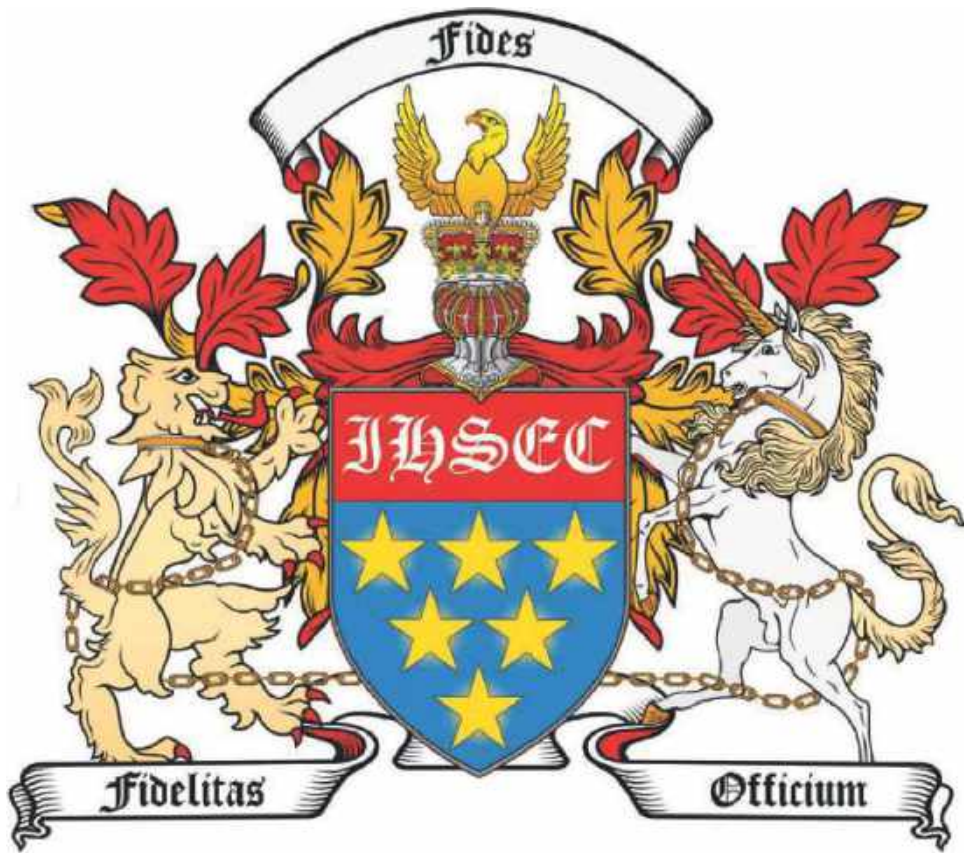


# 2025 Training Programme



## ***INTERNATIONAL HSE COUNCIL***

**HEALTH, SAFETY & ENVIRONMENT • CONSULTANCY  
MEDIC FIRST AID • LEADERSHIP • PLANT & LOGISTICS**

DISTANCE LEARNING, CLASSROOM LEARNING, E-LEARNING

# About Us

**INTERNATIONAL HSE COUNCIL IS AN ORGANIZATION PROVIDING INDEPENDENT AND PROFESSIONAL HEALTH & SAFETY TRAINING, CONSULTANCY AND ADVISORY SERVICES.**

International HSE Council together with its team of international health & safety professionals offers an impressive 300 plus years of cumulative expertise, knowledge and experience in health, safety and environment within the construction, oil & gas, manufacturing, heavy industrial, aviation, banking & finance and hospitality sectors.

## **Learning with a Difference**

In Dubai International HSE Council has modern and spacious training rooms all equipped with state of the art equipment. In other countries we make use of carefully selected local facilities which meet our high standards.

International HSE Council offers internationally recognized accredited courses such as NEBOSH International General Certificate, NEBOSH Health & Safety at Work qualification, NEBOSH International Diploma, IEMA Approved Associate Certificate in Environmental Management, IEMA Approved Introduction to Environmental Awareness, IOSH Managing Safely, MEDIC First Aid Train the Trainer, MEDIC First Aid Basic and MEDIC First Aid Advanced.

## **Choices**

The International HSE Council believes in offering choices to our customers. Each will have their own needs based on time, work demands, geographical location and budgets. You now have options to choose a program that best suits you.

- Classroom learning

- Self Study
- A blend of self study & classroom learning

## **In-House Training Courses**

Reduce costs and stretch your budget by having the training conducted within your premises. International HSE Council team of experts can design and tailor programs to suit your working environment and activities.

## **Consultancy & Advisory**

With a team of specialist consultants, the International HSE Council offers

- Consultancy on designing and development of Quality and Management Systems. ISO9001, Environment, ISO14001, Safety OHSAS45001
- Risk Assessments
- Safety Audits
- Safety Plans
- Fire Risk Assessments
- Training Needs Analysis
- Drafting of Health & Safety documentation
- Drafting of Health & Safety policy manuals
- Drafting of Safe Operating Procedures manuals
- Worksite Inspections





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# NEBOSH

## Accredited Programmes



**NEBOSH Diplomas are globally recognised qualifications aimed at professional health and safety advisors and environmental practitioners.**

## NEBOSH

### International Diploma

There is no prerequisite for this training, however it is highly recommended to have a broad knowledge in the workplace health and safety. An International or a National General Certificate is suggested.

#### Who should attend this course?

This qualification is a perfect choice for anyone who aspires to make health and safety their career. Building upon the foundation of knowledge provided by the NEBOSH General Certificate, it is particularly relevant for:

- Health and safety professionals or those with aspirations to be one.
- People with health and safety responsibilities who want to gain an in-depth understanding.

#### Certification & Assessment

The assessments focus on the application of knowledge

to help you prepare for health and safety tasks you may face in the workplace:

#### Is this qualification recognised?

On successful completion of the qualification, the Diploma holder may apply for the International Institute of Risk and Safety Management ([www.iirsm.org](http://www.iirsm.org)) as meeting their requirements for full membership (MIIRSM). United Kingdom professional health and safety bodies have a growing international reputation with a number of international branches being formed.

Holders of this qualification may use the designatory letters IDipNEBOSH after their name.

| Unit                                                | Assessment Format                                                                                         |
|-----------------------------------------------------|-----------------------------------------------------------------------------------------------------------|
| DI1 – Know – workplace health and safety principles | Assignment – workplace-based tasks together with simulations, reflective activities and a research topic. |
| DI2 – Do – controlling workplace health issues      | Scenario-based case study                                                                                 |
| DI3 – Do – controlling workplace safety issues      | Scenario-based case study                                                                                 |

| UAE and BRUNEI                                                    |                                                                |                                                                      |
|-------------------------------------------------------------------|----------------------------------------------------------------|----------------------------------------------------------------------|
| Diploma Weekend (Sunday) Full Day (21 days)                       |                                                                |                                                                      |
| D11                                                               | D12                                                            | D13                                                                  |
| Unit D11 - 19, 26 January, 02, 09, 16, 23 February, 02 March 2025 | Unit D12 - 09, 16, 23, 30 March, 06, 13, 20 April 2025         | Unit D13 - 27 April, 04, 11, 18, 25 May, 01, 08 June 2025            |
| Diploma Weekend (Sunday) Full day (21 days)                       |                                                                |                                                                      |
| D11                                                               | D12                                                            | D13                                                                  |
| Unit D11 - 20, 27 July, 03, 10, 17, 24, 31 August 2025            | Unit D12 - 07, 14, 21, 28 September, 05, 12, 19 October 2025   | Unit D13 - 26 October, 02, 09, 16, 23, 30 November, 07 December 2025 |
| UAE and BRUNEI                                                    |                                                                |                                                                      |
| Diploma Weekdays (Block) Half day (21 days)                       |                                                                |                                                                      |
| Unit D11 - 20, 21, 22, 23, 24, 27, 28 January 2025                | Unit D12 - 10, 11, 12, 13, 14, 17, 18 March 2025               | Unit D13 - 12, 13, 14, 15, 16, 19, 20 May 2025                       |
| Diploma Weekdays – Block - half day (21 days)                     |                                                                |                                                                      |
| Unit D11 - 18, 19, 20, 21, 22, 25, 26 August 2025                 | Unit D12 - 15, 16, 17, 18, 19, 22, 23 September 2025           | Unit D13 - 10, 11, 12, 13, 14, 17, 18 November 2025                  |
| Diploma Weekdays (Block) Full day (30 days)                       |                                                                |                                                                      |
| Unit D11 - 03, 04, 05, 06, 07, 10, 11, 12, 13, 14 February 2025   | Unit D12 - 07, 08, 09, 10, 11, 14, 15, 16, 17, 18 April 2025   | Unit D13 - 02, 03, 04, 05, 06, 09, 10, 11, 12, 13 June 2025          |
| Diploma Weekdays (Block) Full day (30 days)                       |                                                                |                                                                      |
| Unit D11 - 04, 05, 06, 07, 08, 11, 12, 13, 14, 15 August 2025     | Unit D12 - 06, 07, 08, 09, 10, 13, 14, 15, 16, 17 October 2025 | Unit D13 - 08, 09, 10, 11, 12, 15, 16, 17, 18, 19 December 2025      |
| Diploma Weekdays (Evening) 21 days (3 days/week)                  |                                                                |                                                                      |
| Unit D11 - 20, 22, 24, 27, 29, 31 January, 03 February 2025       | Unit D12 - 10, 12, 14, 17, 19, 21, 24 March 2025               | Unit D13 - 12, 14, 16, 19, 21, 23, 26 May 2025                       |
| Diploma Weekdays (Evening) 21 days (3 days/week)                  |                                                                |                                                                      |
| Unit D11 - 21, 23, 25, 28, 30 July, 01, 04 August 2025            | Unit D12 - 08, 10, 12, 15, 17, 19, 22 September 2025           | Unit D13 - 10, 12, 14, 17, 19, 21, 24 November 2025                  |
| EXAM AND SUBMISSION DATES                                         |                                                                |                                                                      |
| D11, D12, D13                                                     | UNIT A,B,C                                                     | UNIT DNI SUBMISSION                                                  |
| D11 - 09 April 2025 / 15 October 2025                             | Unit A - 11 February / 08 July / 14 October 2025               | 26 February 2025                                                     |
| D12 - 29 May 2025 / 26 November 2025                              | Unit B - 12 February / 09 July / 15 October 2025               | 28 May 2025                                                          |
| D13 - 29 January 2025 / 30 July 2025                              | Unit C - 13 February / 10 July / 16 October 2025               | 27 August 2025                                                       |
|                                                                   |                                                                | 26 November 2025                                                     |



# NEBOSH

## Accredited Programmes



## NEBOSH

### International General Certificate

The NEBOSH International General Certificate in Occupational Safety and Health is a globally recognised health and safety qualification.

#### Who should attend this course?

Managers, supervisors and employees based outside the UK who require a broad knowledge and understanding of health and safety principles and practices.

The qualification focuses on international standards and management systems, enabling candidates to effectively discharge workplace health and safety responsibilities in any employment sector, in all parts of the world.

The NEBOSH International General Certificate is also suitable for those embarking on a career in health and safety, providing a sound basis for progression on to the NEBOSH International Diploma.

#### Certification

On successful completion of the course you will receive a NEBOSH accredited certificate.

#### Is this qualification recognised?

The International General Certificate qualification meets the academic requirements for Associate membership (AIIRSM) of the International Institute of Risk and Safety Management (IIRSM).

#### Course Duration

9 days plus 1 day for Open Book Exam (OBE) and approximately 3 hours to complete the practical assessment.

#### Assessment

The IGC has two unit assessments:

- one question paper
- one practical risk assessment

#### UAE - DUBAI (BLOCK)

| Week 1 (IG1)           | Week 2 (IG2)           |
|------------------------|------------------------|
| 06 - 10 January 2025   | 13 - 16 January 2025   |
| 03 - 07 February 2025  | 10 - 13 February 2025  |
| 03 - 07 March 2025     | 10 - 13 March 2025     |
| 07 - 11 April 2025     | 14 - 17 April 2025     |
| 05 - 09 May 2025       | 12 - 15 May 2025       |
| 02 - 06 June 2025      | 09 - 12 June 2025      |
| 07 - 11 July 2025      | 14 - 17 July 2025      |
| 04 - 08 August 2025    | 11 - 14 August 2025    |
| 01 - 05 September 2025 | 08 - 11 September 2025 |
| 06 - 10 October 2025   | 13 - 16 October 2025   |
| 03 - 07 November 2025  | 10 - 13 November 2025  |
| 08 - 12 December 2025  | 15 - 18 December 2025  |

#### UAE - DUBAI (WEEKEND)

| Week 1 (IG1)                              | Week 2 (IG2)                          |
|-------------------------------------------|---------------------------------------|
| 05, 12, 19, 26 January, 02 February 2025  | 09, 16, 23 February, 02 March 2025    |
| 09, 16, 23 February, 02, 09 March 2025    | 16, 23, 30 March, 06 April 2025       |
| 16, 23, 30 March, 06, 13 April 2025       | 20, 27 April, 04, 11 May 2025         |
| 20, 27 April, 04, 11, 18 May 2025         | 25 May, 01, 08, 15 June 2025          |
| 25 May, 01, 08, 15, 22 June 2025          | 29 June, 06, 13, 20 July 2025         |
| 29 June, 06, 13, 20, 27 July 2025         | 03, 10, 17, 24 August 2025            |
| 03, 10, 17, 24, 31 August 2025            | 07, 14, 21, 28 September 2025         |
| 07, 14, 21, 28 September, 05 October 2025 | 12, 19, 26 October, 02 November 2025  |
| 12, 19, 26 October, 02, 09 November 2025  | 16, 23, 30 November, 07 December 2025 |
| 16, 23, 30 November, 07, 14 December 2025 | 21, 28 December, 01, 11 January 2026  |
| 21, 28 December, 01, 11, 18 January 2026  | 25 January, 01, 08, 15 February 2026  |



| JORDAN - AMMAN        |                       |
|-----------------------|-----------------------|
| Week 1 (IG1)          | Week 2 (IG2)          |
| 03 - 07 February 2025 | 10 - 14 February 2025 |
| 07 - 11 April 2025    | 14 - 18 April 2025    |
| 02 - 06 June 2025     | 09 - 13 June 2025     |
| 04 - 08 August 2025   | 11 - 15 August 2025   |
| 06 - 10 October 2025  | 13 - 17 October 2025  |
| 01 - 05 December 2025 | 08 - 12 December 2025 |

| BRUNEI DARUSSALAM      |                        |
|------------------------|------------------------|
| Week 1 (IG1)           | Week 2 (IG2)           |
| 06 - 10 January 2025   | 13 - 16 January 2025   |
| 03 - 07 February 2025  | 10 - 13 February 2025  |
| 03 - 07 March 2025     | 10 - 13 March 2025     |
| 07 - 11 April 2025     | 14 - 17 April 2025     |
| 05 - 09 May 2025       | 12 - 15 May 2025       |
| 02 - 06 June 2025      | 09 - 12 June 2025      |
| 07 - 11 July 2025      | 14 - 17 July 2025      |
| 04 - 08 August 2025    | 11 - 14 August 2025    |
| 01 - 05 September 2025 | 08 - 11 September 2025 |
| 06 - 10 October 2025   | 13 - 16 October 2025   |
| 03 - 07 November 2025  | 10 - 13 November 2025  |
| 08 - 12 December 2025  | 15 - 18 December 2025  |

| EXAM SCHEDULES   |                   |
|------------------|-------------------|
| OBE              |                   |
| 08 January 2025  | 09 July 2025      |
| 05 February 2025 | 06 August 2025    |
| 05 March 2025    | 10 September 2025 |
| 09 April 2025    | 08 October 2025   |
| 07 May 2025      | 05 November 2025  |
| 11 June 2025     | 10 December 2025  |



# NEBOSH

## Accredited Programmes



## NEBOSH

### Fire Safety Certificate

The content is designed to equip those studying it to undertake fire risk assessments in most, low risk workplaces. The syllabus is mapped to International standards and good practice from organizations such as the International Labour Organization (ILO), National Fire Protection Association (NFPA), International Code Council (ICC) and the Confederation of Fire Protection Association Europe (CFPA-Europe).

Upon successful completion of the certificate, delegates can apply for a membership with International Institute of Risk and Safety Management (IIRSM) as its qualification meets the academic requirements for Associate membership (AIIRSM) of the IIRSM.

### Who should register for this course?

This qualification is designed for anyone who has fire safety responsibilities in a small to medium-sized organisation. It provides the knowledge and understanding, when combined with relevant experience, to carry out an effective fire risk assessment, as well as embed good practice in the workplace.

### Course Contents

#### FSC1

- Managing fire safety
- Principles of fire and explosion
- Fuel, oxygen and ignition sources and control measures
- Fire protection of buildings
- Safety of people in the event of fire

#### FSC2: Fire safety risk assessment

### Course Duration and Assessment

The training is spread over 4 days plus 1 day for the (open book) written examination.

The FSC has two unit assessments:

- one question paper (open book exam)
- one fire risk assessment

Elements 1 to 5 (FSC1) are assessed by a written exam lasting approximately 5 hours. Elements 5 (FSC2) is assessed by a practical assignment that should take around 3 hours to complete.

| UAE DUBAI (BLOCK)             |                  |
|-------------------------------|------------------|
| FSC1                          | OBE              |
| 20, 21, 22, 23 January 2025   | 05 February 2025 |
| 17, 18, 19, 20 February 2025  | 07 May 2025      |
| 17, 18, 19, 20 March 2025     | 06 August 2025   |
| 21, 22, 23, 24 April 2025     | 05 November 2025 |
| 19, 20, 21, 22 May 2025       |                  |
| 23, 24, 25, 26 June 2025      |                  |
| 21, 22, 23, 24 July 2025      |                  |
| 25, 26, 27, 28 August 2025    |                  |
| 22, 23, 24, 25 September 2025 |                  |
| 20, 21, 22, 23 October 2025   |                  |
| 24, 25, 26, 27 November 2025  |                  |
| 22, 23, 24, 25 December 2025  |                  |





# NEBOSH

## Accredited Programmes



## NEBOSH

### International Technical Certificate in Oil and Gas Operational Safety

#### About the course

This qualification is specifically designed for people with safety responsibility in the oil and gas industry. The qualification focuses on international standards and management systems, enabling students to effectively discharge workplace safety responsibilities both onshore and offshore. The Certificate also highlights the importance of process safety management in the oil and gas industry.

There are no specific entry requirements for this qualification, however it is highly recommended that students have an existing underpinning knowledge of safety issues or have completed a NEBOSH Certificate level qualification previously.

#### Course Contents

##### Element 1: Health, Safety And Environmental Management In Context

- Learning from Incidents
- Hazards inherent in oil and gas
- Risk management techniques used in the oil and gas industries
- Safety cases and safety reports

##### Element 2: Hydrocarbon Process Safety 1

- Contractor management
- Process safety management (PSM)
- Role and purpose of a permit-to-work system
- Key principles of shift handover
- Plant operations and maintenance

##### Element 3: Hydrocarbon Process Safety 2

- Failure modes

- Safety critical equipment controls
- Safe storage of hydrocarbons
- Furnace and boiler operations

##### Element 4: Fire Protection And Emergency Response

- Fire and explosion risk in the oil and gas industries
- Emergency response

##### Element 5: Logistics And Transport Operations

- Marine transport
- Land transport

#### Examinations

The examination is a 2-hour written paper which consists of one 'long-answer' question and ten 'shortanswer' questions. All questions are compulsory.

#### Course Duration

5 days plus one day for exam

| UAE - DUBAI - BLOCK               |                   |
|-----------------------------------|-------------------|
| IOGC1                             | Exams             |
| 20, 21, 22, 23, 24 January 2025   | 27 January 2025   |
| 24, 25, 26, 27, 28 March 2025     | 31 March 2025     |
| 19, 20, 21, 22, 23 May 2025       | 26 May 2025       |
| 21, 22, 23, 24, 25 July 2025      | 28 July 2025      |
| 22, 23, 24, 25, 26 September 2025 | 29 September 2025 |
| 17, 18, 19, 20, 21 November 2025  | 24 November 2025  |

| UAE - DUBAI (WEEKEND - SATURDAY)          |                   |
|-------------------------------------------|-------------------|
| IOGC1                                     | Exams             |
| 01, 08, 15, 22, 29 March 2025             | 31 March 2025     |
| 26 April, 03, 10, 17, 24 May 2025         | 26 May 2025       |
| 28 June, 05, 12, 19, 26 July 2025         | 28 July 2025      |
| 30 August, 06, 13, 20, 27 September 2025  | 29 September 2025 |
| 25 October, 01, 08, 15, 22 November 2025  | 24 November 2025  |
| 29 November, 06, 13, 20, 27 December 2025 | 29 December 2025  |

| JORDAN - AMMAN      |                |
|---------------------|----------------|
| IOGC1               | Exams          |
| 07 - 11 April 2025  | 14 April 2025  |
| 04 - 08 August 2025 | 11 August 2025 |

| BRUNEI - DARUSSALAM              |                  |
|----------------------------------|------------------|
| IOGC1                            | Exams            |
| 24, 25, 26, 27, 28 March 2025    | 31 March 2025    |
| 19, 20, 21, 22, 23 May 2025      | 26 May 2025      |
| 17, 18, 19, 20, 21 November 2025 | 24 November 2025 |

# NEBOSH

## Accredited Programmes



## NEBOSH

### HSE Certificate in Process Safety Management

#### About the Course

The qualification is specifically designed for people with safety responsibility in process industries such as oil and gas, chemicals, plastics and pharmaceuticals. This qualification is designed to equip delegates with a broad understanding of the accepted principles and recognised industrial practices for the management of process risk. This will ensure that they can recognise and contribute to the control of process safety hazards.

#### Who should attend this course?

Ideal for managers, safety representatives and health and safety advisor working within the process industries.

There are no specific entry requirements for this qualification, however it is highly recommended that students have an existing underpinning knowledge of safety issues or have completed a NEBOSH Certification previously.

#### Course Contents

Element 1 : Process Safety Leadership

Element 2 : Management of Process Risk

Element 3 : Process Safety Hazard Control

Element 4 : Fire Protection And Emergency Response

#### Examinations

The examination is a 90 minute multi-choice examination which consists of 40 questions. There is no practical element to this qualification.

#### Course Duration

4 days plus one day for examination.

| UAE DUBAI (BLOCK)             | UAE DUBAI (WEEKEND)                   |                   |
|-------------------------------|---------------------------------------|-------------------|
| PSM1 - WEEKDAYS               | PSM1 - WEEKEND                        | Online MCQ        |
| 13, 14, 15, 16 January 2025   | 01, 08, 15, 22 February 2025          | 22 January 2025   |
| 17, 18, 19, 20 February 2025  | 01, 08, 15, 22 March 2025             | 26 February 2025  |
| 17, 18, 19, 20 March 2025     | 03, 10, 17, 24 May 2025               | 26 March 2025     |
| 14, 15, 16, 17 April 2025     | 31 May, 07, 14, 21 June 2025          | 23 April 2025     |
| 19, 20, 21, 22 May 2025       | 28 June, 05, 12, 19 July 2025         | 28 May 2025       |
| 16, 17, 18, 19 June 2025      | 26 July, 02, 09, 16 August 2025       | 25 June 2025      |
| 14, 15, 16, 17 July 2025      | 30 August, 06, 13, 20 September 2025  | 23 July 2025      |
| 18, 19, 20, 21 August 2025    | 04, 11, 18, 25 October 2025           | 27 August 2025    |
| 15, 16, 17, 18 September 2025 | 01, 08, 15, 22 November 2025          | 24 September 2025 |
| 20, 21, 22, 23 October 2025   | 22, 29 November, 06, 13 December 2025 | 29 October 2025   |
| 17, 18, 19, 20 November 2025  |                                       | 26 November 2025  |
| 08, 09, 10, 11 December 2025  |                                       | 17 December 2025  |



# NEBOSH

## Accredited Programmes



## NEBOSH

### Environmental Management Certificate

#### About the Course

This qualification is designed for anyone who has responsibilities for managing environmental issues as part of their work. The qualification is designed to be globally relevant and benefit companies in all industry sectors who are seeking to implement effective environmental management systems, increase positive environmental impacts and reduce negative environmental impacts.

#### Benefits

The NEBOSH Environmental Certificate is designed to be globally relevant and benefit companies in all industry sectors who are seeking to implement effective environmental management systems, increase positive environmental impacts, and reduce negative environmental impacts.

#### Course Contents

##### Unit EMC1: Management and Control of Environmental Aspects

- Foundations in Environmental Management
- Environmental Management Systems
- Assessing Environmental Aspects and Impacts
- Planning for and Dealing with Environmental Emergencies
- Control of Emissions to Air
- Control of Environmental Noise
- Control of Contamination of Water Sources
- Control of Waste and Land Use
- Sources and Use of Energy and Energy Efficiency

##### Unit EMC2: Assessing Environmental Aspects and Associated Impacts

#### Course Duration and Assessment

The training is spread over 5 days plus assessments which are:

- Unit EMC1 is assessed by a scenario based assessment completed at home. You have 24 hours to complete this.
- Unit EMC2 is assessed by a three-hour practical assessment carried out in your workplace (or another suitable workplace).

| UAE DUBAI (BLOCK)                 |                   |
|-----------------------------------|-------------------|
| EMC1                              | OBE               |
| 24, 25, 26, 27, 28 February 2025  | 05 March 2025     |
| 26, 27, 28, 29, 30 May 2025       | 11 June 2025      |
| 01, 02, 03, 04, 05 September 2025 | 10 September 2025 |
| 24, 25, 26, 27, 28 November 2025  | 10 December 2025  |



# NEBOSH

## Accredited Programmes



## NEBOSH

### HSE Introduction to Incident Investigation

#### About the Course

The qualification is jointly developed by NEBOSH and Great Britain's Health and Safety Regulator, the Health and Safety Executive (HSE). In this one-day course, delegates will learn how to carry out systematic and thorough investigation of non-complex incidents so that similar incidents will not recur.

There are no specific entry requirements for this qualification, however it is recommended that students have an existing underpinning knowledge of safety issues.

#### Who should attend?

This qualification is for anyone who wants to carry out incident investigations effectively.

Employers, supervisors, HSE champions, union and safety representatives will benefit. Attending the course will enable you to:

- Independently investigate simple incidents
- Gather evidence including conducting witness interviews
- Produce an action plan to prevent a recurrence of an incident
- Contribute to team investigations for large scale incidents
- Positively impact the safety culture in your organisation

#### Course Contents

- Moral, legal and financial arguments for investigations
- Human and organisational factors that can contribute to an incident
- The process for investigating incidents
- Positive interview strategies and the barriers to successful interviews
- Advanced incident investigation techniques

#### Course Duration and Assessment

The course duration is one day. It includes a practical assessment at the end of the course.

| DUBAI - BLOCK     | DUBAI - WEEKEND   |
|-------------------|-------------------|
| 27 January 2025   | 18 January 2025   |
| 24 February 2025  | 22 February 2025  |
| 24 March 2025     | 22 March 2025     |
| 21 April 2025     | 19 April 2025     |
| 26 May 2025       | 24 May 2025       |
| 23 June 2025      | 21 June 2025      |
| 21 July 2025      | 26 July 2025      |
| 25 August 2025    | 23 August 2025    |
| 22 September 2025 | 20 September 2025 |
| 27 October 2025   | 25 October 2025   |
| 24 November 2025  | 22 November 2025  |
| 22 December 2025  | 20 December 2025  |



# NEBOSH

## Accredited Programmes



## NEBOSH

### Health and Safety at Work Award

A perfect introduction to health and safety. The qualification is designed for individuals working to international standards. It provides participants with a broad overview on health & safety in the work environment. This qualification is an ideal first step towards the NEBOSH's International General Certificate.

#### Who should attend this course?

All individuals who wish to have a basic knowledge in health & safety.

| DUBAI                     |
|---------------------------|
| 05, 06, 07 March 2025     |
| 07, 08, 09 May 2025       |
| 02, 03, 04 July 2025      |
| 03, 04, 05 September 2025 |
| 05, 06, 07 November 2025  |

| ABU DHABI                 |
|---------------------------|
| 05, 06, 07 March 2025     |
| 07, 08, 09 May 2025       |
| 02, 03, 04 July 2025      |
| 03, 04, 05 September 2025 |
| 05, 06, 07 November 2025  |

| JORDAN                 |
|------------------------|
| 20 - 23 January 2025   |
| 03 - 06 March 2025     |
| 19 - 22 May 2025       |
| 07 - 10 July 2025      |
| 15 - 18 September 2025 |
| 03 - 06 November 2025  |

#### Course Content

The content is delivered in an understandable and accessible way and will help you to:

- Gain an awareness of common workplace hazards so you can help to implement or maintain your organisation's health and safety management system
- Gain practical skills that can help keep yourself and others safe
- Apply the principles of risk assessment
- Have a positive impact on health and safety in your workplace.

#### Course Duration and Assessment

The training is spread over 3 days. After completing the course, you will be asked to complete a workplace health and safety review which:

- Considers how health and safety is managed, and how it could be done better
- Identifies health and safety issues, how they are controlled and if the risk can be reduced
- Select the most important issue for improvement
- This assessment is designed to test your ability to put into practice what you have learnt and, as it is carried out in the workplace, can add instant value to your organisation.

Once you have achieved a pass, a qualification parchment will be issued.

# NEBOSH

## Accredited Program



## NEBOSH

### HSE Award in Managing Risks and Risk Assessment at Work

#### About the course

The NEBOSH HSE Award in Managing Risks and Risk Assessment at Work is an introductory level qualification, developed in conjunction with the health and safety regulator for Great Britain, the Health and Safety Executive (HSE). It is structured around HSE's approach to controlling the risks caused by workplace hazards.

#### Who should register for this course?

Anyone involved in managing workplace health and safety risks including those who undertake risk assessments. The content will be particularly useful to employers, managers, supervisors, HSE champions and union and health and safety representatives.

#### Course Contents

At the end of the course, you will learn how to:

- Identify hazards and be aware of some of the resources that can help
- Assess risks in low to medium risk premises using simple HSE tools
- Evaluate risks in a proportionate and sensible manner
- Identify suitable control measures

#### This qualification will help you

- Develop straightforward practical skills to manage workplace risks something all employers need
- Build confidence in your risk assessment capabilities
- Contribute to the creation of a safer and healthier workplace as soon as you return to work

#### Course Duration and Assessment

This is a one-day course. A practical assessment is completed at the end of the course. You will be asked to watch a video of a real workplace and complete a risk assessment to identify how you would manage and prioritise the risks present.

#### DUBAI WEEKDAY

30 January 2025

27 February 2025

27 March 2025

24 April 2025

29 May 2025

26 June 2025

24 July 2025

28 August 2025

25 September 2025

23 October 2025

27 November 2025

25 December 2025





# NEBOSH

## Accredited Program



## NEBOSH

### Certificate in Manual Handling Risk Assessment

#### About the course

Manual handling is one of the main causes of musculoskeletal disorders. This qualification aims to help you address this, by providing the knowledge and tools required to identify manual handling risks and more importantly, prioritise controls to protect workers.

#### Who should register for this course?

Anyone involved in assessing the impact of manual handling activities in the workplace including:

- Health and safety professionals
- Workplace champions
- Employee representatives
- Occupational health practitioners.

#### Course Contents

The content is delivered in an understandable and accessible way and will help you to:

- Principles of manual handling
- Managing manual handling risk: Identification of manual handling risk
- Managing manual handling risk: Control of risk

#### Distance Learning Duration and Exam Arrangements:

Students should aim to complete their studies within six months of enrolling for the course. After completing the course, a practical assessment is completed.

After watching a video of a workplace scenario, you will be asked to complete a manual handling risk assessment using HSE tools and templates you will have learnt about through your studies.

Once you have achieved a pass, a qualification parchment will be issued.

#### Course Duration and Assessment

The training will be delivered in 1 day. A practical assessment is completed at the end of the course. After watching a video of a workplace scenario, you will be asked to complete a manual handling risk assessment using HSE tools and templates you will have learnt about through your studies.

Once you have achieved a pass, a qualification parchment will be issued.

#### NEBOSH Risk

28 January 2025

25 February 2025

25 March 2025

22 April 2025

27 May 2025

24 June 2025

22 July 2025

26 August 2025

23 September 2025

28 October 2025

25 November 2025

23 December 2025

# NEBOSH

## Accredited Program



## NEBOSH

### Working with Wellbeing

#### About the course

Working with Wellbeing is an introductory level qualification that looks at workplace wellbeing at both an individual and organisational level. This qualification is designed for those who wish to gain a greater understanding of workplace wellbeing and the factors which affect it. The qualification will also equip learners with the knowledge and understanding required to positively influence and evaluate levels of wellbeing in the workplace.

#### Who should register for this course?

If you are looking to have a positive influence on wellbeing in your workplace, this qualification is a great choice for you. It is particularly relevant to HR specialists, Health and Safety professionals and those with people management responsibilities.

#### Course Content

- Foundations of wellbeing
- The branches of wellbeing; benefits and what this means in practice
- Interventions in the workplace

#### Course Duration and Assessment

- One day training.
- Unit WEL1 is assessed by a practical assignment that should take around 1 hour to complete.

#### DUBAI WEEKDAY

29 January 2025

26 February 2025

26 March 2025

23 April 2025

28 May 2025

25 June 2025

23 July 2025

27 August 2025

24 September 2025

29 October 2025

26 November 2025

24 December 2025



# NEBOSH

## Accredited Program



## NEBOSH

### IIRSM Certificate in Managing Risk

#### E - Learning

##### About the course

Effective risk management helps ensure better decisions are made that will protect people, organisations, and reputations.

On completion of this course, you will gain knowledge about:

- The principles of risk and risk management
- The risk management process and framework based on ISO 31000
- The relationship between psychology and decision-making
- The environment in which an organisation operates, identifying potential risks and opportunities
- The relationship between risk management, business continuity, crisis management and organisational resilience

##### Who should register for this course?

Anyone who wants to be able to identify, evaluate, and manage organisational risks and understand their impacts. It is particularly relevant for risk professionals looking to gain a broader view of risk beyond a specialism such as health and safety, quality, or business continuity.

##### Course Contents

Element 1 – Principles of risk and risk management:

- Understand the principles of risk and risk management
- Source and challenge the validity of risk information
- Understand the impact of psychology on decision making

Element 2 – The risk management process

- Apply the risk management process to manage risk effectively

Element 3 – The risk management framework

- Understand how to integrate the risk management framework into your organization

##### Workbook

The NEBOSH IIRSM Certificate in Managing Risk eLearning course provides everything you need to complete your studies and prepare for your assessment. The course fee is NOT inclusive of a workbook however learners can separately purchase the hard copy workbook directly from NEBOSH and/or the ebook via Learning Partner. This is optional rather than essential purchase.

##### Assessment

To achieve the qualification, you must complete and pass the Unit MAR1 assessment.

- The assessment is an onscreen multiple-choice examination for one-hour.
- After you have completed the e-Learning course, you may take the assessment at any time.
- You will receive your results immediately.
- You have two attempts at the assessment.

If you achieved a Pass, you are considered to have completed the qualification and an e-certificate will be issued instantly.



# NEBOSH SELF STUDY Accredited Programmes



NEBOSH International Diploma for OHS Professionals

NEBOSH International General Certificate

NEBOSH Fire Safety Certificate

NEBOSH International Technical Certificate in Oil and Gas

NEBOSH HSE Certificate in Process Safety Management

NEBOSH Health and Safety at Work Award

NEBOSH HSE Award in Managing Risks and Risk Assessment at Work

NEBOSH Certificate in Manual Handling Risk Assessment

**Distance learning is an affordable and flexible learning option. Best of all, this option is available to you anywhere in the world.**

Upon enrolling, you will receive a comprehensive study package.

- Course books specially designed for the international market
- Mock exam papers
- Unlimited advice and support via email or phone
- Feedback and guidance on your mock exams and project paper
- NEBOSH International General Certificate students are welcome to attend two days of revision classes in Dubai only
- NEBOSH International Diploma students are welcome to attend two days of training in any of the classes per Unit (DI1, DI2, DI3)
- Access to live online class recordings (6-month access per unit)
- Free Webinars to prepare for exams



# Accredited Professional Diploma Occupational Health & Safety (Arabic and English)



The UK accredited Professional Diploma in Occupational Health and Safety is designed for individuals aspiring to have a career in health and safety. The program is specially designed to provide individuals with the expertise required to follow a career as a Health and Safety practitioner.

The Professional Diploma is unique in that unlike other HSE programs it has a specific unit on security management. The other unique feature is that it has both international regulations, and UAE Federal HSE regulations enabling HSE practitioners to be well equipped to deal with the challenges of working and enforcing the HSE regulations in a diverse workplace.

## Course Structure

There are two modes of study.

- 1) Distance Learning  
This is a self-study option which gives learners the flexibility to study at their own pace.
- 2) Blended learning  
This is a combination of 14 classroom sessions and self-study.

The Professional Diploma consists of 3 Units

| UNIT | TITLE                          |
|------|--------------------------------|
| PD1  | Health & Safety Management     |
| PD2  | Common Hazards and Fire Safety |
| PD3  | Practical Assignment           |

## Course Assessment

PDs 1 & 2: Each Unit examination consists of 50 multiple choice questions.  
PD 3: Learners are required to submit a written assignment set by the tutor.

| BLOCK                                                                                                | WEEKEND - SUNDAY                                                                                                               | WEEKEND - SUNDAY (EVENING)                                                                                                     | EXAM and SUBMISSION DATES                                                        |
|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| 10, 11, 12, 13, 14 March 2025<br>14, 15, 16, 17, 18 April 2025<br>05, 06, 07, 08 May 2025            | 16, 23, 30 March, 06, 13 April 2025<br>20, 27 April, 04, 11, 18 May 2025<br>25 May, 01, 08, 15, 22 June 2025                   | 16, 23, 30 March, 06, 13 April 2025<br>20, 27 April, 04, 11, 18 May 2025<br>25 May, 01, 08, 15, 22 June 2025                   | PD1 - 18 March 2025 / 08 September 2025                                          |
| 12, 13, 14, 15, 16 May 2025<br>09, 10, 11, 12, 13 June 2025<br>07, 08, 09, 10 July 2025              | 04, 11, 18, 25 May, 01 June 2025<br>08, 15, 22, 29 June, 06 July 2025<br>13, 20, 27 July, 03 August 2025                       | 04, 11, 18, 25 May, 01 June 2025<br>08, 15, 22, 29 June, 06 July 2025<br>13, 20, 27 July, 03 August 2025                       | PD2 - 21 April 2025 / 20 October 2025                                            |
| 21, 22, 23, 24, 25 July 2025<br>18, 19, 20, 21, 22 August 2025<br>15, 16, 17, 18 September 2025      | 03, 10, 17, 24, 31 August 2025<br>07, 14, 21, 28 September, 05 October 2025<br>12, 19, 26 October, 02 November 2025            | 03, 10, 17, 24, 31 August 2025<br>07, 14, 21, 28 September, 05 October 2025<br>12, 19, 26 October, 02 November 2025            | PD3 - 25 February, 25 April, 25 June,<br>25 August, 25 October, 25 December 2025 |
| 22, 23, 24, 25, 26 September 2025<br>13, 14, 15, 16, 17 October 2025<br>03, 04, 05, 06 November 2025 | 14, 21, 28 September, 05, 12 October 2025<br>19, 26 October, 02, 09, 16 November 2025<br>23, 30 November, 07, 14 December 2025 | 14, 21, 28 September, 05, 12 October 2025<br>19, 26 October, 02, 09, 16 November 2025<br>23, 30 November, 07, 14 December 2025 |                                                                                  |
| 17, 18, 19, 20, 21 November 2025<br>15, 16, 17, 18, 19 December 2025<br>12, 13, 14, 15 January 2026  | 02, 09, 16, 23, 30 November 2025<br>07, 14, 21, 28 December, 04 January 2026<br>11, 18, 25 January, 01 February 2026           | 02, 09, 16, 23, 30 November 2025<br>07, 14, 21, 28 December, 04 January 2026<br>11, 18, 25 January, 01 February 2026           |                                                                                  |

# ONLINE SAFETY

## Critical Courses

Over 2,500 online courses to choose from. Visit [www.hsecouncil.org](http://www.hsecouncil.org) for details.

### RANGE

Drilling  
Electrical  
Environmental  
Mechanical  
Operations  
Personal Effectiveness Skills  
Process Operations  
Safety

### Sub Categories:

Accounting  
Air Conditioning and Refrigeration Systems  
Asset Integrity  
Behavioural  
Business Development  
Business Skills  
Chemical and Laboratory  
Chemical Equipment  
Chemical Processing  
Chemistry Theory  
Communication  
Decommissioning  
Downstream Processing  
Drilling Operations  
Electrical Equipment and Components  
Electrical Maintenance  
Electrical Safety  
Electrical Systems  
Electrical Theory  
Electrical Wiring  
Emergency Response  
Emissions  
Energy Conservation  
Environmental Theory  
Exploration  
General  
Hazardous Substances  
Human Resources  
Hydraulic and Fluids  
Instrumentation and Control  
Introductory  
IT  
Leadership  
Maintenance  
Management  
Mandatory  
Maritime  
Mechanical Equipment  
Mechanical Maintenance  
Mechanical Systems  
Mechanical Theory and Instrumentation  
Office Skills  
Oil and Gas Familiarisation  
Oil and Gas Processing  
Operational Energy Conservation  
Operational Safety  
Operations Theory and Awareness  
Operator Responsibilities  
Personal Safety  
Planning  
Plant and Equipment  
Pollution Prevention  
Power Distribution  
Power Generation  
Production  
Project Management  
Quality  
Refining and Transportation  
Renewables  
Safe Systems of Work  
Safety Management  
Social  
Systems  
Travel and Security  
Upstream Processing  
Utilities  
Waste  
Waste Management  
Water / Wastewater Treatment  
Welding

# ONLINE OPITO

## Approved Courses

### International Minimum Industry Safety Training



IMIST is the International version of the Minimum Industry Safety Training, also an OPITO-approved course, developed for the global standard for Health and Safety. The course covers all job roles for personnel working in the Oil and Gas Industry across the world.

The course is available in 13 languages; US & UK English, Arabic, Hindi, Bahasa Malaysian, French, Vietnamese, Thai, Indonesian, Russian, Kazakh, Farsi and Danish.

The nine modules covered in IMIST are:

- Introduction to the Hazardous Environment
- Working Safely
- Understanding the Risk Assessment Process
- Tasks that Require a Permit to Work
- Personal Responsibility in Maintaining Asset Integrity
- Using Manual Handling Techniques Every Day
- Controlling the Use of Hazardous Substances
- Knowledge and Processes of Working at Height
- Being Aware of Mechanical Lifting Activities

The IMIST standard ensures that workers have the necessary safety awareness and training to reduce risk and ultimately reduce the number of incidents. This interactive e-learning training programme works by assessing the safety knowledge of an oil and gas worker during a random sequence of assessment questions.

### Authorised Gas Testing

This OPITO-approved course will provide you with the knowledge and understanding to enable you to work safely when performing tests for oxygen, flammable and toxic gases.

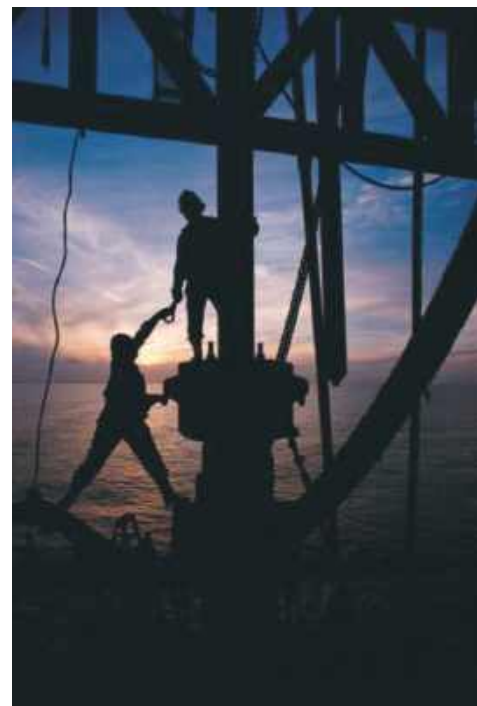
It includes testing in confined spaces, relevant legislative control, atmosphere measuring and monitoring equipment, gas testing in confined spaces and interpreting and documenting results.

The tasks authorised gas testers are required to undertake may vary depending on the workplace operation at the time. The tasks also vary in complexity and responsibility. Therefore, the AGT role has been split into three levels.

AGT Level 1 is required for those involved with performing a test for oxygen, flammable and toxic gases up to and including working in confined spaces.

AGT Level 2 is required for those involved with testing for flammable gas in preparation for hot work.

AGT Level 3 is required for those who provide safety watch duties by the ongoing monitoring of a hot work site.





## IOSH

### Managing Safely (English)

This IOSH Managing Safely course is designed for non-health and safety personnel who have to manage risk and resources. It is also suitable for those with responsibility for health & safety. It is designed to provide an overview on health & safety based on risk-based approach to prevent accidents in the workplace.

#### Who should attend this course?

Managers, supervisors and any individual with responsibilities in health & safety in any sector and any organisation. It is designed to get managers up to speed on the practical actions they need to take to handle health and safety in their teams.

#### What the course covers

- Introducing Managing safely
- Assessing risks
- Controlling risks
- Understanding your responsibilities
- Identifying hazards
- Investigating accidents and incidents
- Measuring performance

#### Assessment

The assessment consists of

- Multiple choice exam
- Project assignment

#### Certification

On successful completion of the IOSH Managing Safely course candidates will be awarded the accredited IOSH Managing Safely certificate.

#### Course Duration

3 days / 4 days



| DUBAI - BLOCK             |
|---------------------------|
| 06, 07, 08 January 2025   |
| 10, 11, 12 February 2025  |
| 10, 11, 12 March 2025     |
| 07, 08, 09 April 2025     |
| 05, 06, 07 May 2025       |
| 09, 10, 11 June 2025      |
| 07, 08, 09 July 2025      |
| 11, 12, 13 August 2025    |
| 08, 09, 10 September 2025 |
| 06, 07, 08 October 2025   |
| 10, 11, 12 November 2025  |
| 08, 09, 10 December 2025  |

| DUBAI - WEEKEND           |
|---------------------------|
| 11, 18, 25 January 2025   |
| 08, 15, 22 February 2025  |
| 08, 15, 22 March 2025     |
| 12, 19, 26 April 2025     |
| 10, 17, 24 May 2025       |
| 07, 14, 21 June 2025      |
| 12, 19, 26 July 2025      |
| 09, 16, 23 August 2025    |
| 13, 20, 27 September 2025 |
| 11, 18, 25 October 2025   |
| 08, 15, 22 November 2025  |
| 13, 20, 27 December 2025  |

| ABU DHABI - BLOCK         |
|---------------------------|
| 06, 07, 08 January 2025   |
| 10, 11, 12 February 2025  |
| 10, 11, 12 March 2025     |
| 07, 08, 09 April 2025     |
| 05, 06, 07 May 2025       |
| 09, 10, 11 June 2025      |
| 07, 08, 09 July 2025      |
| 11, 12, 13 August 2025    |
| 08, 09, 10 September 2025 |
| 06, 07, 08 October 2025   |
| 10, 11, 12 November 2025  |
| 08, 09, 10 December 2025  |

| ABU DHABI - WEEKEND       |
|---------------------------|
| 11, 18, 25 January 2025   |
| 08, 15, 22 February 2025  |
| 08, 15, 22 March 2025     |
| 12, 19, 26 April 2025     |
| 10, 17, 24 May 2025       |
| 07, 14, 21 June 2025      |
| 12, 19, 26 July 2025      |
| 09, 16, 23 August 2025    |
| 13, 20, 27 September 2025 |
| 11, 18, 25 October 2025   |
| 08, 15, 22 November 2025  |
| 13, 20, 27 December 2025  |

| DUBAI - EVENING - 05:00 - 10:00 |
|---------------------------------|
| 06, 07, 08, 09 January 2025     |
| 10, 11, 12, 13 February 2025    |
| 10, 11, 12, 13 March 2025       |
| 07, 08, 09, 10 April 2025       |
| 05, 06, 07, 08 May 2025         |
| 09, 10, 11, 12 June 2025        |
| 07, 08, 09, 10 July 2025        |
| 11, 12, 13, 14 August 2025      |
| 08, 09, 10, 11 September 2025   |
| 06, 07, 08, 09 October 2025     |
| 10, 11, 12, 13 November 2025    |
| 08, 09, 10, 11 December 2025    |

| JORDAN                 |
|------------------------|
| 20 - 23 January 2025   |
| 03 - 06 March 2025     |
| 12 - 15 May 2025       |
| 21 - 24 July 2025      |
| 08 - 11 September 2025 |
| 24 - 27 November 2025  |

## IOSH

### Working Safely (English)

IOSH Working Safely course is designed specifically to train employees from a wide range of backgrounds of the basic principles of health and safety in the workplace. The course covers the fundamentals of working safely especially the importance of individual responsibilities when it comes to workplace accidents. This 1 day program is accredited by the Institute of Occupational Safety and Health (IOSH).

#### Who should attend this course?

The course is ideal for people at any level, in any sector, needing grounding in the essentials of health and safety. Everyone at work should have an understanding of why they must "work safely" which the course exactly offers.

#### What the course covers

- Introducing working safely
- Defining hazard and risk
- Identifying common hazards
- Improving safety performance

#### Assessment

Multiple choice examination Hazard spotting assessment



#### DUBAI - BLOCK

02 January 2025  
03 February 2025  
03 March 2025  
07 April 2025  
05 May 2025  
03 June 2025  
07 July 2025  
04 August 2025  
02 September 2025  
06 October 2025  
03 November 2025  
08 December 2025

#### DUBAI - WEEKEND

18 January 2025  
22 March 2025  
19 April 2025  
17 May 2025  
21 June 2025  
19 July 2025  
16 August 2025  
18 October 2025  
15 November 2025

## IOSH Fire Warden (English)

### About the course

This training is an IOSH approved course which provides participants with an appreciation of the significance of fire safety and their responsibilities so that they can act in a competent manner in the event of fire to minimize risk and injuries and to aid in the prevention of the spread of fire.

#### Who should register for this course?

Fire wardens and those individuals who are responsible for fire safety.

#### Course Duration and Assessment

One day course. An IOSH Fire Warden Certificate will be awarded upon successful completion of the course.

#### DUBAI - BLOCK

31 January 2025  
28 February 2025  
28 March 2025  
25 April 2025  
23 May 2025  
27 June 2025  
25 July 2025  
22 August 2025  
26 September 2025  
31 October 2025  
28 November 2025  
19 December 2025

#### DUBAI - WEEKEND

18 January 2025  
15 February 2025  
22 March 2025  
19 April 2025  
03 May 2025  
07 June 2025  
12 July 2025  
16 August 2025  
13 September 2025  
04 October 2025  
15 November 2025  
13 December 2025

## IOSH

### Environment for Business

#### About the course

Environment for Business is as completely different approach to environmental training for managers and supervisors. You'll find a practical programme., full of step-by-step guidance, and a sharp business focus. But you'll also find that the content engages and inspires your staff-critical & to getting the message embedded across the whole organisation.

#### Who should register for this course?

Environment for Business is designed for managers and supervisors in any sector, and any organisation worldwide, who require an awareness of environmental impact and sustainability

The course covers:

- What is meant by the term 'environment'
- How the environment can impact upon organisations
- How organisations can impact the environment
- Ways in which organisations can minimise environmental risks, and maximise sustainable opportunities.

#### Course Duration and Assessment

The course duration is 1 day which includes a closed book written multi-format examination. Successful candidates will be awarded an IOSH certificate in Environmental for Business.



#### DUBAI - WEEKDAY

|                   |
|-------------------|
| 09 January 2025   |
| 13 February 2025  |
| 13 March 2025     |
| 10 April 2025     |
| 08 May 2025       |
| 12 June 2025      |
| 10 July 2025      |
| 14 August 2025    |
| 11 September 2025 |
| 09 October 2025   |
| 13 November 2025  |
| 11 December 2025  |

#### About the course

IOSH Approved Managing Safely with International HSE Council course is designed to provide participants with a broad overview on health, safety & environmental topics. On completion of this course, participants will gain sufficient knowledge and skills to deal with health and safety issues. This 3 day program is approved by the Institute of Occupational Safety and Health (IOSH).

#### Who should register for this course?

Supervisors, managers and team leaders in any sector and any organisation who are required to effectively and efficiently be responsible for safety management of risks and resources.

#### Course Content

IOSH Managing Safely covers basic health and safety issues which includes a short topic tackling environmental issues. The course covers 7 modules:

- Introducing Managing Safely
- Understanding responsibilities
- Measuring performance
- Assessing risks
- Understanding hazards
- Controlling risks
- Investigating incidents

#### Distance Learning Duration and Assessment

Students should aim to complete their studies within six months of enrolling for the course. When you are ready to take the exams, you can sit at the confirmed exam date set by IHSEC. The assessments are written multi choice examination and a project based written assignment.

Successful candidates will be awarded an IOSH Approved Managing Safely with International HSE Council certificate.

# Medic First Aid Courses

## Medic First Aid (English & Arabic)

This training provides participants with knowledge and basic skills on how to properly respond immediately to workplace injuries or medical emergencies.

### Who should attend this course?

This training is recommended for all individuals.

### Hands-On Skill Practice

Students will practice essential skills in small group practices and can also apply those skills in optional scenario-based practices.

### Course Contents

- First Aid Provider
- Recognizing an Emergency
- Personal Safety
- Deciding to Help
- Infectious Bloodborne Diseases
- Standard Precautions
- Personal Protective Equipment
- Legal Considerations
- Implied Consent
- Abandonment
- Good Samaritan Laws
- Emergency Medical Services
- Emergency Actions Plans
- Poison Help Line
- Emergency Moves
- Oxygen and the Human Body
- Sudden Cardiac Arrest
- Cardiopulmonary Resuscitation (CPR)
- Early Defibrillation
- Chain of Survival
- Secondary Cardiac Arrest
- Opioid Overdose
- Chest Compressions
- Rescue Breaths
- AED Operation
- AED Troubleshooting & Considerations
- Primary Assessment - Unresponsive Person
- Recovery Position
- Caring for Cardiac Arrest
- Multiple Provider Approach to CPR
- Choking
- Assessment
- Primary Assessment - Responsive Person
- Sudden Injury
- Control of Bleeding
- Tourniquets
- Hemostatic Dressings
- Shock
- Internal Bleeding
- Head, Neck, or Back Injury
- Spinal Injury
- Brain Injury
- Concussion
- Swollen, Painful, or Deformed Limb
- Burns
- Nosebleed
- Injured Tooth
- Altered Mental Status
- Fainting
- Stroke
- Hypoglycemia
- Seizure
- Breathing Difficulty, Shortness of Breath
- Asthma and Inhalers
- Severe Allergic Reaction
- Pain, Pressure, or Discomfort in Chest
- Poisoning
- Heat Exhaustion
- Heat Stroke
- Hypothermia
- Frostbite



### Certification

A MEDIC FIRST AID wall certificate is awarded upon successful completion of the course.

### Recognized Period

Up to 2 years

### Course Duration

One Day

#### DUBAI - WEEKDAYS Basic First Aid

|                   |
|-------------------|
| 27 January 2025   |
| 24 February 2025  |
| 24 March 2025     |
| 21 April 2025     |
| 19 May 2025       |
| 23 June 2025      |
| 21 July 2025      |
| 18 August 2025    |
| 22 September 2025 |
| 27 October 2025   |
| 24 November 2025  |
| 15 December 2025  |

#### DUBAI - WEEKEND

|                  |
|------------------|
| 01 February 2025 |
| 05 April 2025    |
| 02 August 2025   |
| 04 October 2025  |

#### JORDAN - WEEKDAYS Basic First Aid

|                        |
|------------------------|
| 02 - 03 January 2025   |
| 12 - 13 February 2025  |
| 25 - 26 March 2025     |
| 22 - 23 April 2025     |
| 20 - 21 May 2025       |
| 24 - 25 June 2025      |
| 01 - 02 July 2025      |
| 05 - 06 August 2025    |
| 23 - 24 September 2025 |
| 21 - 22 October 2025   |
| 18 - 19 November 2025  |
| 23 - 24 December 2025  |



# Medic First Aid Courses

## Train the Trainer Course

The MEDIC FIRST AID Train the Trainer course prepares candidates to become MEDIC First Aid Instructors.

The training process includes practicing the step by step requirements for delivery of a one day basic MEDIC First Aid Course. This is particularly useful for individuals who wish to become MEDIC First Aid Instructors or those wishing to do a refresher training.

### Course Contents

- The MEDIC FIRST AID Difference
- MEDIC FIRST AID Training Philosophies
- Medical Source Authorities
- MEDIC FIRST AID's Integrated Learning Model
- Adult Learning Principles
- MEDIC FIRST AID Training Programs
- Role of the Instructor
- MEDIC FIRST AID Training Materials
- Introduction to the Instructor Guide
- Using Instructional Pages

- Showing Program Video Segments
- Referring to Student Guide Pages
- Performing Real-Time Demonstrations
- Facilitating a Small-Group Practice
- Observing Reasonable Performance
- Accommodating Slow Learners or Difficult Students
- Facilitating Talk-Through Scenarios
- Facilitating Performance Evaluations
- Facilitating Written Knowledge Reviews

### Certification

On successful completion of the course participants will receive an accredited MEDIC First Aid International Certificate.

### Recognition Period

1 year

### Course Duration

3 Days



### MFA - TRAIN THE TRAINER

|                           |
|---------------------------|
| 28, 29, 30 January 2025   |
| 25, 26, 27 February 2025  |
| 25, 26, 27 March 2025     |
| 22, 23, 24 April 2025     |
| 20, 21, 22 May 2025       |
| 24, 25, 26 June 2025      |
| 22, 23, 24 July 2025      |
| 19, 20, 21 August 2025    |
| 23, 24, 25 September 2025 |
| 28, 29, 30 October 2025   |
| 25, 26, 27 November 2025  |
| 16, 17, 18 December 2025  |

# Accredited General Train The Trainer

## General Train the Trainer

The Train the Trainer programme is designed to a very practical level, aimed at developing awareness and understanding of and reflection on issues relating to techniques & styles in training/ presentation at different levels of interaction.

The delivery technique can range from training to informal "talks" at staff meetings, to presenting lengthy, complex, critical information to an audience in an auditorium. This program is aimed at encouraging individuals to take a constructively critical approach to developing their personal teaching and presentation skills.

The three-day intensive course is very much hands-on and delivered on a practical level, requiring attendees to evaluate their own skills & resources and to identify strategies for continuous self- assessment and development.

### Course Objectives:

By the end of the course, participants will be able to :

- Understand the structure of preparation - audience,

venue, pre & post presentation

- Identify and adapt to audience styles and attitudes
- Make appropriate use of training facilities and resources
- Identify strategies to maximise reception and understanding of target knowledge, skills, Attitudes and behaviours
- Ensure that the learning intervention addresses specific individual and/or group needs
- Provide appropriate, effective and constructive feed back
- Use techniques to maintain control of and motivate groups and individuals
- Deal with audience reactions
- Have basic understanding of body language
- Effectively supervise, delegate, manage time, coach rather than tell, neutralize conflict and promote team spirit.

### Course Duration

The duration is 3 days



### DUBAI - WEEKDAYS

20, 21, 22 January 2025

17, 18, 19 February 2025

24, 25, 26 March 2025

14, 15, 16 April 2025

19, 20, 21 May 2025

23, 24, 25 June 2025

14, 15, 16 July 2025

25, 26, 27 August 2025

22, 23, 24 September 2025

20, 21, 22 October 2025

24, 25, 26 November 2025

15, 16, 17 December 2025

# DNV

# ISO AND RISK MANAGEMENT

DNV is an independent foundation with the purpose of safeguarding life, property, and the environment. Headquartered in Oslo, Norway, DNV has worked internationally since 1867 and has established approximately 300 offices in 100 countries. As a knowledge-based company, its prime assets are the creativity, knowledge, and expertise of our 9,000 employees from more than 85 different nations. International HSE Council in association with DNV is pleased to offer the following internationally recognized accredited programs.



## **Quality Management System Auditor/Lead Auditor**

This course is designed to provide participants with the knowledge and skills required to perform first, second- and third-party audits of management systems against the requirements of the ISO 9001:2015, in accordance with the guidance given in the ISO 19011 for first- and second-party audits as well as the requirements of the ISO 17021 for third party audits.

This course has been registered and certificated by the CQI and IRCA Governing Body and satisfies the formal training requirements for individuals seeking registration under CQI IRCA or other Auditor Certification Schemes.

## **Environmental Management System Auditor/Lead Auditor**

This course is designed to provide participants with the knowledge and skills required to perform first, second- and third-party audits of management systems against the requirements of the ISO 14001:2015, in accordance with the guidance given in the ISO 19011 for first- and second-party audits as well as the requirements of the ISO 17021 for third party audits.

This course has been registered and certificated by the CQI and IRCA Governing Body and satisfies the formal training requirements for individuals seeking registration under CQI and IRCA or other Auditor Certification Schemes.

## **Occupational Health & Safety Management Auditor/Lead Auditor**

This course is designed to provide participants with the knowledge and skills required to perform first, second- and third-party audits of OHSMS (ISO 45001:2018). Reference is made to the standard ISO 19011- Guidelines for Auditing Management Systems and the ISO 17021 - Conformity assessment- Requirements for bodies providing audit and certification of Management Systems.

This course has been registered and certificated by the CQI and IRCA Governing Body and satisfies the formal training requirements for individuals seeking registration under CQI and IRCA or other Auditor Certification Schemes.

## **Integrated Management Systems Internal Auditor Course (ISO 9001, ISO 14001 & ISO 45001)**

An Integrated Management Systems (IMS) is one where the requirements of two or more management systems such as Quality, Environment and Health & Safety are combined into a single system. Auditing an IMS can involve separate processes for each standard or, in order to reduce workload and cost, a single process for all standards.

This course covers the integrated audit process and how to plan, manage and report to ensure compliance with the standards being audited to.

## Accredited Practical Courses

## Emergency Preparedness

In all cases where there is potential serious harm to people at work and affected by work, emergency preparedness by way of proper planning and testing will reduce the consequences of on-site emergencies and help to mitigate the effects. On this two day training, workers will learn how to be prepared and correctly respond during an emergency.

## Confined Space Entry And Rescue

This two day course is physical and will be probably more physical than the delegate encounters in their normal daily workplace. Participants will be taught on the use of the tripod/quad pod plus either winch or retractable retrievable fall arrest block as a means of access to confined spaces, plus rescue and emergency evacuation from either a horizontal or vertical confined space. This program is only recommended for participants who are physically fit and healthy.

## Fire fighting

This one day program is a combination of theory and practical training on fire prevention and fire fighting techniques. The course will take the participants through a range of fire related topics; principles of fire triangle, location of fire fighting equipment and

escape routes, fire chemistry and ignition sources, fire hazards, flammable materials and fire spread, need for vigilance and readiness for emergency response, fire/smoke detection and alarm systems, portable fire fighting equipment, PPE & RPE. The afternoon practical session includes using hand-held firefighting equipment on real fires. Every participant takes part in using the extinguishers.

## Fire Warden

This course is designed to help participants understand:

- Evacuation and assembly principles and procedures
- Fire, bomb threat, and other emergencies and their
- Effects on the workplace
- Fire equipment and correct method of fighting a fire
- Efficient evacuation of the workplace with consideration of special people who may require additional assistance

| FIRE WARDEN       | MANUAL HANDLING  | PERMIT-TO-WORK/<br>CONFINED SPACE | H2S SAFETY<br>AWARENESS | ERGONOMIC/<br>WORKSTATION<br>ASSESSMENT | WORKING AT HEIGHT      |
|-------------------|------------------|-----------------------------------|-------------------------|-----------------------------------------|------------------------|
| Dubai             | Dubai            | Dubai                             | Dubai                   | Dubai                                   | Dubai                  |
| 31 January 2025   | 20 January 2025  | 13 January 2025                   | 06 January 2025         | 11 January 2025                         | 03 February 2025       |
| 28 February 2025  | 24 February 2025 | 17 February 2025                  | 10 February 2025        | 08 February 2025                        | 05 May 2025            |
| 28 March 2025     | 24 March 2025    | 10 March 2025                     | 17 March 2025           | 08 March 2025                           | 03 August 2025         |
| 25 April 2025     | 21 April 2025    | 07 April 2025                     | 14 April 2025           | 03 May 2025                             | 03 November 2025       |
| 23 May 2025       | 19 May 2025      | 05 May 2025                       | 12 May 2025             | 12 July 2025                            |                        |
| 27 June 2025      | 21 July 2025     | 02 June 2025                      | 14 July 2025            | 06 September 2025                       |                        |
| 25 July 2025      | 20 October 2025  | 07 July 2025                      | 11 August 2025          | 08 November 2025                        |                        |
| 22 August 2025    | 24 November 2025 | 18 August 2025                    | 5 September 2025        |                                         |                        |
| 26 September 2025 | 22 December 2025 | 08 September 2025                 |                         | RISK ASSESSMENT                         | ACCIDENT INVESTIGATION |
| 31 October 2025   |                  | 06 October 2025                   |                         | Dubai                                   | Dubai                  |
| 28 November 2025  |                  | 08 December 2025                  |                         | 02 January 2025                         | 10 February 2025       |
| 19 December 2025  |                  |                                   |                         | 03 March 2025                           | 14 April 2025          |
|                   |                  |                                   |                         | 05 May 2025                             | 16 June 2025           |
|                   |                  |                                   |                         | 07 July 2025                            | 25 August 2025         |
|                   |                  |                                   |                         | 08 September 2025                       | 13 October 2025        |
|                   |                  |                                   |                         | 03 November 2025                        | 15 December 2025       |



# Accredited General Courses

## General HSE courses

- Health and Safety Awareness - One day and Two days
- Health and Safety Awareness for Senior Executives
- Supervising Safely
- Fire Warden/ Fire Safety Awareness
- Fire Fighting
- Advanced Fire Fighting
- Fire Risk Assessment
- Risk Assessment
- Advanced Risk Assessment
- Working at Heights
- Confined Spaces Entry Safety Awareness - One day
- Confined Space Entry and Rescue
- Breathing Apparatus
- Gas Tester Training
- Emergency Preparedness
- Emergency Preparedness & Response
- Spill Prevention
- Hazardous Materials (HAZMAT)
- Control of Substances Hazardous to Health (CoSHH)
- Chemical Handling Awareness
- Waste Management Techniques
- Electrical Safety
- Ergonomics Awareness
- Manual Handling
- Office Safety
- Workplace Safety
- Health & Safety Awareness
- Advanced Health & Safety
- Health & Safety Risk Assessment
- Accident-Incident Investigation
- Fork Lift Operator Safety
- Bobcat/ Skid Steer Operation Training
- Overhead Gantry Crane Operator Safety

## HSE Short Courses

- Noise Hazards and Hearing Loss
- Hand Arm, Upper and Whole Body Vibration
- Equipment and Power Tools Inspection
- Scaffold Safety Awareness Training
- Slinger & Banksman
- Safe Lifting & Slinging
- Permit to Work (Hot & Cold Work, Confined Space and Working at Height)
- Working at Heights
- Safe Work Permit
- Heat Stress and Fatigue
- Eye and Face Safety
- Construction Safety
- Root Cause Analysis
- H2S Safety Awareness
- Safety Excavation
- Defensive Driving/ Driver Safety
- Slips, Trips and Falls
- Personal Protective Equipment (PPE)
- Stress Management
- Crowd Management Training
- Straddle Carrier Safety Operation
- Jib Crane Safety Operation
- Static Electricity
- Behaviour Based Safety
- Developing Safety Culture
- Evaluating Safety Culture
- Advanced Safety Management
- Warehouse Safety Awareness
- Warehouse Safety Operations
- Job Safety Analysis
- IEMA Approved Introduction to Environmental Awareness
- Ergonomic/Workstation Assessment
- Accident/Incident Investigation
- Manual Handling

# Accredited General Courses

## Plant and Logistics Training

- Fork Lift Safety
- Crane Operation Safety
- Rigging, Slings & Lifting
- Slinger and Banksman Training
- Safety Harness Training
- Overhead Gantry Crane Safety

## Soft Skills Courses

- Body Language Basics
- Call Centre Training
- Change Management
- Customer Service
- Employee Motivation
- Time Management
- Goal Setting and Getting Things Done
- Marketing Basics
- Measuring Results from Training
- Organizational Skills

- Overcoming Sales Objectives
- Performance Management
- Presentation Skills
- Public Speaking
- Risk Assessment and Management
- Train the Trainer

## Soft Skill Workshops

- Conflict Resolution Workshop
- Time Management Workshop
- Teamwork and Team building Workshop
- Creative Problem Solving Workshop
- Communication Strategies Workshop
- Coaching and Mentoring Workshop

## In-House Training Courses

- In-house training can be delivered anywhere, anyplace and anytime.

## Accredited eLearning Courses

- IOSH & CPD Accredited Confined Space Entry Online Training
- IOSH & CPD Accredited CoSHH Awareness Training
- IOSH & CPD Accredited Display Screen Equipment
- IOSH & CPD Accredited Dropped Objects Training
- IOSH & CPD Accredited Fire Safety Awareness Online Training
- IOSH & CPD Accredited Hand-Arm Vibration Syndrome Online Training
- IOSH & CPD Accredited Lifting Operations & Lifting Equipment (LOLER) Awareness Training
- IOSH & CPD Accredited Manual Handling Training
- IOSH & CPD Accredited Noise at Work Online Training
- IOSH & CPD Accredited Pressure and Leak Testing Training
- IOSH & CPD Accredited Safe Scaffolding Operations Training
- IOSH & CPD Accredited Slips, Trips and Falls Training
- IOSH & CPD Accredited Use & Storage of Pressurized Cylinders Training
- IOSH Accredited Personal Protective Equipment Training
- IOSH & CPD Accredited Environmental Awareness Training
- IOSH & CPD Accredited Hydrogen Sulfide (H<sub>2</sub>S) Awareness Training
- IOSH & CPD Accredited Legionella Online Training
- IOSH & CPD Accredited Risk Assessment Training
- IOSH & CPD Accredited Working at Height Training
- IOSH, CPD & IATP Accredited Asbestos Awareness Training
- Safe Driving at Work - Part 1 - Driving Safety Training
- Work Permit Awareness Training

# Council Partners

**In collaboration with strategic partners, the International HSE Council provides world class service and internationally sought after qualifications.**

## NEBOSH

NEBOSH (The National Examination Board in Occupational Safety and Health) is an independent awarding body formed in 1979.



NEBOSH qualifications are recognised by professional membership bodies including the Institution of Occupational Safety and Health (IOSH) & the International Institute of Risk and Safety Management (IIRSM).

NEBOSH qualifications are globally recognised and taken by people working in all types of industries

[www.nebosh.org.uk](http://www.nebosh.org.uk)

## IOSH

IOSH is Europe's leading body for health and safety professionals. The Institution was founded in 1945 and is an independent, not-for-profit organisation that sets professional standards, supports and develops members and provides authoritative advice and guidance on health and safety issues.



[www.iosh.co.uk](http://www.iosh.co.uk)

## IEMA

The Institute of Environmental Management and Assessment (IEMA) is a not-for-profit membership organisation established to promote best practice standards in environmental management, auditing and assessment. IEMA is a leading international membership-based organisation dedicated to the promotion of sustainable development, and to the professional development of individuals involved in the environmental profession.



[www.iema.net](http://www.iema.net)

## MEDIC FIRST AID International

MEDIC FIRST AID International is a worldwide innovator and leader in CPR/first aid emergency care training programs. Over the last 30 years more than ten million people have undergone MEDIC First Aid training.



[www.hsi.com](http://www.hsi.com)

## CONSIST

Since its inception in 1996 CONSIST has trained over 34,000 candidates from local and international companies in a wide range of disciplines ie; health and safety, offshore survival, aviation safety & survival and marine safety.



Over the years more than 100 companies from various industries have trained with CONSIST.

CONSIST has established four entities within the group namely CONSIST Training Centre, CONSIST Centre, CONSIST Aviation and CONSIST College, each offering world-class training programmes

[www.consist.com.my](http://www.consist.com.my)

## Innovation HSEC Training and Consultancy

Innovation HSEC Training and Consultancy is part of International HSE Council (IHSEC) group of companies. In association with IHSEC, Innovation HSEC offers a wide range of internationally recognized accredited courses by NEBOSH, IOSH, IEMA, and MEDIC First Aid as well as bespoke courses.



[www.hsecouncil.org](http://www.hsecouncil.org)

# Council Partners

**Working together to meet the needs of organisations globally**

## **SHE-CON Environment & Occupational Safety Consulting**

SHECON offers internationally recognized accredited courses related to Environment and Occupational Health & Safety, and also provides various skills training such as, lifting operation, fork lift truck operation, Hot Work, Manual Handling, Fall Protection, Scaffolding, Confined Space, in addition to various types of machinery controls and guarding.



[www.she-con.com](http://www.she-con.com)

## **The IIRSM**

The International Institute of Risk and Safety Management (IIRSM) is a professional body for health and safety practitioners. It was created to advance professional standards in accident prevention and occupational health throughout the world.



[www.iirsm.co.uk](http://www.iirsm.co.uk)

## **DNV Middle East**

DNV (Det Norske Veritas) is an independent foundation with the purpose of safeguarding life, property, and the environment. Headquartered in Oslo, Norway, DNV has worked internationally since 1867 and has established approximately 300 offices in 100 countries. As a knowledge-based company, its prime assets are the creativity, knowledge, and expertise of our 9,000 employees from more than 85 different nations.



## **IPES**

Innovative Petrochemical Engineering Services (IPES) is a Pvt.Ltd Co. formed by experienced and seasoned professionals from the industry and is registered in Cochin, Kerala, India. IPES's goal is to realise business opportunities in the Oil & Gas, Petrochemical, Power and Aviation Industries by offering Innovative Solutions in engineering, inspection, repair, maintenance, training and trading services.



## **Safenviro**

Safenviro, a premier organisation, provides face-to-face bespoke and accredited health, safety and environmental training to all industry sectors in South East Asia, Australia and New Zealand.



## **Joffren Omar Company Sdn Bhd**

Incorporated in 1982, Joffren Omar Company Sdn Bhd JO is one of the leading services contractors in Brunei Darussalam.



The organization established its Learning & Development Centre in 2008 offering a range of internationally accredited courses and bespoke consultancy services. With its international partners, JO is fully equipped training centre delivers competency based courses in health, safety & environment, and skills training in welding, scaffolding, working at heights & rescue, and blasting painting.



# COUNCIL PARTNERS



## ALPHA MARINE CONSULTING

We are proud to be one of the largest and most successful marine consulting firms in Europe with over 40 years of experience.

Our team comprises of Naval Architects and Marine Engineers, Mechanical and Electrical Engineers, Designers, Ship Surveyors and Auditors, Human Factors specialists, Master Mariners and other experts.

We keep abreast of developments and serve the needs of our clients through cost-effective implementation of the latest standards for design, engineering, safety culture & human factors improvement plans, construction and operation of ships, including Safety Management Systems, surveys, audits and training.

Committed to our principles, we are dedicated to serve and continually improve maritime industry standards of excellence.



## RIHANNA FOR TRAINING AND CONSULTANCY (RTC)

Rihanna for Training and Consultancy (RTC) is a distinguished organization founded by experienced professionals dedicated to promoting safety and well-being in workplaces. Accredited internationally and with a strong presence in the Middle East, RTC delivers high-quality training and consultancy services across various industries, fostering talent and forging long-term strategic relationships to elevate Health, Safety, and Environmental standards.



## UNITED EDUCATION

United Education specializes in the provision of HSE, Technical and Management training services. They continuously update its curriculum to keep pace with the latest industry trends and technologies. Their programs cover a wide range of topics, including exploration, drilling, production, and safety protocols. The company collaborates with industry experts and professionals who bring real-world experience into the classroom. This ensures that participants receive practical insights and valuable perspectives that cannot be found in textbooks alone. United Education spares no efforts in providing top-notch facilities, including simulation labs, equipment, and interactive learning environments. These resources allow attendees to gain hands-on experience and build confidence in their abilities.

## AL IBDAAN NATIONAL ACADEMY



Al Ibdan National Academy (INA) is an innovative Training Provider. Locally and Internationally accredited to provide basic and advanced level of training courses. INA focuses in Occupational Safety & Health, Emergency, and Training Development courses such as NEBOSH, IOSH, ASHI various courses and Specialized Training of Trainers in addition to short courses like Confined Space Safety, Authorized Gas Tester, Fire Safety, etc.

**We are very proud to have trained  
the NEBOSH INTERNATIONAL Diploma 2014  
'Candidate of the Year'.**

**A combination of the candidate's hard work  
and dedication and international HSE  
Council's quality training and course material  
achieved this wonderful result.**

**[www.hsecouncil.org](http://www.hsecouncil.org)**

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