06, 07, 08 March 2024
01, 02, 03 May 2024
03, 04, 05 July 2024
04, 05, 06 September 2024
06, 07, 08 November 2024

JORDAN
22 - 25 January 2024
03 - 06 March 2024
20 - 23 May 2024
01 - 04 July 2024
15 - 18 September 2024
04 - 07 November 2024

#### Course Content

The content is delivered in an understandable and accessible way and will help you to:

- Gain an awareness of common workplace hazards so you can help to implement or maintain your organisation's health and safety management system
- Gain practical skills that can help keep yourself and others safe
- Apply the principles of risk assessment
- Have a positive impact on health and safety in your workplace.

#### Course Duration and Assessment

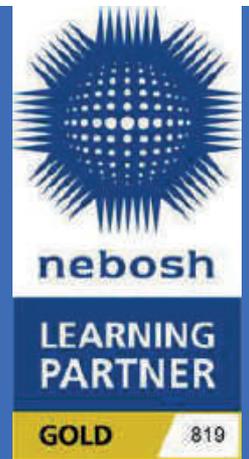
The training is spread over 3 days. After completing the course, you will be asked to complete a workplace health and safety review which:

- Considers how health and safety is managed, and how it could be done better
- Identifies health and safety issues, how they are controlled and if the risk can be reduced
- Select the most important issue for improvement
- This assessment is designed to test your ability to put into practice what you have learnt and, as it is carried out in the workplace, can add instant value to your organisation.

Once you have achieved a pass, a qualification parchment will be issued.

# NEBOSH

## Accredited Program



## NEBOSH

### HSE Award in Managing Risks and Risk Assessment at Work

#### About the course

The NEBOSH HSE Award in Managing Risks and Risk Assessment at Work is an introductory level qualification, developed in conjunction with the health and safety regulator for Great Britain, the Health and Safety Executive (HSE). It is structured around HSE's approach to controlling the risks caused by workplace hazards.

#### Who should register for this course?

Anyone involved in managing workplace health and safety risks including those who undertake risk assessments. The content will be particularly useful to employers, managers, supervisors, HSE champions and union and health and safety representatives.

#### Course Contents

At the end of the course, you will learn how to:

- Identify hazards and be aware of some of the resources that can help
- Assess risks in low to medium risk premises using simple HSE tools
- Evaluate risks in a proportionate and sensible manner
- Identify suitable control measures

#### This qualification will help you

- Develop straightforward practical skills to manage workplace risks something all employers need
- Build confidence in your risk assessment capabilities
- Contribute to the creation of a safer and healthier workplace as soon as you return to work

#### DUBAI WEEKDAY

24 January 2024

21 February 2024

27 March 2024

24 April 2024

22 May 2024

26 June 2024

24 July 2024

27 August 2024

25 September 2024

23 October 2024

26 November 2024

25 December 2024

#### Course Duration and Assessment

This is a one-day course. A practical assessment is completed at the end of the course. You will be asked to watch a video of a real workplace and complete a risk assessment to identify how you would manage and prioritise the risks present.



# NEBOSH

## Accredited Program



## NEBOSH

### Certificate in Manual Handling Risk Assessment

#### About the course

Manual handling is one of the main causes of musculoskeletal disorders. This qualification aims to help you address this, by providing the knowledge and tools required to identify manual handling risks and more importantly, prioritise controls to protect workers.

#### Who should register for this course?

Anyone involved in assessing the impact of manual handling activities in the workplace including:

- Health and safety professionals
- Workplace champions
- Employee representatives
- Occupational health practitioners.

#### Course Contents

The content is delivered in an understandable and accessible way and will help you to:

- Principles of manual handling
- Managing manual handling risk: Identification of manual handling risk
- Managing manual handling risk: Control of risk

#### Distance Learning Duration and Exam Arrangements:

Students should aim to complete their studies within six months of enrolling for the course. After completing the course, a practical assessment is completed.

After watching a video of a workplace scenario, you will be asked to complete a manual handling risk assessment using HSE tools and templates you will have learnt about through your studies.

Once you have achieved a pass, a qualification parchment will be issued.

#### Course Duration and Assessment

The training will be delivered in 1 day. A practical assessment is completed at the end of the course. After watching a video of a workplace scenario, you will be asked to complete a manual handling risk assessment using HSE tools and templates you will have learnt about through your studies.

Once you have achieved a pass, a qualification parchment will be issued.

#### NEBOSH Risk

23 January 2024

20 February 2024

26 March 2024

23 April 2024

21 May 2024

25 June 2024

23 July 2024

26 August 2024

24 September 2024

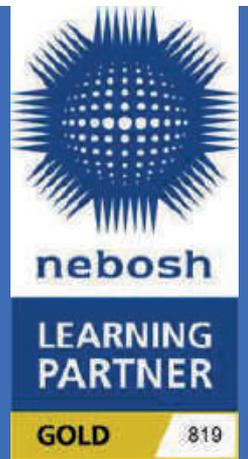
22 October 2024

25 November 2024

24 December 2024

# NEBOSH

## Accredited Program



## NEBOSH

### Working with Wellbeing

#### About the course

Working with Wellbeing is an introductory level qualification that looks at workplace wellbeing at both an individual and organisational level. This qualification is designed for those who wish to gain a greater understanding of workplace wellbeing and the factors which affect it. The qualification will also equip learners with the knowledge and understanding required to positively influence and evaluate levels of wellbeing in the workplace.

#### Who should register for this course?

If you are looking to have a positive influence on wellbeing in your workplace, this qualification is a great choice for you. It is particularly relevant to HR specialists, Health and Safety professionals and those with people management responsibilities.

#### Course Content

- Foundations of wellbeing
- The branches of wellbeing; benefits and what this means in practice
- Interventions in the workplace

#### Course Duration and Assessment

- One day training.
- Unit WEL1 is assessed by a practical assignment that should take around 1 hour to complete.

#### DUBAI WEEKDAY

25 January 2024

22 February 2024

28 March 2024

25 April 2024

23 May 2024

27 June 2024

25 July 2024

28 August 2024

26 September 2024

24 October 2024

29 November 2024

26 December 2024



# NEBOSH

## Accredited Program



## NEBOSH

### IIRSM Certificate in Managing Risk

#### E - Learning

##### About the course

Effective risk management helps ensure better decisions are made that will protect people, organisations, and reputations.

On completion of this course, you will gain knowledge about:

- The principles of risk and risk management
- The risk management process and framework based on ISO 31000
- The relationship between psychology and decision-making
- The environment in which an organisation operates, identifying potential risks and opportunities
- The relationship between risk management, business continuity, crisis management and organisational resilience

##### Who should register for this course?

Anyone who wants to be able to identify, evaluate, and manage organisational risks and understand their impacts. It is particularly relevant for risk professionals looking to gain a broader view of risk beyond a specialism such as health and safety, quality, or business continuity.

##### Course Contents

Element 1 – Principles of risk and risk management:

- Understand the principles of risk and risk management
- Source and challenge the validity of risk information
- Understand the impact of psychology on decision making

Element 2 – The risk management process

- Apply the risk management process to manage risk effectively

Element 3 – The risk management framework

- Understand how to integrate the risk management framework into your organization

##### Workbook

The NEBOSH IIRSM Certificate in Managing Risk eLearning course provides everything you need to complete your studies and prepare for your assessment. The course fee is NOT inclusive of a workbook however learners can separately purchase the hard copy workbook directly from NEBOSH and/or the ebook via Learning Partner. This is optional rather than essential purchase.

##### Assessment

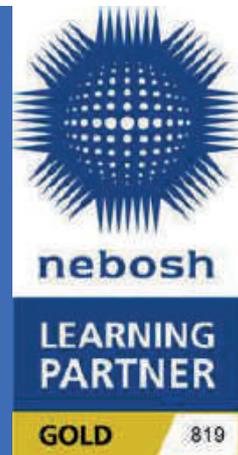
To achieve the qualification, you must complete and pass the Unit MAR1 assessment.

- The assessment is an onscreen multiple-choice examination for one-hour.
- After you have completed the e-Learning course, you may take the assessment at any time.
- You will receive your results immediately.
- You have two attempts at the assessment.

If you achieved a Pass, you are considered to have completed the qualification and an e-certificate will be issued instantly.

# NEBOSH SELF STUDY

## Accredited Programmes



NEBOSH International Diploma for OHS Professionals  
NEBOSH International General Certificate  
NEBOSH Fire Safety Certificate  
NEBOSH International Technical Certificate in Oil and Gas  
NEBOSH HSE Certificate in Process Safety Management  
NEBOSH Health and Safety at Work Award  
NEBOSH HSE Award in Managing Risks and Risk Assessment at Work  
NEBOSH Certificate in Manual Handling Risk Assessment

**Distance learning is an affordable and flexible learning option. Best of all, this option is available to you anywhere in the world.**

- Upon enrolling, you will receive a comprehensive study package.
- Course books specially designed for the international market
  - Mock exam papers
  - Unlimited advice and support via email or phone
  - Feedback and guidance on your mock exams and project paper
  - NEBOSH International General Certificate students are welcome to attend two days of revision classes in Dubai only
  - NEBOSH International Diploma students are welcome to attend two days of training in any of the classes per Unit (DI1, DI2, DI3)
  - Access to live online class (6-month access per unit)
  - Free Webinars to prepare for exams



# Accredited Professional Diploma Occupational Health & Safety (Arabic and English)



The UK accredited Professional Diploma in Occupational Health and Safety is designed for individuals aspiring to have a career in health and safety. The program is specially designed to provide individuals with the expertise required to follow a career as a Health and Safety practitioner.

The Professional Diploma is unique in that unlike other HSE programs it has a specific unit on security management. The other unique feature is that it has both international regulations, and UAE Federal HSE regulations enabling HSE practitioners to be well equipped to deal with the challenges of working and enforcing the HSE regulations in a diverse workplace.

## Course Structure

There are two modes of study.

- 1) Distance Learning  
This is a self-study option which gives learners the flexibility to study at their own pace.
- 2) Blended learning  
This is a combination of 14 classroom sessions and self-study.

The Professional Diploma consists of 3 Units

UNIT	TITLE
PD1	Health & Safety Management
PD2	Common Hazards and Fire Safety
PD3	Practical Assignment

## Course Assessment

PDs 1 & 2: Each Unit examination consists of 50 multiple choice questions.  
PD 3: Learners are required to submit a written assignment set by the tutor.

BLOCK	WEEKEND - SUNDAY	WEEKEND - SUNDAY (EVENING)	EXAM and SUBMISSION DATES
11, 12, 13, 14, 15 March 2024 15, 16, 17, 18, 19 April 2024 06, 07, 08, 09 May 2024	17, 24, 31 March, 07, 14 April 2024 21, 28 April, 05, 12, 19 May 2024 26 May, 02, 09, 16 June 2024	17, 24, 31 March, 07, 14 April 2024 21, 28 April, 05, 12, 19 May 2024 26 May, 02, 09, 16 June 2024	PD1-11 March 2024 / 09 September 2024
13, 14, 15, 16, 17 May 2024 10, 11, 12, 13, 14 June 2024 08, 09, 10, 11 July 2024	05, 12, 19, 26 May, 02 June 2024 09, 16, 23, 30 June, 07 July 2024 14, 21, 28 July, 04 August 2024	05, 12, 19, 26 May, 02 June 2024 09, 16, 23, 30 June, 07 July 2024 14, 21, 28 July, 04 August 2024	PD2 - 28 April 2024 / 28 October 2024
22, 23, 24, 25, 26 July 2024 19, 20, 21, 22, 23 August 2024 16, 17, 18, 19 September 2024	04, 11, 18, 25 August, 01 September 2024 08, 15, 22, 29 September, 06 October 2024 13, 20, 27 October, 03 November 2024	04, 11, 18, 25 August, 01 September 2024 08, 15, 22, 29 September, 06 October 2024 13, 20, 27 October, 03 November 2024	PD3 - 25 February, 25 April, 25 June 25 August, 25 October, 25 December 2024
23, 24, 25, 26, 27 September 2024 14, 15, 16, 17, 18 October 2024 04, 05, 06, 07 November 2024	15, 22, 29 September, 06, 13 October 2024 20, 27 October, 03, 10, 17 November 2024 24 November, 01, 08, 15 December 2024	15, 22, 29 September, 06, 13 October 2024 20, 27 October, 03, 10, 17 November 2024 24 November, 01, 08, 15 December 2024	
18, 19, 20, 21, 22 November 2024 16, 17, 18, 19, 20 December 2024 13, 14, 15, 16 January 2025	03, 10, 17, 24 November, 01 December 2024 08, 15, 22, 29 December 2024, 05 January 2025 12, 19, 26 January, 02 February 2025	03, 10, 17, 24 November, 01 December 2024 08, 15, 22, 29 December 2024, 05 January 2025 12, 19, 26 January, 02 February 2025	

# ONLINE SAFETY

## Critical Courses

Over 2,500 online courses to choose from. Visit [www.hsecouncil.org](http://www.hsecouncil.org) for details.

### RANGE

Drilling  
Electrical  
Environmental  
Mechanical  
Operations  
Personal Effectiveness Skills  
Process Operations  
Safety

### Sub Categories:

Accounting  
Air Conditioning and Refrigeration Systems  
Asset Integrity  
Behavioural  
Business Development  
Business Skills  
Chemical and Laboratory  
Chemical Equipment  
Chemical Processing  
Chemistry Theory  
Communication  
Decommissioning  
Downstream Processing  
Drilling Operations  
Electrical Equipment and Components  
Electrical Maintenance  
Electrical Safety  
Electrical Systems  
Electrical Theory  
Electrical Wiring  
Emergency Response  
Emissions  
Energy Conservation  
Environmental Theory  
Exploration  
General  
Hazardous Substances  
Human Resources  
Hydraulic and Fluids  
Instrumentation and Control

Introductory  
IT  
Leadership  
Maintenance  
Management  
Mandatory  
Maritime  
Mechanical Equipment  
Mechanical Maintenance  
Mechanical Systems  
Mechanical Theory and Instrumentation  
Office Skills  
Oil and Gas Familiarisation  
Oil and Gas Processing  
Operational Energy Conservation  
Operational Safety  
Operations Theory and Awareness  
Operator Responsibilities  
Personal Safety  
Planning  
Plant and Equipment  
Pollution Prevention  
Power Distribution  
Power Generation  
Production  
Project Management  
Quality  
Refining and Transportation  
Renewables  
Safe Systems of Work  
Safety Management  
Social  
Systems  
Travel and Security  
Upstream Processing  
Utilities  
Waste  
Waste Management  
Water / Wastewater Treatment  
Welding

# ONLINE OPITO

## Approved Courses

### International Minimum Industry Safety Training **IMIST**

IMIST is the International version of the Minimum Industry Safety Training, also an OPITO-approved course, developed for the global standard for Health and Safety. The course covers all job roles for personnel working in the Oil and Gas Industry across the world.

The course is available in 13 languages; US & UK English, Arabic, Hindi, Bahasa Malaysian, French, Vietnamese, Thai, Indonesian, Russian, Kazakh, Farsi and Danish.

The nine modules covered in IMIST are:

- Introduction to the Hazardous Environment
- Working Safely
- Understanding the Risk Assessment Process
- Tasks that Require a Permit to Work
- Personal Responsibility in Maintaining Asset Integrity
- Using Manual Handling Techniques Every Day
- Controlling the Use of Hazardous Substances
- Knowledge and Processes of Working at Height
- Being Aware of Mechanical Lifting Activities

The IMIST standard ensures that workers have the necessary safety awareness and training to reduce risk and ultimately reduce the number of incidents. This interactive e-learning training programme works by assessing the safety knowledge of an oil and gas worker during a random sequence of assessment questions.

#### Authorised Gas Testing

This OPITO-approved course will provide you with the knowledge and understanding to enable you to work safely when performing tests for oxygen, flammable and toxic gases.

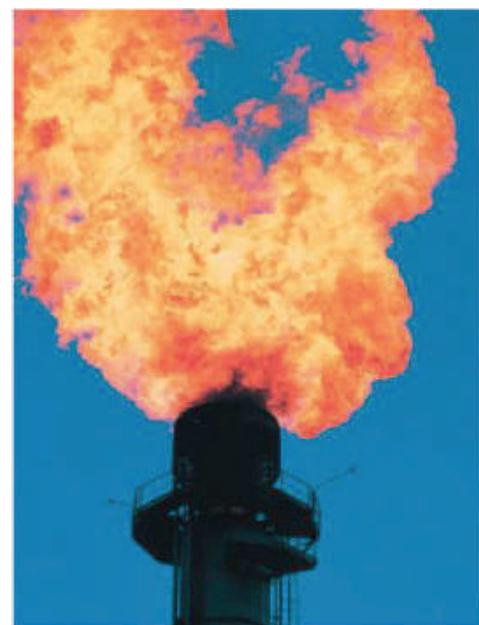
It includes testing in confined spaces, relevant legislative control, atmosphere measuring and monitoring equipment, gas testing in confined spaces and interpreting and documenting results.

The tasks authorised gas testers are required to undertake may vary depending on the workplace operation at the time. The tasks also vary in complexity and responsibility. Therefore, the AGT role has been split into three levels.

AGT Level 1 is required for those involved with performing a test for oxygen, flammable and toxic gases up to and including working in confined spaces.

AGT Level 2 is required for those involved with testing for flammable gas in preparation for hot work.

AGT Level 3 is required for those who provide safety watch duties by the ongoing monitoring of a hot work site.



## IOSH

### Managing Safely (English)

This IOSH Managing Safely course is designed for non-health and safety personnel who have to manage risk and resources. It is also suitable for those with responsibility for health & safety. It is designed to provide an overview on health & safety based on risk-based approach to prevent accidents in the workplace.

#### Who should attend this course?

Managers, supervisors and any individual with responsibilities in health & safety in any sector and any organisation. It is designed to get managers up to speed on the practical actions they need to take to handle health and safety in their teams.

#### What the course covers

- Introducing Managing safely
- Assessing risks
- Controlling risks
- Understanding your responsibilities
- Identifying hazards
- Investigating accidents and incidents
- Measuring performance

#### Assessment

- The assessment consists of
- Multiple choice exam
  - Project assignment

#### Certification

On successful completion of the IOSH Managing Safely course candidates will be awarded the accredited IOSH Managing Safely certificate.

#### Course Duration

3 days / 4 days



DUBAI - BLOCK
02, 03, 04 January 2024
12, 13, 14 February 2024
11, 12, 13 March 2024
08, 09, 10 April 2024
06, 07, 08 May 2024
10, 11, 12 June 2024
08, 09, 10 July 2024
12, 13, 14 August 2024
09, 10, 11 September 2024
07, 08, 09 October 2024
11, 12, 13 November 2024
09, 10, 11 December 2024

DUBAI - WEEKEND
13, 20, 27 January 2024
10, 17, 24 February 2024
09, 16, 23 March 2024
13, 20, 27 April 2024
11, 18, 25 May 2024
08, 15, 22 June 2024
13, 20, 27 July 2024
10, 17, 24 August 2024
14, 21, 28 September 2024
12, 19, 26 October 2024
09, 16, 23 November 2024
14, 21, 28 December 2024

ABU DHABI - BLOCK
02, 03, 04 January 2024
12, 13, 14 February 2024
11, 12, 13 March 2024
08, 09, 10 April 2024
06, 07, 08 May 2024
10, 11, 12 June 2024
08, 09, 10 July 2024
12, 13, 14 August 2024
09, 10, 11 September 2024
07, 08, 09 October 2024
11, 12, 13 November 2024
09, 10, 11 December 2024

ABU DHABI - WEEKEND
13, 20, 27 January 2024
10, 17, 24 February 2024
09, 16, 23 March 2024
13, 20, 27 April 2024
11, 18, 25 May 2024
08, 15, 22 June 2024
13, 20, 27 July 2024
10, 17, 24 August 2024
14, 21, 28 September 2024
12, 19, 26 October 2024
09, 16, 23 November 2024
14, 21, 28 December 2024

DUBAI - EVENING - 05:00 - 10.00
02, 03, 04, 05, 06 January 2024
12, 13, 14, 15, 16 February 2024
11, 12, 13, 14, 15 March 2024
08, 09, 10, 11, 12 April 2024
06, 07, 08, 09, 10 May 2024
10, 11, 12, 13, 14 June 2024
08, 09, 10, 11, 12 July 2024
12, 13, 14, 15, 16 August 2024
09, 10, 11, 12, 13 September 2024
07, 08, 09, 10, 11 October 2024
11, 12, 13, 14, 15 November 2024
09, 10, 11, 12, 13 December 2024

JORDAN
21 - 24 January 2024
03 - 05 March 2024
11 - 14 May 2024
20 - 23 July 2024
07 - 10 September 2024
23 - 26 November 2024

# IOSH

## Institute of Occupational Safety & Health

### IOSH

#### Working Safely (English)

IOSH Working Safely course is designed specifically to train employees from a wide range of backgrounds of the basic principles of health and safety in the workplace. The course covers the fundamentals of working safely especially the importance of individual responsibilities when it comes to workplace accidents. This 1 day program is accredited by the Institute of Occupational Safety and Health (IOSH).

#### Who should attend this course?

The course is ideal for people at any level, in any sector, needing grounding in the essentials of health and safety. Everyone at work should have an understanding of why they must "work safely" which the course exactly offers.

#### What the course covers

- Introducing working safely
- Defining hazard and risk
- Identifying common hazards
- Improving safety performance

#### Assessment

Multiple choice examination Hazard spotting assessment

### IOSH Fire Warden (English)

#### About the course

This training is an IOSH approved course which provides participants with an appreciation of the significance of fire safety and their responsibilities so that they can act in a competent manner in the event of fire to minimize risk and injuries and to aid in the prevention of the spread of fire.

#### Who should register for this course?

Fire wardens and those individuals who are responsible for fire safety.

#### Course Duration and Assessment

One day course. An IOSH Fire Warden Certificate will be awarded upon successful completion of the course.



#### DUBAI - BLOCK

02 January 2024
05 February 2024
04 March 2024
01 April 2024
06 May 2024
03 June 2024
01 July 2024
05 August 2024
02 September 2024
01 October 2024
04 November 2024
02 December 2024

#### DUBAI - WEEKEND

20 January 2024
23 March 2024
20 April 2024
18 May 2024
22 June 2024
20 July 2024
17 August 2024
19 October 2024
16 November 2024

#### DUBAI - BLOCK

19 January 2024
23 February 2024
22 March 2024
26 April 2024
24 May 2024
28 June 2024
26 July 2024
23 August 2024
27 September 2024
25 October 2024
22 November 2024
20 December 2024

#### DUBAI - WEEKEND

20 January 2024
17 February 2024
23 March 2024
04 May 2024
01 June 2024
13 July 2024
17 August 2024
14 September 2024
05 October 2024
16 November 2024
14 December 2024

## IOSH

### Environment for Business

#### About the course

Environment for Business is a completely different approach to environmental training for managers and supervisors. You'll find a practical programme, full of step-by-step guidance, and a sharp business focus. But you'll also find that the content engages and inspires your staff-critical & to getting the message embedded across the whole organisation.

#### Who should register for this course?

Environment for Business is designed for managers and supervisors in any sector, and any organisation worldwide, who require an awareness of environmental impact and sustainability

The course covers:

- What is meant by the term 'environment'
- How the environment can impact upon organisations
- How organisations can impact the environment
- Ways in which organisations can minimise environmental risks, and maximise sustainable opportunities.

#### Course Duration and Assessment

The course duration is 1 day which includes a closed book written multi-format examination. Successful candidates will be awarded an IOSH certificate in Environmental for Business.



Approved  
training  
provider  
1882

#### DUBAI - WEEKDAY

23 January 2024
20 February 2024
26 March 2024
23 April 2024
21 May 2024
25 June 2024
23 July 2024
27 August 2024
24 September 2024
22 October 2024
26 November 2024
24 December 2024

# IEMA

# The Institute of Environmental Management Assessment

## IEMA Introduction to Environmental Awareness

#### About the course

This one day course provides an introduction to understanding how the earth works, how humans are part of it, what it means to your organisation and identifying actions to take. Sustainable business practices not only save costs but also build brand and other "non-financial" value, improves access to capital, fosters innovation and strengthens competitive advantage. The business and your staff benefit from sound environmental knowledge.

#### Who should register for this course?

This course is suitable for anybody with an interest and responsibility for environmental issues. From operator through to senior manager level.

This course is designed "to turn the lights on" regarding the risks and opportunities in an organisation's environmental performance.

- Overview of Earth's natural cycles
- Sustainable development
- The business case
- Environmental legislation
- Business impacts and actions
- Measuring performance
- Protecting our environment

#### Course Duration and Assessment

The course duration is one day. Successful candidates will be awarded an IEMA certificate.



#### DUBAI - WEEKDAY

06 January 2024
10 February 2024
09 March 2024
13 April 2024
04 May 2024
08 June 2024
06 July 2024
10 August 2024
14 September 2024
05 October 2024
09 November 2024
07 December 2024

# Medic First Aid

## Courses

### Medic First Aid (English & Arabic)

This training provides participants with knowledge and basic skills on how to properly respond immediately to workplace injuries or medical emergencies.

#### Who should attend this course?

This training is recommended for all individuals.

#### Hands-On Skill Practice

Students will practice essential skills in small group practices and can also apply those skills in optional scenario-based practices.

#### Course Contents

- First Aid Provider
- Recognizing an Emergency
- Personal Safety
- Deciding to Help
- Infectious Bloodborne Diseases
- Standard Precautions
- Personal Protective Equipment
- Legal Considerations
- Implied Consent
- Abandonment
- Good Samaritan Laws
- Emergency Medical Services
- Emergency Actions Plans
- Poison Help Line
- Emergency Moves
- Oxygen and the Human Body
- Sudden Cardiac Arrest
- Cardiopulmonary Resuscitation (CPR)
- Early Defibrillation
- Chain of Survival
- Secondary Cardiac Arrest
- Opioid Overdose
- Chest Compressions
- Rescue Breaths
- AED Operation
- AED Troubleshooting & Considerations
- Primary Assessment - Unresponsive Person
- Recovery Position
- Caring for Cardiac Arrest
- Multiple Provider Approach to CPR
- Choking
- Assessment
- Primary Assessment - Responsive Person
- Sudden Injury
- Control of Bleeding
- Tourniquets
- Hemostatic Dressings
- Shock
- Internal Bleeding
- Head, Neck, or Back Injury
- Spinal Injury
- Brain Injury
- Concussion
- Swollen, Painful, or Deformed Limb
- Burns
- Nosebleed
- Injured Tooth
- Altered Mental Status
- Fainting
- Stroke
- Hypoglycemia
- Seizure
- Breathing Difficulty, Shortness of Breath
- Asthma and Inhalers
- Severe Allergic Reaction
- Pain, Pressure, or Discomfort in Chest
- Poisoning
- Heat Exhaustion
- Heat Stroke
- Hypothermia
- Frostbite



#### Certification

A MEDIC FIRST AID wall certificate is awarded upon successful completion of the course.

#### Recognized Period

Up to 2 years

#### Course Duration

One Day

#### DUBAI - WEEKDAYS Basic First Aid

15 January 2024

19 February 2024

18 March 2024

22 April 2024

20 May 2024

24 June 2024

22 July 2024

19 August 2024

23 September 2024

21 October 2024

18 November 2024

16 December 2024

#### DUBAI - WEEKEND

03 February 2024

06 April 2024

03 August 2024

05 October 2024

#### JORDAN - WEEKDAYS Basic First Aid

02 - 03 January 2024

12 - 13 February 2024

25 - 26 March 2024

22 - 23 April 2024

20 - 21 May 2024

24 - 25 June 2024

01 - 02 July 2024

05 - 06 August 2024

23 - 24 September 2024

21 - 22 October 2024

18 - 19 November 2024

23 - 24 December 2024

# Medic First Aid Courses



## Medic First Aid (English & Arabic)

### Train the Trainer Course

The MEDIC FIRST AID Train the Trainer course prepares candidates to become MEDIC First Aid Instructors.

The training process includes practicing the step by step requirements for delivery of a one day basic MEDIC First Aid Course. This is particularly useful for individuals who wish to become MEDIC First Aid Instructors or those wishing to do a refresher training.

### Course Contents

- The MEDIC FIRST AID Difference
- MEDIC FIRST AID Training Philosophies
- Medical Source Authorities
- MEDIC FIRST AID's Integrated Learning Model
- Adult Learning Principles
- MEDIC FIRST AID Training Programs
- Role of the Instructor
- MEDIC FIRST AID Training Materials
- Introduction to the Instructor Guide
- Using Instructional Pages

- Showing Program Video Segments
- Referring to Student Guide Pages
- Performing Real-Time Demonstrations
- Facilitating a Small-Group Practice
- Observing Reasonable Performance
- Accommodating Slow Learners or Difficult Students
- Facilitating Talk-Through Scenarios
- Facilitating Performance Evaluations
- Facilitating Written Knowledge Reviews

### Certification

On successful completion of the course participants will receive an accredited MEDIC First Aid International Certificate.

### Recognition Period

1 year

### Course Duration

3 Days



### MFA - TRAIN THE TRAINER

16, 17, 18 January 2024
20, 21, 22 February 2024
19, 20, 21 March 2024
23, 24, 25 April 2024
21, 22, 23 May 2024
25, 26, 27 June 2024
23, 24, 25 July 2024
20, 21, 22 August 2024
24, 25, 26 September 2024
22, 23, 24 October 2024
19, 20, 21 November 2024
17, 18, 19 December 2024

# Accredited General Train The Trainer

## General Train the Trainer

The Train the Trainer programme is designed to a very practical level, aimed at developing awareness and understanding of and reflection on issues relating to techniques & styles in training/ presentation at different levels of interaction.

The delivery technique can range from training to informal "talks" at staff meetings, to presenting lengthy, complex, critical information to an audience in an auditorium. This program is aimed at encouraging individuals to take a constructively critical approach to developing their personal teaching and presentation skills.

The three-day intensive course is very much hands-on and delivered on a practical level, requiring attendees to evaluate their own skills & resources and to identify strategies for continuous self- assessment and development.

### Course Objectives:

By the end of the course, participants will be able to :

- Understand the structure of preparation - audience,

venue, pre & post presentation

- Identify and adapt to audience styles and attitudes
- Make appropriate use of training facilities and resources
- Identify strategies to maximise reception and understanding of target knowledge, skills, Attitudes and behaviours
- Ensure that the learning intervention addresses specific individual and/or group needs
- Provide appropriate, effective and constructive feed back
- Use techniques to maintain control of and motivate groups and individuals
- Deal with audience reactions
- Have basic understanding of body language
- Effectively supervise, delegate, manage time, coach rather than tell, neutralize conflict and promote team spirit.

### Course Duration

The duration is 3 days



### DUBAI - WEEKDAYS

22, 23, 24 January 2024

19, 20, 21 February 2024

25, 26, 27 March 2024

15, 16, 17 April 2024

20, 21, 22 May 2024

24, 25, 26 June 2024

15, 16, 17 July 2024

26, 27, 28 August 2024

23, 24, 25 September 2024

21, 22, 23 October 2024

25, 26, 27 November 2024

16, 17, 18 December 2024

# DNV GL

# ISO AND RISK MANAGEMENT

DNV GL is an independent foundation with the purpose of safeguarding life, property, and the environment. Headquartered in Oslo, Norway, DNV GL has worked internationally since 1867 and has established approximately 300 offices in 100 countries. As a knowledge-based company, its prime assets are the creativity, knowledge, and expertise of our 9,000 employees from more than 85 different nations. International HSE Council in association with DNV GL is pleased to offer the following internationally recognized accredited programs.



## **ISO 9001:2015-Quality Management System**

Quality management system (ISO 9001:2015) provide a framework for focus on customer and product requirements, process performance and effectiveness with emphasis on continual improvement and objective measurement.

## **Integrated Management System**

Effective Integrated Management Systems (IMSs) take into consideration all activities that have an effect on the business and are implemented at all levels within an organization regardless of its size or function. A management system, be it quality, health & safety, environmental should operate seamlessly across all components as part of the day-to-day business functioning.

## **Occupational Health And Safety Management Systems Auditor/lead Auditor Course Based On**

### **ISO 45001:2018 (CQI IRCA Certified Course ID: 1877)**

This course is designed to develop a clear understanding of safety management in the modern era and provide those involved in audit conduct and management with the skills to fulfil their role.

## **ISO 45001 OHSMS Lead Auditor Course (CQI IRCA)**

This course is designed to provide participants with the knowledge and skills required to perform first, second and third-party audits of management systems against the requirements of the ISO 45001:2018, in accordance with the guidance given in the ISO 19011 for first and second party audits as well as the requirements of the ISO 17021 for third party audits.

### **Who should attend?**

This course is recommended for anyone who is planning to perform internal audits/preparing to become an external auditor of OHSMS management system as per ISO 45001 standard.

## **ISO 45001 Auditors Migration Course (CQI IRCA)**

This migration training course pack provides you the knowledge of the changes on the new standard ISO 45001 as compared to OHSAS 18001 and the skills required to audit against the new standard. It is recommended for professionals working in organizations certified to OHSAS 18001 standard that has been revised.

## **ISO 9001:2015 QMS Lead Auditor Course (CQI IRCA)**

This course is designed to provide participants with the knowledge and skills required to perform first, second and third-party audits of management systems against the requirements of the ISO 9001:2015, in accordance with the guidance given in the ISO19011 for first and second party audits as well as the requirements of the ISO17021 for third-party audits.

### **Who should attend?**

Anyone intending to perform audits of a quality management system. Note that, while this course is applicable to first, second, and third-party audits, this course is taught from the third party (Certification Body) perspective. An attendee can both start their journey down the third-party auditor route, and/or have an understanding of what third party auditors look for.

## **Integrated Management System Internal Auditor Course (ISO 9001:2015, ISO 14001:2015 & ISO 45001:2018)**

To enable participants to gain a practical knowledge of how to seek compliance & audit integrated Quality, Environment & Occupational Health and Safety Management systems to comply with the requirements as per ISO 9001:2015, ISO 14001:2015 & ISO 45001:2018 and to effectively participate in the implementation of requirements.

# ALPHA MARINE CONSULTING P.C.

Alpha Marine Consulting has developed specialized know-how, gained significant experience with various types of vessels. Its activities cover most of the fields of marine training and consulting services, providing end-to-end services to the maritime industry.

## Consulting services to Shipping Industry

- Engineering Solutions
- New buildings – plan approval - supervision during construction
- Studies, Manuals and Plans
- Gap Analysis / upgrading of existing Management Systems vs. TMSA, SIRE 2.0, RightShip, CDI and DryBMS requirements, ISO standards, USCG/ECP, etc.
- Surveys / Audits / Supervision / Attendances
- Incident Investigations / Risk Assessments / Crisis Management
- Safety Culture / Safety Leadership / Human Factors Assessments & Improvement Plans
- Technical & Behavioural Competency Assessment & Verification

## Consulting services to Marine Terminals

- Ships' vetting on behalf of Terminal Operators
- Compilation of Port Information & Jetty Regulations Manuals and Mooring Pictograms (MTMSA)
- Preparation of Port Operating and Emergency Procedures Manuals
- Training terminal personnel on Ship / Shore Interface
- Managing risks during Cargo and Mooring operations

## Consulting services to Heavy Industry and Oil & Gas industry

- Integrated Quality / Environment and Safety Management Systems
- Occupational health and Safety Management Systems (ISO 45001)
- Environmental Management Systems (ISO 14001)
- ATEX HAC (Hazardous Area Classification)
- Project Safety Management P-HSE-MMS ®
- Re-engineering for Excellence in Safety and Business Performance (BRBO)©
- Emergency and Contingency Plans
- Process Safety QRA SIL HAZOP HAZID
- EHSS Software Solutions

## TRAINING COURSES

### A. ISM & OTHER STATUTORY REQUIREMENTS

1. ISM Code Awareness and Implementation
2. ISM and DPA – Role and Responsibilities
3. MoC - Management of Change (as per TMSA & DryBMS)
4. MLC 2006 Awareness & latest amendments
5. Integrated Maritime Internal Auditor (ISM, ISPS, MLC)
6. STCW 2010 (Manila Amendments and Implementation)
7. Risk Assessment & Risk Management (as per TMSA & DryBMS)
8. Incident Investigation and Root Cause Analysis (as per TMSA & DryBMS)
9. Emergency Procedures and Response (as per TMSA & DryBMS)
10. Understanding SOLAS Convention
11. Ship Safety Officer

### B. SECURITY – CYBER SECURITY

1. Maritime Security Awareness – ISPS Code
2. Company Security Officer & ISPS Code
3. Cyber-Security Awareness as per IMO, TMSA & DryBMS

### C. ISO STANDARDS

1. ISO 9001 / 14001 / 45001 / 50001 Awareness, Implementation & Internal Auditor Trainings

### D. ENVIRONMENTAL

1. MARPOL – All Annexes
2. Oil Record Book Part I & Part II
3. Ballast Water Management Plan and treatment systems (BWTS)
4. IHM (Inventory of Hazardous Material)
5. Avoidance of “Magic Pipe” cases in USA and other areas - Environmental Compliance Plan
6. MARPOL ANNEX V (Garbage Management) and VI, SEEMP, IMO-DCS, EU-MRV, EEDI, EEOI, EEXI, CII trainings
7. VGP Awareness

### E. SOFT SKILLS & BUILDING SAFETY CULTURE

1. TMSA 3 Awareness, the Oil Majors Perspective / Dry Bulk Management Standard (DryBMS) etc.
2. Vetting Inspections as per SIRE 2.0 Requirements / RightShip Requirements (RISQ 3) etc.
3. Marine / Technical Superintendent course as per TMSA/DryBMS
4. Preparation for PSC Inspections and Recommendations to Avoid Detainable Deficiencies
5. Navigational Assessment as per OCIMF/RightShip
6. ISGOTT Edition 6
7. TMSA 3 Awareness, the Oil Majors Perspective / Dry Bulk Management Standard (DryBMS) etc.
8. Vetting Inspections as per SIRE 2.0 Requirements / RightShip Requirements (RISQ 3) etc.
9. Marine / Technical Superintendent course as per TMSA/DryBMS

### F. VETTING & OPERATIONAL REQUIREMENTS

1. TMSA 3 Awareness, the Oil Majors Perspective / Dry Bulk Management Standard (DryBMS) etc.
2. Vetting Inspections as per SIRE 2.0 Requirements / RightShip Requirements (RISQ 3) etc.
3. Marine / Technical Superintendent course as per TMSA/DryBMS
4. Preparation for PSC Inspections and Recommendations to Avoid Detainable Deficiencies
5. Navigational Assessment as per OCIMF/RightShip
6. ISGOTT Edition 6

# Accredited Practical Courses

## Emergency Preparedness

In all cases where there is potential serious harm to people at work and affected by work, emergency preparedness by way of proper planning and testing will reduce the consequences of on-site emergencies and help to mitigate the effects. On this two day training, workers will learn how to be prepared and correctly respond during an emergency.

## Confined Space Entry And Rescue

This two day course is physical and will be probably more physical than the delegate encounters in their normal daily workplace. Participants will be taught on the use of the tripod/quad pod plus either winch or retractable retrievable fall arrest block as a means of access to confined spaces, plus rescue and emergency evacuation from either a horizontal or vertical confined space. This program is only recommended for participants who are physically fit and healthy.

## Fire fighting

This one day program is a combination of theory and practical training on fire prevention and fire fighting techniques. The course will take the participants through a range of fire related topics; principles of fire triangle, location of fire fighting equipment and

escape routes, fire chemistry and ignition sources, fire hazards, flammable materials and fire spread, need for vigilance and readiness for emergency response, fire/smoke detection and alarm systems, portable fire fighting equipment, PPE & RPE. The afternoon practical session includes using hand-held firefighting equipment on real fires. Every participant takes part in using the extinguishers.

## Fire Warden

This course is designed to help participants understand:

- Evacuation and assembly principles and procedures
- Fire, bomb threat, and other emergencies and their
- Effects on the workplace
- Fire equipment and correct method of fighting a fire
- Efficient evacuation of the workplace with consideration of special people who may require additional assistance

FIRE WARDEN	MANUAL HANDLING	PERMIT-TO-WORK/ CONFINED SPACE	H2S SAFETY AWARENESS	ERGONOMIC/ WORKSTATION ASSESSMENT	WORKING AT HEIGHT
Dubai	Dubai	Dubai	Dubai	Dubai	Dubai
19 January 2024	22 January 2024	15 January 2024	08 January 2024	13 January 2024	05 February 2024
23 February 2024	26 February 2024	19 February 2024	12 February 2024	10 February 2024	06 May 2024
22 March 2024	25 March 2024	11 March 2024	18 March 2024	09 March 2024	04 August 2024
26 April 2024	22 April 2024	08 April 2024	15 April 2024	04 May 2024	04 November 2024
24 May 2024	20 May 2024	06 May 2024	13 May 2024	13 July 2024	
28 June 2024	22 July 2024	03 June 2024	15 July 2024	07 September 2024	
26 July 2024	21 October 2024	08 July 2024	12 August 2024	09 November 2024	
23 August 2024	25 November 2024	19 August 2024	16 September 2024		
27 September 2024	23 December 2024	09 September 2024			
25 October 2024		07 October 2024			
22 November 2024		09 December 2024			
20 December 2024					
				RISK ASSESSMENT	ACCIDENT INVESTIGATION
				Dubai	Dubai
				02 January 2024	12 February 2024
				04 March 2024	15 April 2024
				06 May 2024	17 June 2024
				08 July 2024	26 August 2024
				09 September 2024	14 October 2024
				04 November 2024	16 December 2024

# Accredited General Courses

## General HSE courses

- Health and Safety Awareness - One day and Two days
- Health and Safety Awareness for Senior Executives
- Supervising Safely
- Fire Warden/ Fire Safety Awareness
- Fire Fighting
- Advanced Fire Fighting
- Fire Risk Assessment
- Risk Assessment
- Advanced Risk Assessment
- Working at Heights
- Confined Spaces Entry Safety Awareness - One day
- Confined Space Entry and Rescue
- Breathing Apparatus
- Gas Tester Training
- Emergency Preparedness
- Emergency Preparedness & Response
- Spill Prevention
- Hazardous Materials (HAZMAT)
- Control of Substances Hazardous to Health (CoSHH)
- Chemical Handling Awareness
- Waste Management Techniques
- Electrical Safety
- Ergonomics Awareness
- Manual Handling
- Office Safety
- Workplace Safety
- Health & Safety Awareness
- Advanced Health & Safety
- Health & Safety Risk Assessment
- Accident-Incident Investigation
- Fork Lift Operator Safety
- Bobcat/ Skid Steer Operation Training
- Overhead Gantry Crane Operator Safety

## HSE Short Courses

- Noise Hazards and Hearing Loss
- Hand Arm, Upper and Whole Body Vibration
- Equipment and Power Tools Inspection
- Scaffold Safety Awareness Training
- Slinger & Banksman
- Safe Lifting & Slinging
- Permit to Work (Hot & Cold Work, Confined Space and Working at Height)
- Working at Heights
- Safe Work Permit
- Heat Stress and Fatigue
- Eye and Face Safety
- Construction Safety
- Root Cause Analysis
- H2S Safety Awareness
- Safety Excavation
- Defensive Driving/ Driver Safety
- Slips, Trips and Falls
- Personal Protective Equipment (PPE)
- Stress Management
- Crowd Management Training
- Straddle Carrier Safety Operation
- Jib Crane Safety Operation
- Static Electricity
- Behaviour Based Safety
- Developing Safety Culture
- Evaluating Safety Culture
- Advanced Safety Management
- Warehouse Safety Awareness
- Warehouse Safety Operations
- Job Safety Analysis
- IEMA Approved Introduction to Environmental Awareness
- Ergonomic/Workstation Assessment
- Accident/Incident Investigation
- Manual Handling

# Accredited General Courses

## Plant and Logistics Training

- Fork Lift Safety
- Crane Operation Safety
- Rigging, Slings & Lifting
- Slinger and Banksman Training
- Safety Harness Training
- Overhead Gantry Crane Safety

## Soft Skills Courses

- Body Language Basics
- Call Centre Training
- Change Management
- Customer Service
- Employee Motivation
- Time Management
- Goal Setting and Getting Things Done
- Marketing Basics
- Measuring Results from Training
- Organizational Skills

- Overcoming Sales Objectives
- Performance Management
- Presentation Skills
- Public Speaking
- Risk Assessment and Management
- Train the Trainer

## Soft Skill Workshops

- Conflict Resolution Workshop
- Time Management Workshop
- Teamwork and Team building Workshop
- Creative Problem Solving Workshop
- Communication Strategies Workshop
- Coaching and Mentoring Workshop

## In-House Training Courses

- In-house training can be delivered anywhere, anyplace and anytime.



# Council Partners

In collaboration with strategic partners, the International HSE Council provides world class service and internationally sought after qualifications.

## NEBOSH

NEBOSH (The National Examination Board in Occupational Safety and Health) is an independent awarding body formed in 1979.



NEBOSH qualifications are recognised by professional membership bodies including the Institution of Occupational Safety and Health (IOSH) & the International Institute of Risk and Safety Management (IIRSM).

NEBOSH qualifications are globally recognised and taken by people working in all types of industries

[www.nebosh.org.uk](http://www.nebosh.org.uk)

## IOSH

IOSH is Europe's leading body for health and safety professionals. The Institution was founded in 1945 and is an independent, not-for-profit organisation that sets professional standards, supports and develops members and provides authoritative advice and guidance on health and safety issues.



[www.iosh.co.uk](http://www.iosh.co.uk)

## IEMA

The Institute of Environmental Management and Assessment (IEMA) is a not-for-profit membership organisation established to promote best practice standards in environmental management, auditing and assessment. IEMA is a leading international membership-based organisation dedicated to the promotion of sustainable development, and to the professional development of individuals involved in the environmental profession.



[www.iema.net](http://www.iema.net)

## MEDIC FIRST AID International

MEDIC FIRST AID International is a worldwide innovator and leader in CPR/first aid emergency care training programs. Over the last 30 years more than ten million people have undergone MEDIC First Aid training.



[www.hsi.com](http://www.hsi.com)

## CONSIST

Since its inception in 1996 CONSIST has trained over 34,000 candidates from local and international companies in a wide range of disciplines ie; health and safety, offshore survival, aviation safety & survival and marine safety.



Over the years more than 100 companies from various industries have trained with CONSIST.

CONSIST has established four entities within the group namely CONSIST Training Centre, CONSIST Centre, CONSIST Aviation and CONSIST College, each offering world-class training programmes

[www.consist.com.my](http://www.consist.com.my)

## Innovation HSEC Training and Consultancy

Innovation HSEC Training and Consultancy is part of International HSE Council (IHSEC) group of companies. In association with IHSEC, Innovation HSEC offers a wide range of internationally recognized accredited courses by NEBOSH, IOSH, IEMA, and MEDIC First Aid as well as bespoke courses.



[www.hsecouncil.org](http://www.hsecouncil.org)

# Council Partners

**Working together to meet the needs of organisations globally**

## **SHE-CON Environment & Occupational Safety Consulting**

SHECON offers internationally recognized accredited courses related to Environment and Occupational Health & Safety, and also provides various skills training such as, lifting operation, fork lift truck operation, Hot Work, Manual Handling, Fall Protection, Scaffolding, Confined Space, in addition to various types of machinery controls and guarding.



[www.she-con.com](http://www.she-con.com)

## **The IIRSM**

The International Institute of Risk and Safety Management (IIRSM) is a professional body for health and safety practitioners. It was created to advance professional standards in accident prevention and occupational health throughout the world.



[www.iirsm.co.uk](http://www.iirsm.co.uk)

## **DNV GL Middle East**

DNV (Det Norske Veritas) is an independent foundation with the purpose of safeguarding life, property, and the environment. Headquartered in Oslo, Norway, DNV has worked internationally since 1867 and has established approximately 300 offices in 100 countries. As a knowledge-based company, its prime assets are the creativity, knowledge, and expertise of our 9,000 employees from more than 85 different nations.



## **IPES**

Innovative Petrochemical Engineering Services (IPES) is a Pvt.Ltd Co. formed by experienced and seasoned professionals from the industry and is registered in Cochin, Kerala, India. IPES's goal is to realise business opportunities in the Oil & Gas, Petrochemical, Power and Aviation Industries by offering Innovative Solutions in engineering, inspection, repair, maintenance, training and trading services.



## **Safenviro**

Safenviro, a premier organisation, provides face-to-face bespoke and accredited health, safety and environmental training to all industry sectors in South East Asia, Australia and New Zealand.



## **Joffren Omar Company Sdn Bhd**

Incorporated in 1982, Joffren Omar Company Sdn Bhd JO is one of the leading services contractors in Brunei Darussalam.



The organization established its Learning & Development Centre in 2008 offering a range of internationally accredited courses and bespoke consultancy services. With its international partners, JO's fully equipped training centre delivers competency-based courses in health, safety & environment, and skills training in welding, scaffolding, working-at-heights & rescue, and defensive driving.

# COUNCIL PARTNERS



## ALPHA MARINE CONSULTING

We are proud to be one of the largest and most successful marine consulting firms in Europe with over 40 years of experience.

Our team comprises of Naval Architects and Marine Engineers, Mechanical and Electrical Engineers, Designers, Ship Surveyors and Auditors, Human Factors specialists, Master Mariners and other experts.

We keep abreast of developments and serve the needs of our clients through cost-effective implementation of the latest standards for design, engineering, safety culture & human factors improvement plans, construction and operation of ships, including Safety Management Systems, surveys, audits and training.

Committed to our principles, we are dedicated to serve and continually improve maritime industry standards of excellence.

## RIHANNA FOR TRAINING AND CONSULTANCY (RTC)



Rihanna for Training and Consultancy (RTC) is a distinguished organization founded by experienced professionals dedicated to promoting safety and well-being in workplaces. Accredited internationally and with a strong presence in the Middle East, RTC delivers high-quality training and consultancy services across various industries, fostering talent and forging long-term strategic relationships to elevate Health, Safety, and Environmental standards.

## UNITED EDUCATION



United Education specializes in the provision of HSE, Technical and Management training services. They continuously update its curriculum to keep pace with the latest industry trends and technologies. Their programs cover a wide range of topics, including exploration, drilling, production, and safety protocols. The company collaborates with industry experts and professionals who bring real-world experience into the classroom. This ensures that participants receive practical insights and valuable perspectives that cannot be found in textbooks alone. United Education spares no efforts in providing top-notch facilities, including simulation labs, equipment, and interactive learning environments. These resources allow attendees to gain hands-on experience and build confidence in their abilities.

## AL IBDAAN NATIONAL ACADEMY



Al IbdAA National Academy (INA) is an innovative Training Provider. Locally and Internationally accredited to provide basic and advanced level of training courses. INA focuses in Occupational Safety & Health, Emergency, and Training Development courses such as NEBOSH, IOSH, ASHI various courses and Specialized Training of Trainers in addition to short courses like Confined Space Safety, Authorized Gas Tester, Fire Safety, etc.

**We are very proud to have trained  
the NEBOSH INTERNATIONAL Diploma 2014  
'Candidate of the Year'.**

**A combination of the candidate's hard work  
and dedication and international HSE  
Council's quality training and course material  
achieved this wonderful result.**

**[www.hsecouncil.org](http://www.hsecouncil.org)**

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